



Oklahoma Statewide Implementation

Learning Objectives

After today's session, you will be able to...

- Understand how Certified Healthy Oklahoma is implemented in the QRIS- Stars program
- Describe the benefits of Go NAPSACC



Certified Healthy Oklahoma: Early Childhood Program

340:110-1-8.11. Additional four- and five-star criteria Revised 1-1-2023

Rationale: Four and five Star programs implement and maintain additional quality criteria and are awarded the highest Star levels. Nationally accredited programs and Head Start programs compliant with Head Start Program Performance Standards can meet four and five Star levels by meeting all Star criteria for their Star level listed in previous sections plus implementing additional professional development criteria detailed in this section. Unaccredited programs can attain four and five Star levels by meeting all Star criteria for their Star level listed in previous sections plus implementing additional professional development and program criteria detailed in this section.



- (F) **Health and safety.** Four-star centers implement two and five-star centers implement four of the following health and safety criteria:
- (i) utilizes a health consultant as needed
 - (ii) implements daily playground safety checklists
 - (iii) conducts annual personnel emergency plan and procedure training
 - (iv) participates in Child and Adult Care Food Program (CACFP) or National School Lunch Program (NSLP)
 - (v) obtains quality initiative certifications, such as Oklahoma State Department of Health Certified Healthy Early Childhood Program



Oklahoma Statewide Implementation

- The CDC projects Oklahoma to be the most obese state in the nation by 2030.
- Go NAPSACC's (Nutrition and Physical Activity Self-Assessment for Child Care) goal is to narrow health outcome gaps between advantaged communities and those that have been historically marginalized.
- The platform will provide assistance to childcare providers to improve the health of young children.



Oklahoma

What Is Go NAPSACC?

@GoNAPSACC  

- A program created to help child care programs improve the health of young children through practices and policies
- Provides 7 different modules to child care programs with a 5 step plan in mind



Go NAPSACC

PURPOSE

Support improvements to child care environments that foster healthy eating, physical activity, and overall development in children

BENEFIT

- Proven effective in making healthy changes
- Free and voluntary to use
- QRIS

Why Go NAPSACC?



