



Cleveland County  
Health Department

# H.O.P.E. GUIDE

## SERVICES, PROVIDERS & RESOURCES



Substance Use  
Disorder Treatment



Health Services



Mental &  
Behavioral Health



Peer Support



☎ 405.579.2214

🌐 [oklahoma.gov/health/cleveland](http://oklahoma.gov/health/cleveland)

📍 250 12th Ave NE • Norman, OK

✉ [Emma.Rauser@health.ok.gov](mailto:Emma.Rauser@health.ok.gov)



SCAN ME

# HEALTHY OPPORTUNITIES AND PREVENTION EFFORTS GUIDE

For updates, corrections, or additions please email [Emma.Rauser@health.ok.gov](mailto:Emma.Rauser@health.ok.gov) with the subject 'HOPE guide'.

## STATE HOTLINES/ONLINE RESOURCES

ORGANIZATION NAME	PHONE #	ADDITIONAL INFORMATION
211	DIAL 211	Speak with an operator to find resources near you
NATIONAL DOMESTIC VIOLENCE HOTLINE	(800) 799-7233	
POISON CONTROL	(800) 522-4611	
SUICIDE PREVENTION LIFELINE	(800) 273-8255	
TOBACCO CESSATION	(800) 784-8669	Oklahoma Tobacco Helpline where you can receive free patches, gum, or lozenges to assist quitting tobacco.
988	DIAL 988	Mental Health and Substance Abuse Crisis hotline
OK I'm Ready - <a href="#">Order Free Naloxone Kits   OK I'm Ready (okimready.org)</a>		Free Narcan/Naloxone mailed to your home, treatment resources, education, support.

## HEALTH & HUMAN SERVICE AGENCIES

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Cleveland County Health Department	250 12 <sup>th</sup> Ave NE Norman, OK 73071	405-321-4048	Childbirth education, child guidance, family planning, Clinical services: immunizations, lice checks, tuberculosis screening/treatment, pregnancy testing/counseling, STD testing/treatment/counseling, SoonerCare enrollment, well child visits, and more!
Cleveland County Health Department	424 S Eastern Moore, OK 73160	405-794-1591	Childbirth education, child guidance, family planning, Clinical services: immunizations, lice checks, tuberculosis screening/treatment, pregnancy testing/counseling, STD testing/treatment/counseling, SoonerCare enrollment, well child visits, and more!

Oklahoma Human Services	631 E Robinson St Norman, OK 73071	405-573-8300	Apply for SNAP, child care, etc. online: <a href="#">OKDHSLive!</a>
Oklahoma Health Care Authority	4345 N. Lincoln Blvd. OKC, OK 73105	800-987-7767	Income guidelines: <a href="#">SoonerCare and Insure Oklahoma Income Guidelines</a> Apply online: <a href="#">OHCA Member Enrollment (okhca.org)</a>
Child Support Services	PO Box 248822 OKC, OK 73124	405-522-2273	Apply online: <a href="#">OK Benefits</a>
Oklahoma Mental Health & Substance Abuse			<a href="#">Order Free Naloxone Kits   OK I'm Ready (okimready.org)</a>

## MENTAL/BEHAVIORAL HEALTH PROVIDERS

### OUTPATIENT PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Central Oklahoma Community Mental Health	909 Alameda Street Norman, OK 73071	405-360-5100	Certified Community Behavioral Health Clinic offering integrated, trauma-informed and culturally competent mental health, substance abuse and primary care services to children, youth, adults, and families.
Hub 107	107 Gibbs Drive Norman, OK	405-573-6498	Peer led drop-in center where someone can drop by and develop positive connections, while having easy access to items related to basic needs. Peers, recreational therapist, senior case management available. All staff have personal experience with mental health, substance abuse, trauma, PTSD, military service, etc.
Transition House		405-360-7926	<b>Transitional Living Program</b> – transition from in-patient treatment to community living through supervised apartment living promoting recovery through development of community living skills, pre-vocational and vocational skills, socialization, and recreational skills. <b>Community Outreach Program</b> – provides opportunities for ongoing socialization/recreational activities, support, and crisis intervention.
The Virtue Center	2457 Wilcox Drive Norman, OK 73069	405-321-0022	Substance abuse/mental health assessments and services. Initial screening is no cost and individualized treatment plan developed. Other fees based on sliding income

