

In case you don't want to think about what all needs done today, you can celebrate one of these five holidays/observances for today's date: Alabama Day (admitted to union as 22nd state), Free Shipping Day, Monkey Day, National Bouillabaisse Day and Roast Chestnuts Day. Nothing says a party like hanging out with monkeys eating bouillabaisse and roasted chestnuts while wearing your Roll Tide or War Eagle sweatshirt, waiting on a package to be delivered!!

1. **New Teacher Registration:**

- a. New Teacher Academy—for those who did not attend July new teacher or have been hired since July new teacher: <https://www.eventbrite.com/e/new-teacher-academy-tickets-775724812797?aff=oddtcreator> This training will be 2.5 days long in Stillwater, OK on January 9, 10 & 11, 2024. Hotel information and agenda is on registration site.
- b. New Teacher Follow-up—for those teachers who attended in July 2023. <https://www.eventbrite.com/e/new-teacher-academy-part-two-tickets-775736226937?aff=oddtcreator>. This one-day training will be held in Stillwater OK on Thursday, January 11, 2024. Hotel information and agenda is on registration site [How to make smart decisions more easily](#).

2. Everything our bodies do— whether physical or mental— uses energy. Studies have found that many individuals seem to have a **daily threshold for making decisions, and an extended period of decision-making can lead to cognitive exhaustion**. So, what kinds of choices lead us to this state, and what can we do to fight fatigue? Explore the psychology of decision fatigue and ways you can avoid fatigue.
3. Character lab is one of my favorite emails I get each week. In the month of December, they are focusing on PURPOSE! **Purpose is the commitment to making a meaningful contribution to the world**. This is a quick read that helps you measure your purpose and those of young people around you. [Purpose - Character Lab](#)
4. We are thrilled to announce our latest course offerings at ASDC for 2024, which will help you achieve **American Sign Language (ASL) proficiency**. Beginning in January, we are introducing Level One and Level Two Beginning and Intermediate ASL. Have you ever thought about brushing up on your ASL or maybe teaching some to your students? Consider these. [Online Classes - American Society for Deaf Children](#)
5. **3D-printed bone graft sees first cases** Dimension Inx's CMFlex 3D-printed regenerative bone graft has been used in its first surgical procedures, the company announced. The graft encourages nearby bones' natural regeneration and has been cleared for use by the FDA in correcting **dental, maxillofacial and mandibular bone defects**. **Full Story:** [Fierce Biotech](#)
6. **Report: How to enhance graduates' career success** A recent report by WGU Labs explores the **persistent skepticism toward the value of a college degree** among Americans, highlighting the need for improved collaboration between higher education and workforce partners. The paper identifies key challenges, such as lack of post-graduation support, and proposes solutions like redesigning internships and promoting continuous learning through employer-institution partnerships. **Full Story:** [Inside Higher Ed](#) (12/5)
7. **Schedule for Spring Events** in HCE!
 - New Teacher Training (NEW since July or missed July New Teacher) **Jan. 9, 10 and 11., 2024**. The 11th will be a half day.
 - New Teacher Follow up (Attended July 2023) **January 11, 2024**
 - Now You Know—Tentative Bureau of Narcotics, **February 8, 2024**
 - HCE Day at the Capitol—**February 20, 2024**
 - HOSA Testing for Competitive Events—**February 26-March 8, 2024**
 - Now You Know—Tentative Industry Panel—**March 7, 2024**
 - PN Directors Meeting—**April 9, 2024**
 - HOSA State Leadership Conference—**April 15-17, 2024**
 - OHCETA Meeting—**April 16, 2024**
 - Simulation Conference—**May 14, 2024**, Moore-Norman Penn Campus
 - HOSA Camp Ignite—**May 20-23, 2024**
 - HOSA International Leadership Conference—**June 25-28, 2024**
 - New Teacher Training (NEW since January or missed previous training) **July 9-11, 2024**

8. Great article on our “online” presence in virtual meetings! [Body Language: How to Look Great in Virtual Meetings \(genardmethod.com\)](#) Gary Genard also has a FREE ebook “High-Impact Speaking: The Leader’s Guide to Presenting with Integrity and Influence” [HIGH-IMPACT SPEAKING: The Leader’s Guide to Presenting with Integrity and Influence, Free The Genard Method eBook \(tradepub.com\)](#)
9. **Five Things AI Can and Can Not do for Students:** By utilizing AI to help with the drudgery of administrative tasks and leveraging it as a 'peer tutor' of sorts, teachers can now focus their attention on those skills that are uniquely human," writes veteran educator Carl Hooker. "This marriage of human compassion and artificial intelligence will be the new norm of AI-enhanced learning going forward." **Full Story:** [Tech & Learning](#)
10. Many teachers are electing to teach in online schools for increased flexibility. Discover how to leverage [online and blended learning programs](#) to best meet the needs of students and families in your district and learn about the best strategies to implement online and hybrid learning programs. [View the guide now.](#)
11. YES we love FREE! See this short [activity to do with students on workplace ethics!](#) [“Navigating Workplace Ethics”](#)
12. [Electrical stimulation of a key information relay in the injured brains of five patients improved their cognition by up to 52%](#), according to a new study [released](#) yesterday. Researchers surgically inserted an electrode near the almond-sized central lateral nucleus of the thalamus ([see 3D model](#)) in each patient, all of whom had suffered moderate-to-severe traumatic brain injuries between three and 18 years prior. Tests taken before the procedure and after a year of daily, 12-hour [deep brain stimulation](#) showed participants' cognitive abilities improved between 12% and 52%. . Healthy brain functioning relies on an active neural network that integrates the brain's many regions, a process hampered in TBI patients. Learn more about TBI [here](#)
13. Are you tired of teaching? Maybe this last week, identify concepts that need taught, and turn the “teaching” over to students by having them build a Tiny Tap. TinyTap is a website and app-based educational gaming platform that allows you to [build and edit your own games to teach specific topics and themes](#), but in an engaging and fun way. Of course there are plenty of pre-built games available, yet it's the option to build your own that makes this platform shine. **Full Story:** [Tech & Learning](#) (12/11)
14. Please share with friends and family who may be interested: **INDIAN CAPITAL TECHNOLOGY CENTER:** [Practical Nursing Instructor](#), Full-Time, 12 Month Position, **MUSKOGEE CAMPUS** Position Requirements
 - Current unencumbered licensure to practice as a registered nurse in Oklahoma
 - **Prefer Master’s Degree in Nursing**
 - Minimum of A.D.N. or diploma plus 15 additional college hours **and** show evidence of progress toward a baccalaureate degree or higher in nursing with completion of (6) semester hours per calendar year.
 - Evidence of a minimum of two (2) years full-time equivalent practice as a Registered Nurse in a clinical setting preceding the first date of first employment as a nursing faculty member.
15. **Engineers demonstrate** under-the-skin implant to treat Type 1 diabetes by secreting insulin into the body; may offer [a replacement for insulin pumps and injections](#) ([More](#))
16. If this is your last week before holiday break—we are all jealous.....and if you’ve got another week in store, then never fear, you’ll get a final holiday edition of Did You Know next week!

Lara

Sincerely,
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