Dianne Stanton Ward, EdD

Director

Children's Healthy Weight Research Group

UNC Center for Health Promotion & Disease Prevention

Supporting Development of the Whole Child



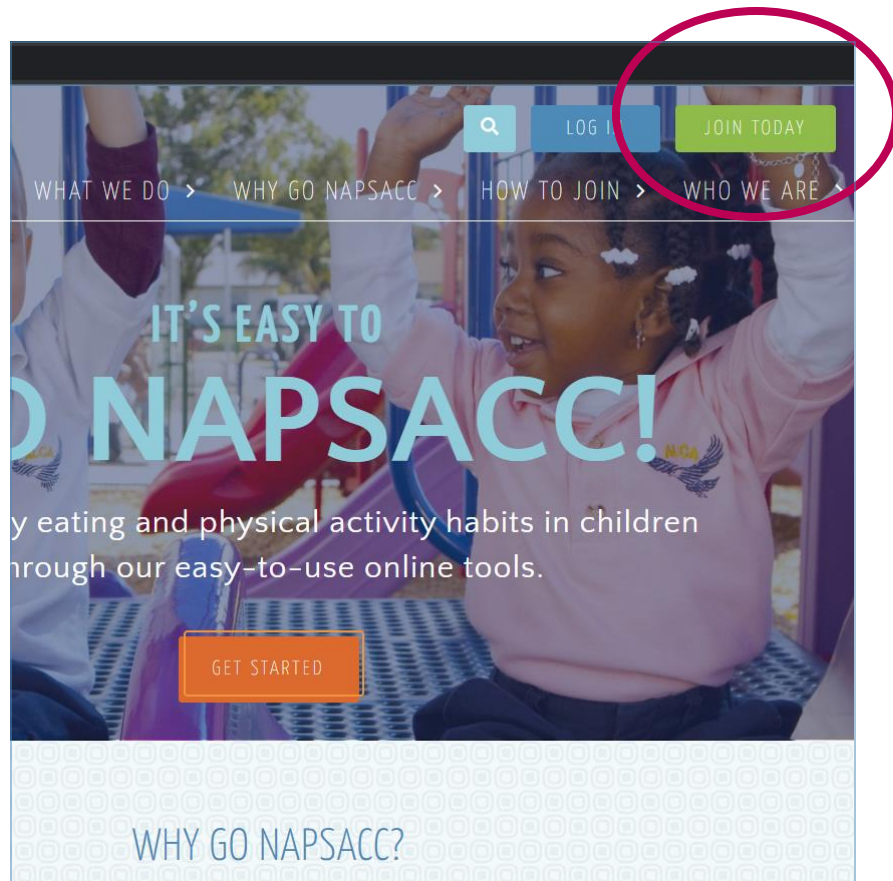
Go NAPSACC's Core Modules



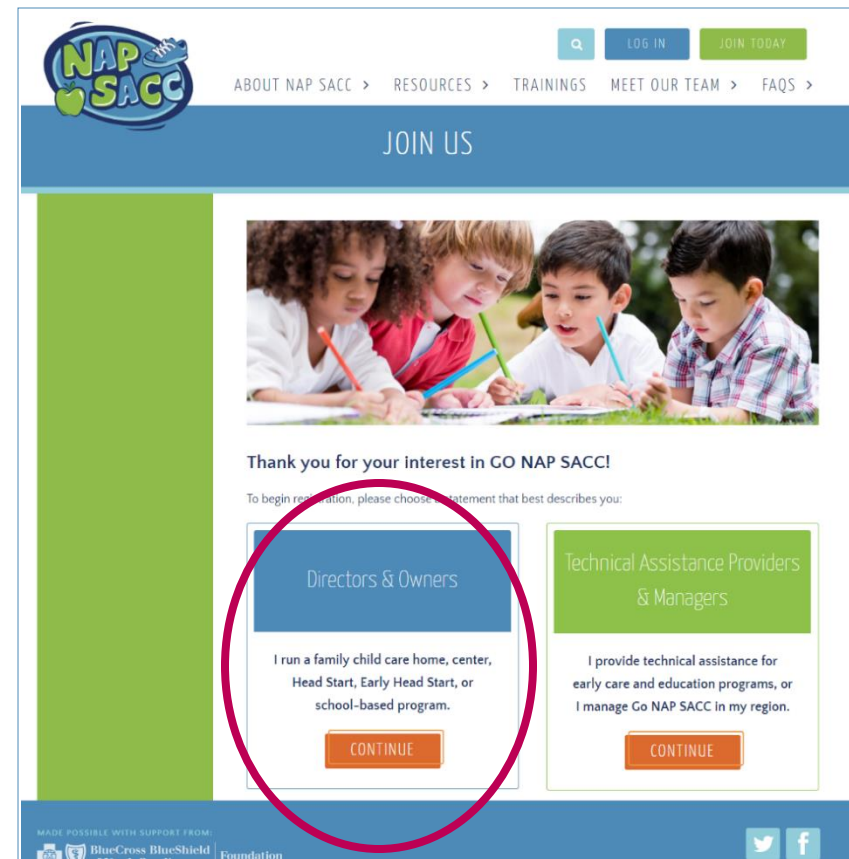
Introduction to the Go NAPSACC Website

Registration

FIRST
join today



NEXT
continue as Directors & Owners



Registration continued...