			scale and other financial assistance available. Medicaid/Insurance accepted. Walk in screenings occur Monday – Thursday 9:30a – 4:30p and Fridays 8:00a – 11:00a.
Serenity Mental Health Group	4330 Adams Rd ste 100 Norman, 73069	405-701-8400	Not a crisis center. Contact to inquire as to who is accepting new patients. Medicaid/Medicare/Insurance acceptance dependent on provider.
CommunityWorks	805 E Robinson Street Norman, 73071	405-447-4499	Substance use/mental health assessments and services. Insurance accepted or fees based on sliding income scale.
Variety Care Norman Himes	317 E Himes Norman, 73069	405-632-6688	Insurance accepted or services offered on sliding scale based on income. Behavioral health for men and women, as well as, medical care.
Family Wellness Center of Norman	2760 Washington Dr Norman, 73069	405-360-2827	Ages 4+ served. Contact to inquire as to who is accepting new patients. Medicaid/Medicare/Insurance acceptance dependent on provider.
Norman Behavioral Health Group	712 Wall St, Ste 100 Norman, 73069	405-579-7560	Services for families, couples, individual, and pediatric services. Most insurances accepted including Medicare and Medicaid. All ages served.
Oklahoma Families First	2600 Van Buren suite 2634 Norman, 73072	405-360-2133	Child and Adult outpatient services. SoonerCare and some insurances accepted. Some services based on sliding income scale.
Integrated Therapy Solutions	620 NW 5 <sup>th</sup> St Suite D Moore, 73160	405-208-4469	For clients of all ages- individual, family and group therapy services; we offer home or office-based counseling services to children and adults from all backgrounds during different transitional stages of life. Accepts Medicare/Medicaid/some private insurance. They also offer cash pay and some therapist's offer sliding scale services based on income.
Moore Counseling Center	1044 SW 4 <sup>th</sup> Street Moore, 73160	405-735-6333	Full-Service, multi-specialty psychology practice serving all ages. Private insurance, Medicare, and limited Medicaid accepted. Call for specifics and availability.
Metro Family Therapy	1400 SE 4th St, Ste A Moore, 73160	405-837-1033	Individual, Family, and children's services. Some private insurances accepted, as well as, SoonerCare. Opportunity for sliding scale, income-based services with application.

## INPATIENT PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Griffin Memorial Hospital	900 E Main Street Norman, OK 73071	405-573-6623	120 bed acute psychiatric hospital serving those 18+ with severe mental illness and/or substance use issues. Medicare, Medicaid, and third-party insurance accepted.

