

"Failure will never stand in the way of success if you learn from it."

- Hank Aaron

1. [Catharine Young: How memories form and how we lose them | TED Talk](#)
2. Last chance to register for [2024 Simulation Conference \(May 14th\)—see registration here](#) at the discounted price of \$150!

3. **ACTE Health Science Education Scholarship**

Please read the eligibility and application requirements carefully before proceeding. When you are ready to begin your application, click on the link below. **The application deadline is May 15.** [Click here for application.](#)

ELIGIBILITY

1. The recipient must be a member and be a local, regional, state, or national officer of HOSA-Future Health Professionals.
2. Applicants must be enrolled in a secondary, postsecondary, or college/university Health Science Education program.
3. The applicant may be a high school senior with proof of acceptance into further education for a health career, or an enrolled student in a postsecondary (community/technical/junior college) or university/collegiate Health Science Education program.
4. The applicant's student advisor must be a member of ACTE National ([link to join](#)).

APPLICATION REQUIREMENTS

All applications must be entered online by **May 15** for acceptance and review by the Health Science Education Division of ACTE. Please make sure to check your application for grammatical correctness before submitting. See below for a list of application requirements (*incomplete applications will not be accepted*):

- a) Proof of enrollment/acceptance into a Health Science program
- b) Transcript of grades
- c) Leadership Activities—Submit a list of activities including: offices held, awards and honors, and student organization involvement.
- d) Community Involvement—Describe community service, volunteer experience, church related activities, etc.
- e) Essay - Submit a 350-700 word essay describing contributions you expect to make to the health profession and why you should be selected as the recipient of the HSTE scholarship.
- f) Letters of reference—Each application requires three (3) letters of reference. Reference letters may be provided by any of the following: a teacher, advisor, principal, director of the HSE program, employer, or any source other than a relative. References should document applicant's scholarship, leadership abilities, interpersonal skills, integrity and potential in the health profession.

NOTE: the online system will collect the letters directly from the references; applicants will only need to enter the names and email addresses of each reference before submitting their applications (view the application instructions for details). Deadline to receive all letters is **May 15**.

ADDITIONAL INFORMATION

- An announcement of the opening for online submissions will be included in the National HOSA Leadership Conference's annual announcement/pre-registration materials.
- A selection committee, appointed by the current ACTE-HSE Division Vice President will determine the most deserving recipient.
- A monetary prize of \$500 will be awarded to the top applicants. Notable mentions may be awarded smaller scholarships (dependent upon funding).
- The recipient will be notified by the ACTE-HSE Division Vice President.
- The recipient's name will be submitted to the National HOSA Executive Director by the ACTE-HSE Division Vice President.
- Announcement of the selected recipient will be made during the annual HOSA National Leadership Conference and included in the National HOSA and ACTE-HSE Division publications.
- Payment of the scholarship award will be made by the ACTE-HSE Division Vice President [given official documentation of the recipient's enrollment in a postsecondary (community/technical/junior) college or

university/college]. In the event the total award is not utilized, it or any part will revert to the scholarship account.

If you have any questions about the HSE awards and/or scholarship, please contact Health Science Education Division Awards Chair, Kandy Smitha (ksmitha@msdwt.k12.in.us). If you are experiencing technical difficulties, contact ACTE staff at mzarcone@acteonline.org.

4. **The next Virtual LTCNA Workshop will be held via Zoom** Tuesday, May 21st from 8:30am – 11:30am. Registration is now open and will close midnight Sunday, May 19th. Click the link below to register. The full agenda is attached. [Virtual LTCNA Workshop Registration](#)
5. **Semaglutide**, the key ingredient in **new weight loss drugs** like Ozempic and Wegovy, has been shown to reduce symptoms and physical limitations in patients with a common type of heart failure ([More](#)) | **How Ozempic works** ([More](#), w/video)
6. **High Plains Technology Center will start its first class in Beaver County in July.** Beaver County voters approved annexation into the High Plains Tech district in January. The tech center will open a long-term care aide course in Beaver on July 15. More information is available on the [High Plains Tech website](#)
7. **What do the abbreviations AM and PM mean?**
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The Zoom link to join the workshop will be sent to registrants on Monday, May 20th.
If you have any questions or problems registering – please contact [Justin Siler](#) or [Andrea Bradley](#).
9. **Digital curriculum by E-dynamic Learning**—see attachment for a catalog of offerings—our staff was particularly impressed with some of the built-in features for ESL and text-to-speech.
10. **Nicest, not fittest, might be key to evolution.**
11. *Keep calm and game on.* **Games aren't just fun, they can help us learn new skills**, be more creative, and, according to a recent [study](#), even cope with traumatic events. Researchers worked with a hospital emergency room to recruit patients who had recently been involved in motor vehicle accidents. They asked half of the volunteers to complete a basic writing task and the other half to play a game of Tetris. The volunteers performed the tasks within a few hours of the accidents in which they were involved. The researchers hypothesized that after a potentially traumatic experience, people would have fewer intrusive memories if they got to play Tetris while waiting in the emergency room. “Since the game is visually demanding, we wanted to see if it could prevent the intrusive aspects of the traumatic memories from becoming established,” [said Emily Holmes](#), one of the study's authors, “i.e. by disrupting a process known as memory consolidation.” And their predictions were correct. The week following the event, the people who had played Tetris had fewer intrusive memories than the control group. And when the Tetris players *did* have intrusive memories, those memories faded more quickly. The verdict is still out on whether “I'm blocking out intrusive memories” is a valid excuse when your boss catches you playing Tetris at work.
12. Updated for 2024: **Formative assessments are crucial for educators** to understand their students' grasp of concepts and skills as they work their way through lessons. With this understanding, educators can better direct learners to spend more time practicing and gaining mastery of topics with which they struggle. **Full Story:** [Tech & Learning](#)
13. If any district would like to **post teacher openings**, please email the information to me and we will send out in our newsletter and post on our website under Resources.
 - LPN Instructor – Talihina Campus
 - Health Careers Education Instructor – McAlester CampusThese exciting opportunities can be explored at: ktc.edu/joinourteam. Please share this link with anyone you know that may be interested.
14. Join the National Consortium for Health Science Education for the **HSEA Celebration Webinar Wednesday, April 24th from 3pm-4:00pm**. Be sure to register at: [Meeting Registration - Zoom](#). The presentation from April 10th (Clinical and Employability Skills) is available on the NCHSE website for your review!

Have a great week—we are thrilled that HOSA SLC is over and so excited for all our winners and for everyone who attended—it was so much FUN! Make plans to attend next year with students!

If you could sum up your life in five words or less, what would those words be?

—Daily Dose of Kindness