THEN

- Enter your email address, it will become your username
- Create a password
- Use registration code

A screenshot of the NAPSACC website's registration page. The page has a blue header with the NAPSACC logo on the left and navigation links for "WHAT WE DO", "WHY GO NAPSACC", "HOW TO JOIN", and "WHO WE ARE" on the right. A search icon, "LOG IN" button, and "JOIN TODAY" button are also present. Below the header is a blue banner with the word "REGISTER" in white. The main content area has a green vertical bar on the left. On the right, there is a "Let's Get Started!" section with a photo of a woman and children. Below this is a registration form with fields for "First Name", "Last Name", "Child Care Program Name", "Child Care Program Location" (City, State, County, Zip), "Your Email Address", "Confirm Your Email Address", "Go NAPSACC Password", "Confirm Your Password", and "Registration Code". There is a "Check Registration Code" button and a "Privacy Statement" section with a "More Information" link and an "Agree" checkbox. A "Continue" button is at the bottom right.

My NAPSACC

The screenshot shows the My NAPSACC user interface. At the top left is the NAPSACC logo. To its right is a search bar and a 'TARE OUT' button. Below the logo is a navigation menu with the following items: My NAPSACC, Self-Assessment, Action Planning, Tips & Materials, Trainings, My Account, and Help. A blue header bar contains the text 'MY NAPSACC'. To the right of the header is a 'MY PROGRESS CHART' section with a 'View Full Progress' button. The chart displays progress bars for various categories: Child Nutrition (green), Food Handling & Staff Training (red), Open to ECE (green), Oral Health (purple), Infant & Toddler Physical Activity (blue), Outdoor Play & Learning (green), and Screen Time (orange). Below the chart is a 'My Activities' section with buttons for 'Watch the How-To Video' and 'View the How-To Guide'. At the bottom, there are two activity cards: 'Child Nutrition' with an 'ASSESS' button and 'Plan' with a 'High-sugar, high-fat foods are offered less than 1 time per week or never.' button. Three callouts are present: '1 GREEN NAVIGATION BAR' points to the left sidebar; '2' points to the 'MY NAPSACC' header; and '3 MY ACTIVITIES - MODULES - 5 STEPS' points to the bottom activity cards.

1 GREEN NAVIGATION BAR

2 MY NAPSACC

3 MY ACTIVITIES
- MODULES
- 5 STEPS

Self-Assessment

1

CHILD NUTRITION SELF-ASSESSMENT

QUESTIONS LINK TO BEST PRACTICES

1

2

3

CONTINUE BUTTON

CHILD NUTRITION SELF-ASSESSMENT

5

FINISHED/VIEW RESULTS

4

UNFINISHED ASSESSMENTS

Goal Setting

The screenshot shows the NAPSACC website's 'CHILD NUTRITION SELF-ASSESSMENT' page. The user is at the 'Choose Three Action Areas' step. The page features a sidebar with navigation links: My NAPSACC, Self-Assessment, Action Planning, Tips & Materials, Trainings, My Account, and Help. The main content area has two sections: 'There is room for improvement in these areas' with icons for Feeding Environment, Feeding Practices, and Baby; and 'Build on Your Strengths' with icons for Foods Provided, Beverages Provided, Menu & Variety, and Education & Professional Development. A progress bar at the bottom shows 'Choose Goals' as the current step. A red circle with the number '1' is overlaid on the 'Choose Three Action Areas' heading.

1 MAKE BIG STRIDES/BUILD ON STRENGTHS

The screenshot shows the NAPSACC website's 'CHILD NUTRITION SELF-ASSESSMENT' page. The user is at the 'Possible Goals' step. The page features a sidebar with navigation links: My NAPSACC, Self-Assessment, Action Planning, Tips & Materials, Trainings, My Account, and Help. The main content area has two sections: 'Foods Provided' with icons for 'Best Practices Your Program Has Not Met' and 'Best Practices Your Program Has Met'; and 'More Room For Improvement' with a table of goals. The table has two rows: 'High-sugar, high-fat foods are offered less than 1 time per week or never' and 'High-salt, high-fat snacks are offered less than 1 time per week or never', each with a 'Select Goal' button. Below the table is a 'List of Selected Goals' section with a 'My Goals' box and a 'Add goals by selecting them above' input field. A progress bar at the bottom shows 'Choose Goals' as the current step. A red circle with the number '2' is overlaid on the 'Possible Goals' heading, and a red circle with the number '3' is overlaid on the 'List of Selected Goals' heading. A red circle with the number '4' is overlaid on the 'Continue' button.

