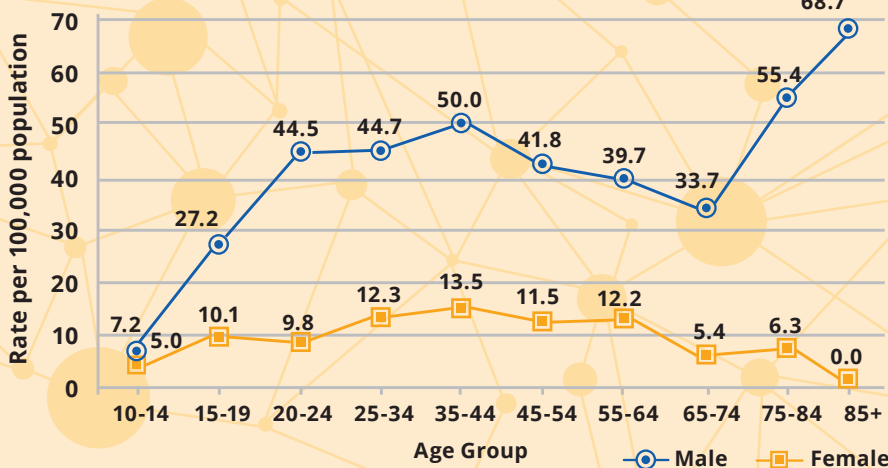


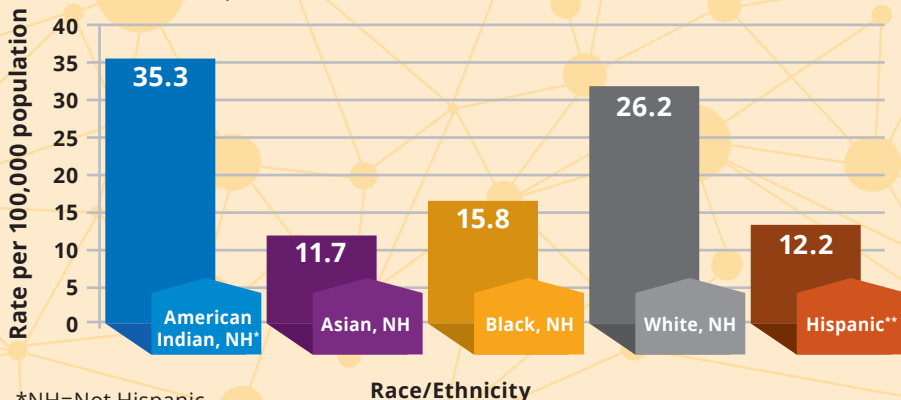
# Suicide In OKLAHOMA



**Figure 1: Suicide Rates by Age Group and Sex**  
*Oklahoma, 2020*



**Figure 2: Suicide Rates by Race/Ethnicity**  
*Oklahoma, 2020*



\*NH=Not Hispanic

\*\*Hispanic ethnicity is not a racial category.

In 2020, there were 853 suicides among Oklahoma residents age 10 and older. This translates to a suicide rate of 24.7 deaths per 100,000 Oklahoma residents.

Of the decedents, 79% were male and 21% were female.

**Suicides comprised 69% of all violent deaths (1,244).**

The mean age of decedents was 45 years; decedents ranged in age from 10 to 94 years.

Males had a higher suicide rate across all age groups compared to females (**Figure 1**).

Suicide rates were highest among males age 85 and older at 68.7 deaths per 100,000 residents, and highest amongst females age 35-44 at 13.5 deaths per 100,000 residents (**Figure 1**).

The suicide rate among American Indian, non-Hispanic decedents was 35% higher than White, non-Hispanic decedents and more than double any other race or ethnic group (**Figure 2**).



## STATISTICS:

A suicide note was left by 36% of females and 26% of males.

