

Oklahoma Department of Corrections
Ceremonial Honor Guard
Height/Weight Chart

MALES						FEMALES					
Height In Inches	Minimum Weight	Max Weight Age 17-20	Max Weight Age 21-27	Max Weight Age 28-39	Max Weight Age 40+	Height In Inches	Minimum Weight	Max Weight Age 17-20	Max Weight Age 21-27	Max Weight Age 28-39	Max Weight Age 40+
58	91	na	na	na	na	58	91	125	127	128	130
59	94	na	na	na	na	59	94	130	131	132	134
60	97	139	143	146	148	60	97	134	135	138	140
61	100	143	147	151	153	61	100	139	141	142	144
62	104	148	151	157	158	62	104	143	145	147	149
63	107	152	156	161	163	63	107	148	150	151	153
64	110	158	162	166	168	64	110	152	154	156	159
65	114	163	167	171	173	65	114	158	160	162	164
66	117	168	171	176	179	66	117	163	164	166	169
67	121	173	177	183	185	67	121	167	169	171	174
68	125	179	183	188	190	68	125	172	174	176	180
69	128	184	188	193	195	69	128	177	180	182	185
70	132	189	194	198	202	70	132	183	185	187	190
71	136	194	198	204	207	71	136	188	190	192	195
72	140	200	205	210	213	72	140	183	195	197	201
73	144	205	210	215	218	73	144	198	201	204	207
74	148	211	216	222	225	74	148	204	207	209	212
75	152	216	223	228	231	75	152	210	212	214	218
76	156	223	228	234	237	76	156	215	217	221	224
77	160	229	234	240	244	77	160	221	224	226	230
78	164	234	240	247	250	78	164	227	229	232	236
79	168	240	247	253	256	79	168	232	235	238	242
80	173	246	252	259	263	80	173	238	242	245	248

All figures based on a 5% increase to the maximum weight allowances found in US Army Reg. 600-9 to the nearest whole percentage.