Red Rock Behavioral Health	900 E Main Street Norman, OK 73071	405-307-4800	Serves ages 18 and older with mental health, substance use, or co-occurring disorders who are in crisis and require immediate evaluation/stabilization.
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## YOUTH PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Red River Youth Academy	3400 Deskin Drive Norman, 73069	405-701-8530	Child and adolescent residential behavioral health treatment center located in Norman, Oklahoma. We provide treatment for boys ages 8-17 and girls ages 12-17 with severe emotional/behavioral conditions. Our trauma-informed program focuses on youth exhibiting severe aggression, suicidal ideation, homicidal ideation, and self-harm. (SoonerCare, private insurance, private pay accepted)
Center for Children and Families	210 S Cockrel Ave Norman, 73071	405-364-1420	Children's play therapy, family therapy, therapeutic groups, and individual counseling help children and their biological, foster and/or adoptive parents achieve safe, stable and healthy family relationships. Counseling services are available to children and families throughout Cleveland County and surrounding communities.
Kids Choice Therapy	1806 24 <sup>th</sup> Ave NW Norman, 73069	405-857-8280	SoonerCare accepted. Applied Behavior Analysis, Counseling, Speech, Occupational Therapy, Sensory Playground.
Serenity Mental Health Group	4330 Adams Rd ste 100 Norman, 73069	405-701-8400	Not a crisis center. Contact to inquire as to who is accepting new patients. Medicaid/Medicare/Insurance acceptance dependent on provider.
Crossroads Youth and Family Services	1333 W Main St Norman, 73069	405-292-6440	Person centered outpatient services for youth (birth through 17 years old) and their families. Medicaid accepted and families are not denied based on inability to pay.
CommunityWorks	805 E Robinson Street Norman, 73071	405-447-4499	Counseling, PCIT, Supervised Visitation, Parenting Skills. Insurance accepted or fees based on sliding income scale.
Variety Care Norman Alameda	1237 Alameda Street Norman, 73071	405-632-6688	Insurance accepted or sliding scale for services based on income. Behavioral health services offered for children up to age 18.
Children's Recovery Center	320 12th Avenue NE Norman, 73071	405-573-3819	Crisis Stabilization and Psychiatric Residential Treatment. The persons served by CRC are 12 to 17 years old, struggling to stay safe in their community due to the symptoms of their own serious emotional

			disturbances, behavioral health conditions, and/or substance use disorders.
Family Wellness Center of Norman	2760 Washington Dr Norman, 73069	405-360-2827	Ages 4+ served. Contact to inquire as to who is accepting new patients. Medicaid/Medicare/Insurance acceptance dependent on provider.
Integrated Therapy Solutions	620 NW 5th St Suite D Moore, 73160	405-208-4469	For clients of all ages- individual, family and group therapy services; we offer home or office-based counseling services to children and adults from all backgrounds during different transitional stages of life. Accepts Medicare/Medicaid/some private insurance. They also offer cash pay and some therapist's offer sliding scale services based on income.
Moore Counseling Center	1044 SW 4th Street Moore, 73160	405-735-6333	Full-Service, multi-specialty psychology practice serving all ages. Private insurance, Medicare, and limited Medicaid accepted. Call for specifics and availability.
Norman Behavioral Health Group	712 Wall St, Ste 100 Norman, 73069	405-579-7560	Services for families, couples, individual, and pediatric services. Most insurances accepted including Medicare and Medicaid. All ages served.
Oklahoma Families First	2600 Van Buren suite 2634 Norman, 73072	405-360-2133	Child and Adult outpatient services. SoonerCare and some insurances accepted. Some services based on sliding income scale.
Metro Family Therapy	1400 SE 4 <sup>th</sup> St, Ste A Moore, 73160	405-837-1033	Individual, Family, and children's services. Some private insurances accepted, as well as, SoonerCare. Opportunity for sliding scale, income-based services with application.

## SUBSTANCE USE TREATMENT PROVIDERS

### OUTPATIENT PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
The Virtue Center	215 W Linn Street Norman, 73069	405-321-0022	Substance use/mental health assessments and services. Initial screening is no cost and individualized treatment plan developed. Other fees based on sliding income scale and other financial assistance available. Medicaid/Insurance accepted. Walk in screenings occur Monday – Thursday 9:30a – 4:30p and Fridays 8:00a – 11:00a.

CommunityWorks	805 E Robinson Street Norman, 73071	405-447-4499	Substance use/mental health assessments and services. Insurance accepted or fees based on sliding income scale.
Red Rock VOP (virtual out patient)		405-425-0450	Serves individuals of all ages with mental health, substance use, or co-occurring disorders through virtual services.
Central Oklahoma Community Mental Health	909 Alameda Street Norman, OK 73071	405-360-5100	Medically Assisted Treatment and other substance use services. Minimum of 3 months of participation in four phase program requiring group meetings, therapy, case management, urine drug screens, and more. No cap on services and options for insurance pay or financial assistance available. Call for intake appointment or you can do a walk in and wait for a cancellation/no show.