2 POSSIBLE GOALS

Best Practices Your Program Has Not Met	Best Practices Your Program Has Met
More Room For Improvement	
High-sugar, high-fat foods are offered less than 1 time per week or never	Select Goal
High-salt, high-fat snacks are offered less than 1 time per week or never	Select Goal

3 LIST OF SELECTED GOALS

4 CONTINUE TO ACTION PLANNING

Action Plan



1 BLUE BOX = GOAL

2 HOVER

3 DRAFT ACTION PLAN

4 EDITING PLANS

5 COMPLETION DATE

6 SAVE

The screenshot shows the NAPSACC website's 'CREATE YOUR ACTION PLAN!' page. The interface includes a navigation menu at the top with links for 'WHAT WE DO', 'WHY GO NAPSACC', 'HOW TO JOIN', and 'WHO WE ARE'. A search bar and a user profile dropdown for 'JANE DOE' are also present. The main content area is titled 'CREATE YOUR ACTION PLAN!' and contains a draft action plan for a goal: 'Goal: Teachers and staff rarely or never eat or drink unhealthy foods or beverages in front of children.' The plan is divided into seven steps, each with a description and edit/delete icons. A 'Change Action Steps' header allows for adding, deleting, reordering, or adding new steps. A 'COMPLETION DATE' field is at the bottom, and a 'SAVE' button is in the bottom right corner. A sidebar on the left contains navigation links for 'My NAPSACC', 'Self-Assessment', 'Action Planning', 'Tips & Materials', 'Trainings', and 'My Account'.

Tips & Materials

WHAT WE DO > WHY GO NAPSACC > HOW TO JOIN > WHO WE ARE >

TIPS & MATERIALS

My NAPSACC
Self-Assessment
Action Planning
Tips & Materials
Trainings
My Account
Help

A Library of Useful Materials at your Fingertips!

Activity ideas, handouts, menus and more to help you reach your GO NAPSACC goals.

View the How-To Guide

Search Tips & Materials

1 SELECT MODULE -> SECTION

Child Nutrition
Breastfeeding & Infant Feeding
Foods Provided
Beverages Provided
Feeding Environment
Feeding Practices
Menus & Variety
Education & Professional Development
Policy
Comprehensive Nutrition Resources

Farm to ECE
Oral Health
Infant & Child Physical Activity
Outdoor Play & Learning
Screen Time

WHAT WE DO > WHY GO NAPSACC > HOW TO JOIN > WHO WE ARE >

FOODS PROVIDED

My NAPSACC
Self-Assessment
Action Planning
Tips & Materials
Trainings
My Account
Help

Look below for the available materials on the subject of Foods Provided.

Search Tips & Materials

2 TAB ORGANIZATION

3 TAGS

4 FAVORITES

Recipes & Guidance
Decision Activities
Family Engagement

Build a Healthy Plate With Dry Beans & Peas (Spanish version)
Build a Healthy Plate With Fewer Added Sugars (Spanish version)
Build a Healthy Plate With Fruits (Spanish version)
Build a Healthy Plate With Less Salt and Sodium (Spanish version)
Build a Healthy Plate With Options Low in Saturated Fats (Spanish version)
Build a Healthy Plate With Protein (Spanish version)
Build a Healthy Plate With Vegetables (Spanish version)

SPANISH SUGAR
SPANISH FRUITS
SALT, SPANISH
SPANISH FAT
SPANISH MEAT ALTERNATIVES, LEAN PROTEIN, MEAT
SPANISH VEGETABLES

**Questions
or
Comments?**



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