Welcome to November—it's National Native American Heritage Month!  Here are seven things to know! Native American history is preserved in government archives, ancestral places, museums, and by the people today. The National Park Service manages sites of cultural significance, such as Alabama's Russell Cave, featuring 10,000 years of human habitation; and the Trail of Tears National Historical Trail, which traces the migration of tribes forcibly removed from their Southeast U.S. homelands in 1838 and 1839. The Smithsonian's National Museum of the American Indian locations in Washington, D.C., and New York City also preserve Indigenous crafts and lifeways.

In Oklahoma, the Oklahoma Historical Society lists each of the tribal nations with headquarters in Oklahoma.  You can find each tribe's page through this website (Tribal Nations in Oklahoma | Oklahoma Historical Society (okhistory.org)) or visit the First Americans Museum in Oklahoma City (FAM – First Americans Museum (famok.org))

1. Four Learning Tips from a Cognitive Scientist Turned TikTok Star: Daniel T. Willingham is not your typical TikTok star. The mild-mannered psychology professor at the University of Virginia doesn't share recipes, exercise tips, or make funny videos featuring animals. Instead, he clearly and concisely provides evidence-based advice for students and educators on how they can work smarter not harder.

2. New Program Gives High School Students Training and Job Placement in an Allied Healthcare Career (eschoolnews.com)

3. Just like it sounds--8 Best AI Tools of 2023 - Educators Technology

4. Are you getting tired of asking students for their attention, yet even after asking, they still don't give it to you? Here is a strategy to try! Attention Getters & Cues | CharacterStrong

5. A multistate coalition filed suit against Facebook parent Meta, accusing it of damaging young people's mental health and illegally harvesting their data. It is the latest in a long line of actions taken against social media platforms to reckon with the growing youth mental health crisis. States' lawsuits pile up against social media companies - Route Fifty (route-fifty.com)

6. A Louisiana parish has turned to the technology to help translate emergency calls from a growing number of non-English speakers and amid a staffing shortfall.

7. Take cadavers beyond your institution's lab with Anatomage Tablet - an interactive learning platform that allows students to study real human anatomy wherever they are. Aligned with accredited Anatomy and Physiology curricula requirements, the Anatomage Tablet offers easy classroom integration. It's a cost-effective bridge between theory and practice, allowing students to gain clinical exposure remotely.  Anatomage Tablet: Real Anatomy At Your Fingertips

8. Wilderness First Responder Preview:  Test-drive WFR with this **free mini-course** designed to help you decide if now's the time to level up. **Sample Course Content:** Preview course materials and assessments to get a taste of the curriculum. **Hands-On Experience:** Try out the optional hands-on wilderness medical scenario and our unique video/photo grading & feedback. **Know Before You Enroll:** How long does it take? How hard is it? Get the info you need to enroll with confidence.

9. Over the past year, News Literacy Project has made great progress in our movement to build a more news-literate America. We've partnered with school districts across the country to help them develop and implement news literacy initiatives, created the **RumorGuard™** website to empower the public to push back against misinformation and offered both educators and the public compelling events to learn from and to engage with us.

- Alternatives to creating Power Point slide shows from Tech & Learning: [4 Alternatives to PowerPoint & Other Slideshows | Tech & Learning (techlearning.com)](techlearning.com)

- PowerNotes is a tool that allows students and teachers to take and collate information from online sources, with ease. The idea behind this tool is to allow for many sources of information to be collected and stored in one place. This can then be amended and sorted to help with organizing those notes. That all makes for a useful tool for building up projects of information. **Full Story:** [Tech & Learning](#)

11. American Cancer Society releases new lung cancer guidelines: [Who should get yearly lung cancer test, based on new guidelines (nbcnews.com)](nbcnews.com)
12. FREE TOOL for download—Take this opportunity to teach students (or yourself) how to put together a Gratitude Journal just in time for Thanksgiving! [gratitude-download (1) (1).pdf (hubspotusercontent-na1.net)](hubspotusercontent-na1.net)
13. CareerTech Champion: Linda Pledger- Great Plains Tech Center--*There's a nationwide shortage of emergency medical technicians, and Linda Pledger understands that more than many people. Pledger has taught emergency medical services at Great Plains Technology Center in Lawton, Oklahoma, for more than 20 years and has been involved in EMS for nearly twice that long. See her story at: [Oklahoma CareerTech website](#).*
14. Did you know that you can find ANY Technology Center state program offering that has been approved for the 2023-2024 on this site: [State Programs by Tech Center District & Campus (oklahoma.gov)](oklahoma.gov) Ever wonder who offers Medical Assisting or Respiratory Care in your area? The Interactive Data page also lists PK-12 Programs, Skills Center programs, Courses/Pathways and facts about CareerTech! [Interactive Data (oklahoma.gov)](oklahoma.gov)
15. Breaking down America's sleep habits. [Sleep Survey 2023 | U.S. News (usnews.com)](usnews.com)

# "Service to others is the rent you pay for your room here on earth."

- Muhammad Ali

Sincerely,
Lara Morris
State Program Manager | Health Careers Education

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