### INPATIENT/RESIDENTIAL PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Red Rock Norman Crisis Unit	900 E Main St, Bldg. 52 Norman, 73070	405-307-4800	Serves ages 18 and older with mental health, substance use, or co-occurring disorders who are in crisis and require immediate evaluation/stabilization.
Jordan's Crossing		405-635-3800	Residential substance use disorder treatment program for pregnant women, women with dependent children, and women who are involved in the criminal justice system.
Griffin Memorial Hospital	900 E Main Street Norman, OK 73071	405-573-6623	120 bed acute psychiatric hospital serving those 18+ with severe mental illness and/or substance use issues. Medicare, Medicaid, and third-party insurance accepted.

### YOUTH PROVIDERS

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Children's Recovery Center	320 12 <sup>th</sup> Avenue NE Norman, 73071	405-573-3819	Crisis Stabilization and Psychiatric Residential Treatment. The persons served by CRC are 12 to 17 years old, struggling to stay safe in their community due to the symptoms of their own serious emotional disturbances, behavioral health conditions, and/or substance use disorders.

**PEER TO PEER SUPPORT**

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Alcoholics Anonymous Norman Original Group	3565 Macdonnell Dr Norman, OK 73069		<b>Monday – Thursday:</b> 6:30a, 9:00a, Noon, 3:30p, 5:00p, 8:00p <b>Friday:</b> 6:30a, 9:00a, 10:30a, Noon, 3:30p, 5:00p, 8:00p <b>Saturday:</b> 6:30a, 9:00a (Men's group), Noon, 5:00p, 8:00p <b>Sunday:</b> 6:30a, 9:00a, 10:30a, Noon, 3:00p (Women's Group), 5:00p, 8:00p
Alcoholics Anonymous Phoenix Group	700 E Eufaula St Norman, 73071		<b>Monday:</b> Noon, 8:00p; <b>Tuesday:</b> 8:00p; <b>Wednesday:</b> Noon, 8:00p; <b>Thursday:</b> Noon, 8:00p; <b>Friday:</b> Noon, 8:00p; <b>Saturday:</b> 7:00p; <b>Sunday:</b> 8:00p
Alcoholics Anonymous Triangle Group	1005 N Flood Ave, Ste 114 Norman, 73069		<b>Monday:</b> Noon, 6:30p, 8:00p; <b>Tuesday:</b> Noon, 6:30p; <b>Wednesday:</b> Noon, 6:30p, 8:00p; <b>Thursday:</b> Noon, 6:30p; <b>Friday:</b> Noon, 8:00p; <b>Saturday:</b> Noon, 4:00p (agnostic/atheist group), 8:00p; <b>Sunday:</b> 10:00a, 4:00p, 8:00p.
Alcoholics Anonymous Norman Beginners Group	200 S Webster Ave, Norman, 73069		<b>Monday &amp; Thursday:</b> 6:30p
Alcoholics Anonymous Primary Purpose Group	226 W Gray Norman, 73069		<b>Monday, Tuesday, &amp; Thursday:</b> 8:00p
Alcoholics Anonymous Solutions Group	329 S Peters Ave, Norman, 73069		Enter senior center from back parking lot. <b>Wednesday:</b> 7:00p; <b>Saturday:</b> 9:00a (Women in Harmony group)
Alcoholics Anonymous Girls Night Out Group	329 S Peters Ave, Norman, 73069		Enter senior center from back parking lot. <b>Thursday:</b> 6:30p (Women's group)
Alcoholics Anonymous Unity 2019	310 E Main Street Norman, 73069		Conan's Academy building. <b>Saturday:</b> 4:00p, 5:30p; <b>Sunday:</b> 10:00a
Alcoholics Anonymous Little Axe Group	15700 OK-9 Norman, 73026		Thunderbird Express <b>Tuesday, Wednesday, &amp; Thursday:</b> 6:00p; <b>Sunday:</b> 9:00a, 5:00p
Alcoholics Anonymous TriCity Group	115 SE 1 <sup>st</sup> Street Moore, 73160	405-424-2412 for online meeting information	<b>Monday:</b> 6:30a, 8:00a, Noon, 5:30p, 7:00p (Women's group), 8:00p <b>Tuesday:</b> 8:00a, Noon, 5:30p, 7:00p (Men's Group), 8:00p <b>Wednesday:</b> 6:30a, 8:00a, Noon, 5:30p, 7 (online group), 8:00p <b>Thursday:</b> 8:00a, Noon, 5:30p, 8:00p



