

# Type I Diabetes

Student Name:	DOB:
Parent Name:	Number:
Practitioner Name:	Practitioner Number:
Allergies:	Medication:

**\*SEE DMMP IN NURSE OFFICE FOR DR'S ORDERS\***

## Overview

Type 1 diabetes, once known as juvenile diabetes or insulin-dependent diabetes, is a chronic condition. In this condition, the pancreas makes little or no insulin. Insulin is a hormone the body uses to allow sugar (glucose) to enter cells to produce energy.

Different factors, such as genetics and some viruses, may cause type 1 diabetes. Although type 1 diabetes usually appears during childhood or adolescence, it can develop in adults.

Even after a lot of research, type 1 diabetes has no cure. Treatment is directed toward managing the amount of sugar in the blood using insulin, diet and lifestyle to prevent complications. (*Type 1 Diabetes - Symptoms and Causes, 2022*)

## Symptoms

Type 1 diabetes symptoms can appear suddenly and may include:

- Feeling more thirsty than usual
- Urinating a lot
- Bed-wetting in children who have never wet the bed during the night
- Feeling very hungry
- Losing weight without trying
- Feeling irritable or having other mood changes
- Feeling tired and weak
- Having blurry vision (*Type 1 Diabetes - Symptoms and Causes, 2022*)

## HYPOGLYCEMIA SYMPTOMS



SWEATING



PALLOR



IRRITABILITY



HUNGER



LACK OF COORDINATION



SLEEPINESS

## HYPERGLYCEMIA SYMPTOMS



DRY MOUTH



INCREASED THIRST



WEAKNESS



HEADACHE



BLURRED VISION



FREQUENT URINATION

(Strelnikova, 2016)

## Accommodations:

Created By:

<b>Name:</b>	<b>Title:</b>	<b>Date:</b>
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I have read and acknowledge:

<b>Name:</b>	<b>Title:</b>	<b>Date:</b>
<b>Name:</b>	<b>Title:</b>	<b>Date:</b>
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<b>Name:</b>	<b>Title:</b>	<b>Date:</b>

## Reference

Strelnikova, I. (2016, February 22). *Diabetes vector infographic. Hypoglycemia and hyperglycemia symptoms*. . . iStock. Retrieved December 23, 2022, from <https://www.istockphoto.com/vector/diabetes-symptoms-gm510403492-86233531>

*Type 1 diabetes - Symptoms and causes*. (2022, July 7). Mayo Clinic. <https://www.mayoclinic.org/diseases-conditions/type-1-diabetes/symptoms-causes/syc-20353011>