Firearms were the leading method of suicide for both males (68%) and females (39%), followed by hanging/strangulation, 24% and 34%, respectively (**Figure 3**).

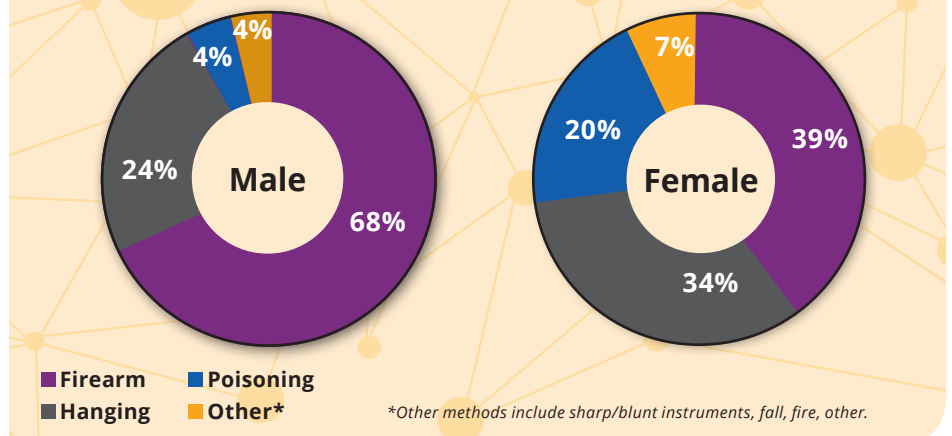
Females had a higher percentage of poisoning as the method of suicide (20%) compared to males (4%) (**Figure 3**).

Among males, the leading life circumstances experienced by decedents were intimate partner problems (39%), depressed mood (36%), and substance use problems (31%) (**Figure 4**).

Among females, the leading life circumstances experienced by decedents were mental health problems (55%), depressed mood (36%), and intimate partner problems (34%) (**Figure 4**).

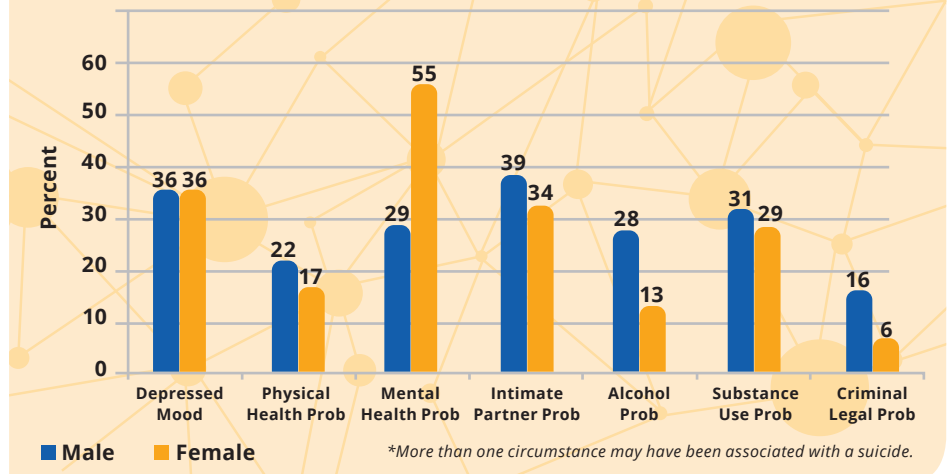
**Figure 3: Method of Suicide by Sex**

Oklahoma, 2020



**Figure 4: Life Circumstances\* by Sex**

Oklahoma, 2020



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The Oklahoma Violent Death Reporting System (OKVDRS) is a statewide surveillance system for suicides, homicides, undetermined manner deaths, unintentional firearm injury deaths and legal intervention deaths. Data are collected from medical examiner reports, death certificates, and law enforcement reports. The data are included in the National Violent Death Reporting System and can be accessed at <http://www.cdc.gov/injury/wisqars/>.

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