			<p><b>Friday:</b> 6:30a, 8:00a, Noon, 5:30p, 8:00a  <b>Saturday:</b> 8:00a, 10:00a (<b>online</b> group), 5:00p, 8:00p  <b>Sunday:</b> 8:00a, 7:00p</p>
Alcoholics Anonymous Sunset and Serenity Group	800 NW 5 <sup>th</sup> St, Moore,	<a href="#">Alcoholics Anonymous   www.sunsetandserenityaa.com   Oklahoma City</a>	Meets <b>Wednesday</b> Evenings at 7:00p. Meeting held in the rear of the main building at St. Andrews Catholic Church. Park in the rear of the main building. Door to enter faces south and is across from picnic pavilion. There are signs. They will have outdoor meetings Fridays at 7:00p <b>during the spring/summer months</b> . Check the link (<-->) for details.
Alcoholics Anonymous Fourth Dimension	204 N Main Street Noble, 73068		<b>Thursday:</b> 6:30p
Alcoholics Anonymous Purcell Unity Group	118 S 2 <sup>nd</sup> Ave Purcell, 73080		<b>Monday:</b> 7:00p  Group meets the LAST <b>Thursday</b> of each month at 1106 W Grant St, Purcell for a speaker meeting at 7:00p.
Alcoholics Anonymous Purcell AA	400 W Main St Purcell, 73080		<b>Tuesday:</b> 8:00p
Celebrate Recovery – Alameda Church of Christ	801 W Alameda, Norman 73071	479-640-7931	Meets <b>Tuesday</b> Evenings at 6:30p.
Celebrate Recovery – LifeSpring Church	600 W Tecumseh Rd, Norman 73069	405-534-2875	Meets <b>Friday</b> Evenings at 6:30p.
Celebrate Recovery – Fresh Start Community Church	309 N Eastern Ave, Moore 73160	405-794-7313	Meets <b>Tuesday</b> Evenings at 6:30p.
Narcotics Anonymous Norman Original Group	3565 Macdonnell Dr, Norman 73069	<a href="#">NONAG Meeting Schedule - We Do Recover</a>	Meetings occur <b>7 days a week</b> at 1:30p and 6:30p. <b>Tuesday, Thursday, and Friday</b> 6:30 meetings are <b>closed</b> . Closed means you should only attend if you believe you have a problem with substance abuse.
Narcotics Anonymous Surrender Group	601 24 <sup>th</sup> Ave SW, Norman, 73069		Meetings occur <b>Monday</b> and <b>Thursday</b> at 6:30p. Both open meetings.
Narcotics Anonymous Living Room Group St. Stephens United Methodist Church	1801 W Brooks, Norman 73069	405-321-4988	Meetings occur every <b>Friday</b> at 6:30 p.

