

# Anaphylaxis

Student Name:	DOB:
Parent Name:	Number:
Practitioner Name:	Practitioner Number:
Allergies:	Medication:

**\*SEE NURSE OFFICE FOR Allergy Action Plan\***

## Epi-Pen in the Office

- Yes
- No

## Overview

Anaphylaxis (an-a-fi-LAK-sis) is a serious, life-threatening allergic reaction. The most common anaphylactic reactions are to foods, insect stings, medications and latex.

If you are allergic to a substance, your immune system overreacts to this allergen by releasing chemicals that cause allergy symptoms. Typically, these bothersome symptoms occur in one location of the body. However, some people are susceptible to a much more serious anaphylactic reaction. This reaction typically affects more than one part of the body at the same time.

Anaphylaxis requires immediate medical treatment, including a prompt injection of epinephrine and a trip to a hospital emergency room. If it isn't treated properly, anaphylaxis can be fatal. (*Anaphylaxis Symptoms, Diagnosis, Treatment & Management* | AAAAI, n.d.)

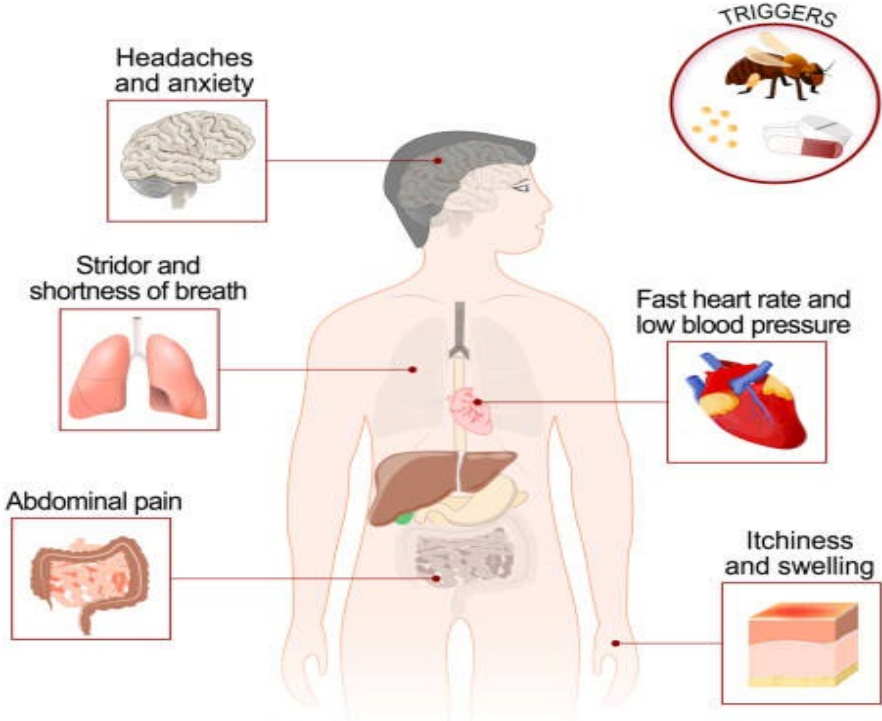
# Symptoms

Symptoms of an allergic reaction may involve the skin, the gastrointestinal tract, the cardiovascular system, and the respiratory tract. They can surface in one or more of the following ways:

- Vomiting and/or stomach cramps
- Hives
- Shortness of breath
- Wheezing
- Repetitive cough
- Shock or circulatory collapse
- Tight, hoarse throat; trouble swallowing
- Swelling of the tongue, affecting the ability to talk or breathe
- Weak pulse
- Pale or blue coloring of skin
- Dizziness or feeling faint
- **Anaphylaxis**, a potentially life-threatening reaction that can impair breathing and send the body into shock; reactions may simultaneously affect different parts of the body (for example, a stomachache accompanied by a rash) (*Food Allergies | Causes, Symptoms & Treatment, 2022*)

# Accommodations:

## Anaphylaxis



(ttsz, 2018)

**Created By:**

<b>Name:</b>	<b>Title:</b>	<b>Date:</b>
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**I have read and acknowledge:**

<b>Name:</b>	<b>Title:</b>	<b>Date:</b>
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## Reference

*Anaphylaxis Symptoms, Diagnosis, Treatment & Management* | AAAAI. (n.d.).

<https://www.aaaai.org/conditions-treatments/allergies/anaphylaxis>

*Food Allergies | Causes, Symptoms & Treatment*. (2022, November 7). ACAAI Public

Website. <https://acaai.org/allergies/allergic-conditions/food/>

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*death*. . . . iStock. Retrieved December 23, 2022, from

<https://www.istockphoto.com/vector/anaphylaxis-is-a-serious-allergic-reaction-that-may-cause-death-gm1076218364-288197387>