






















CHILDREN'S HEALTH DATA

	OBESITY & OVERWEIGHT	OK	STATUS	US
	Ages 2-4 Obesity Prevalence ¹	12.9%		14.4%
	Ages 10-17 Obesity Prevalence ²	17.5%		17.0%
	Ages 10-17 Overweight Prevalence ²	16.7%		16.4%
	High School Obesity Prevalence ³	17.6%		16.3%
	High School Overweight Prevalence ³	16.8%		16.0%
	PHYSICAL ACTIVITY	OK	STATUS	US
	Ages 6-17 participate in physical activity for at least 60 minutes every day ²	21.6%		20.5%
	High school age physically active at least 60 Minutes every day ³	32.4%		23.9%
	NUTRITION	OK	STATUS	US
	High school age ate fruit or drank 100% fruit juices two or more times per day ³	17.1%		24.2%
	High school age ate vegetables three or more times per day ³	6.8%		11.2%
	BUILT ENVIRONMENTS	OK	STATUS	US
	Children live in neighborhoods with sidewalks or walking paths ²	55.5%		75.6%
	Children live in neighborhoods with a park or playground ²	64.4%		75.5%
	Children live in neighborhoods with recreation center, community center ²	26.0%		45.8%
	Children live in neighborhoods with a library ²	45.3%		65.0%
	Oklahoma neighborhoods with sidewalk ⁴	46.8%	N/A	
	Oklahoma neighborhoods with sidewalk that are very well maintained ⁴	54.6%	N/A	
	ACCESS TO HEALTHY FOODS / HEALTHCARE	OK	STATUS	US
	Children in households that could always afford to eat good nutritious meals ²	65.2%		71.9%
	Percentage of food insecure children ⁵	19.1%		12.8%
	Oklahomans who strongly agree that easy to purchase healthy foods in neighborhood ⁴	27.4%	N/A	
	Oklahomans who strongly agree there is Large selection of high quality fresh fruits and vegetables in neighborhood ⁴	20.7%	N/A	
	Child currently covered by health insurance or health coverage plans ²	92.1%		92.9%

CHILDREN'S HEALTH DATA REFERENCES

1. WIC Participant and Program Characteristics (WICPPC) survey. The data are gathered in April of even-numbered years, and analyzed by the CDC. Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion, Division of Nutrition, Physical Activity, and Obesity Data, Trend and Maps. <https://www.cdc.gov/nccdp/dnpao/data-trends-maps/index.html>. Trend data available from 2000-2020.
2. 2020-2021 National Survey of Children's Health (NSCH) data query. Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). The data are gathered annually. Trend data available from 2016-2021.
3. Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Youth Risk Behavior Survey 2021, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Accessed at <http://www.health.ok.gov/ok2share>. The data are gathered in odd-numbered years. Trend data available from 2003-2021.
4. Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Behavioral Risk Factor Surveillance System 2021 and 2022, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Accessed at <http://www.health.ok.gov/ok2share>. The data are gathered annually. Trend data available from 2011-2022.
5. Map the Meal Gap 2021. Child Food Insecurity in The United States in 2021. <https://map.feedingamerica.org/county/2021/child/oklahoma>