Hub 107	107 Gibbs Drive Norman, OK	405-573-6498	Peer led drop-in center where someone can drop by and develop positive connections, while having easy access to items related to basic needs. Peers, recreational therapist, senior case management available. All staff have personal experience with mental health, substance abuse, trauma, PTSD, military service, etc.
National Alliance on Mental Health (NAMI) Cleveland County		405-408-0984	Peer led support groups for families that are or have a loved one experiencing mental illness. Meetings occur the 1 <sup>st</sup> Thursday of each month 6:30 – 8:00p at McFarlin Memorial United Methodist Church (419 S University Blvd, Norman 73069) and the 3 <sup>rd</sup> Saturday of every month from 1 – 2:30p at The Well (210 James Gardner Ave, Norman 73069).

# HOUSING

## TRANSITIONAL HOUSING

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Transition House – Transitional Living Program	700 Asp, Suite 2, Norman, 73069	405-360-7926	Supervised, apartment style living with case management for mental illness and co-occurring issues. Monthly fees dependent on income.

## SOBER LIVING – Check for open beds for all Oxford homes at [oxfordvacancies.com](http://oxfordvacancies.com)

ORGANIZATION NAME	NEAREST CROSS STREETS	PHONE #	ADDITIONAL INFORMATION
Oxford Briar Meadows	High Meadows Dr & Briar Meadow Rd, Norman	405-310-6971	Men's home. Admission interviews occur daily at 8:00p.
Oxford Castle 55	Westwood Dr & Sundown Dr, Norman	405-310-3134	Men's home. Admission interviews occur Thursday's at 8:00p.
Oxford Claremont	Claremont Dr & Chateau Dr, Norman	405-701-3055	Men's home. Admission interviews occur Sunday's at 6:30p.

Oxford East Hills	East Hills Dr & Eastwood Cir, Moore	405-735-1109	Women/Women with Children home. Admission interviews occur daily at 7:00p.
Oxford East Moore	N Nail Pkwy & NE 20 <sup>th</sup> St, Moore	405-676-5649	Women's home. Admission interviews occur Tuesday at 5:00p.
Oxford Heisman	Oakhurst Ave & Ridgewood Dr, Norman	405-217-2756	Men's home. Admission interview occur Wednesday's at 7:00p.
Oxford Moore	Crystal Dr & SW 26 <sup>th</sup> St, Moore	405-703-1640	Men's home. Admission interviews occur daily at 6:30p.
Oxford Norman 2	W Boyd St & Lenox Dr, Norman	405-857-7274	Men's home. Admission interviews occur daily at 7:00p.
Oxford Oakhurst 2	Oakhurst Ave & Oakhurst Cir, Norman	405-217-2189	Women/Women with Children home. Admission interviews occur daily at 6:00p.
Oxford Replication	Pheasant Run Ct & Pheasant Run Rd, Norman	405-857-2572	Women's home. Admission interviews occur daily at 7:00p.
Oxford Santa Fe North	Santa Fe Ave & NW 22 <sup>nd</sup> St, Moore	405-703-4292	Men's home. Admission interviews occur Sunday's at 6:00p.
Oxford Sooner	Woods Ave & Essex Ct, Norman	405-801-3355	Men's home. Admission interviews occur Monday's at 6:00p.
Oxford West Moore	S. Broadway Ave & SW 14 <sup>th</sup> St, Moore	405-703-7118	Men's home. Admission interviews occur daily at 8:00p.
Oxford Willowpoint	Claremont Dr & Trenton Rd, Norman	405-857-2827	Men's home. Admission interviews occur daily at 7:00p.

## YOUTH ASSISTANCE

ORGANIZATION NAME	ADDRESS	PHONE #	ADDITIONAL INFORMATION
Bridges	1670 Stubbeman Norman, 73069	405-579-9280	Bridges program goal is to assist high school students by removing barriers to graduation, which includes help with food, clothing, shelter, and medical needs. <a href="http://bridgesnorman.org">Student Application – Bridges of Norman (bridgesnorman.org)</a>

Crossroads Emergency Resource Center (CERC)		405-292-6440	Short-term emergency shelter care and other vital resources for children 5-17.
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