

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face."

1. Do you ever wonder what it is like to be "[Sick Around The World](#)"? This 2008 documentary is a PERFECT fit **for teaching healthcare systems!** It examines healthcare in the UK, Germany, Switzerland, Japan and Taiwan to see what we could be doing differently. Have students watch the one hour video and then consider group discussion.
2. **Researchers find nervous system mechanism** behind both the need to itch and the sense of relief after scratching; may lead to new therapies for eczema and other skin conditions ([More](#))
3. The **average ACT score** in the US falls to **19.5 out of 36**, [the lowest since 1991](#)
4. Have you heard about women having to drive 100 miles or **give birth in the ER**? [As 3 Alabama hospitals prepare to close maternity units, fears rise \(nbcnews.com\)](#)

careertech
Search College Credit Equivalencies



Search the:
Cooperative Agreement Program Inventory
This inventory is a list of agreements between an institution and a career technology center for credit for courses taken at the technology center.

[🔍 Cooperative Agreements](#)



Search for:
Tech Center Courses Approved for Transfer
This inventory includes a list of career technology programs and courses that have been approved for transfer into specific college programs and courses.

[🔍 Transferable Courses](#)

5. Have you heard **of cooperative agreements and courses for college credit or credit for prior learning experience?** Check out the "Show What You Know: website and choose CareerTech. <https://showwhatyouknowok.org/>
6. I like this site called "The Sift" that's focus is to seek **credible news sources.**

Although it's easy to passively rely on a social media algorithm for news updates, it's worth actively seeking credible news on your own. **Social media algorithms may not show much credible news** or might create an echo chamber of familiar content that only reinforces your own views. When searching for credible news sources, remember to look for evidence that the news organization aspires to ethical guidelines and standards, including accuracy, transparency and independence. Taking responsibility for seeking and sharing quality information is important so we don't add to the confusion online.

7. A Canadian Valley Technology Center graduate who started her path to a medical degree there is close to **earning a medical degree and a Ph.D. Ariel Thorson entered CV Tech's biomedical sciences program in 2015** and is now a fourth-year medical student and second-year Ph.D. candidate at Vanderbilt University. She entered CV Tech's program for the advanced coursework, she said, and gained exposure to several science, technology, engineering and mathematics career paths. "These experiences set me on the path to medicine," she said. Read more on [CV Tech's website](#).

8. **OKACTE is sponsoring and Awards Workshop on November 2 from 9am-12pm at Eastern Oklahoma County Technology Center (Choctaw)** Lunch is not included in registration. Join us at the **Awards Workshop** to explore a deeper understanding of the awards program at each level. This event will provide a first-hand experience from national awards committee chairs, award winners and award-winning dossier writers. This is the opportunity for interested members, awards committee chairs and award nominators to learn the in-depth process of the awards program. **This workshop will address:**

- Who should apply
- Qualifications
- Process of applying
- The Awards Portal
- How to Write an Award Winning Dossier
- Steps of the Interview Process: State to National
- Award Winners Panel Discussion

Find out more about this event on the **Awards Workshop** event page and visit the **Awards & Recognition Page** for additional information and deadlines. [2023 Awards Workshop | OKACTE](#)

9. Today we have a 5-10 minute entry or exit task to **allow your students to identify someone in your building who makes their life easier on a daily basis**. Give them an opportunity to show them they are noticed and appreciated. Not only will this brighten up a staff member's day, but this opportunity to allow your students to be a part of something bigger than themselves is a gift in and of itself.

10. **Certified veterinary technicians at the Smithsonian National Zoo and Conservation Biology Institute** may perform different tasks across the veterinary medicine spectrum, but they have one thing in common: a love for their jobs. Anyone interested in becoming a certified veterinary technician should pursue hands-on experience, including through volunteering and internships, say veterinary technicians Jonathan Lorenzo and Kristine Williams. **Full Story:** [Smithsonian/National Zoo](#)

11. In a [study](#) of over 1,000 high school students recruited by Character Lab Research Network, about 40% said they regularly hesitated to admit if they didn't know something or were confused in class. The struggles were especially strong among girls and were most common in math. But if students don't feel comfortable voicing their questions in school, they will miss opportunities to learn from peers and teachers—the very opportunities that can make them brilliant. As they begin to equate not knowing with incompetence, they may stop asking questions altogether.
Don't hide what you don't know. The more you conceal your questions, the scarier it becomes to ask for help. Do be brave and share your questions with the world. Try this experiment with your family for a week: When someone uses a word or makes an unfamiliar reference, admit it instead of pretending to know. Then talk about your experiences with one another at the end of each day. You may be surprised at how much you learn and how much braver you become.
12. [OpenAI, the maker of ChatGPT, has released a new guide to help educators](#) navigate the many ways AI can be used in teaching and learning. The guide contains examples of how some educators are teaching with ChatGPT, along with a series of frequently-asked questions that may help guide teachers as they seek to strike a balance between accepting AI's presence and an over-reliance on such tools. [OpenAI releases ChatGPT teaching guide \(eschoolnews.com\)](#)
13. Misinformation seems to saturate every topic and current event, and it can easily derail a discussion with friends and family. But it doesn't have to be that way.
[Register for our FREE webinar, Productive conversations without confrontation](#), and you'll be ready for an effective and diplomatic discussion if someone in your circle shares misinformation online or is led astray by a conspiracy theory. Being able to have these conversations and walk away with our relationships intact is important, so we are offering this session twice to make it easier for all to find time to attend.

[Register here to join us at 4 p.m. ET/1 p.m. PT Tuesday, Oct. 24](#)

[Register here to join us at 7 p.m. ET/4 p.m. PT Thursday, Nov. 16](#)

"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing."

- Pelé

Sincerely,
Lara Morris
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