

Oklahoma Department of Corrections Ceremonial Honor Guard

Maximum Allowable Percentage Body Fat Standards

	AGE 17 - 20	AGE 21 - 27	AGE 28 - 39	AGE 40 +
Male (Max % Body Fat)	25%	27%	29%	31%
Female (Max % Body Fat)	35%	37%	39%	41%

All figures based on a 5% increase to the maximum percentage body fat allowances found in US Army Reg 600-9.