



# Civil Monetary Penalty Fund

OKLAHOMA STATE DEPARTMENT OF HEALTH

CMP Funds are civil money penalties collected from nursing homes and redistributed by the Centers for Medicare and Medicaid. The Oklahoma Civil Monetary Penalty Fund Program creates and funds projects for the protection of the health or property of nursing home residents. O.S. §63-1-107.4

The Oklahoma State Department of Health (OSDH) is an equal opportunity employer and provider. This publication, issued by the OSDH, was authorized by Terry L. Cline, PhD, Commissioner of Health, Secretary of Health and Human Services. 300 copies were printed by Docutech at a cost of \$300. Copies have been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries and are available for download at [www.health.ok.gov](http://www.health.ok.gov). | August 2017 | Graphic Design: Brenda Mangum | 16048LTCS

# Elevate Care

2017 - 2018 Project Booklet

QUALITY IMPROVEMENT ASSISTANCE  
for Qualified Oklahoma Nursing Homes



Civil Monetary Penalty Fund  
OKLAHOMA STATE DEPARTMENT OF HEALTH

Protecting Residents. Empowering Staff.



### What is the Civil Monetary Penalty Fund?

CMP Funds are penalties collected from nursing homes and redistributed by the Centers for Medicare and Medicaid Services (CMS). States are tasked with selecting and monitoring projects in accordance with state statute and CMS guidance. O.S. §63-1-107.4

### Contact Us!

Contact the CMP Fund Program to learn more.



[cmp.health.ok.gov](http://cmp.health.ok.gov)

# Civil Monetary Penalty Fund

OKLAHOMA STATE DEPARTMENT OF HEALTH



We'll connect you with the team that's right for you!

For more information about any project contact us!

Online: [cmp.health.ok.gov](http://cmp.health.ok.gov)  
E-mail: [cmp@health.ok.gov](mailto:cmp@health.ok.gov)  
Call: (405)271-5288

CMP Fund | Protective Health Services  
Oklahoma State Department of Health  
1000 NE 10<sup>TH</sup> Street, Oklahoma City, OK 73117-1207

# Music for the Ages

This is a specialized intervention for residents with dementia to improve quality of life. Recruitment is open to 100 nursing homes. **Project ends: 06/30/2018**

## What you get:

Approved during FY16, this program has been funded for three years. The project will provide assistance for 100 Oklahoma nursing homes to create a certified Music and Memory Program™ as a non-pharmacological intervention for pain and dementia in nursing home residents. 20 residents from each home will be enrolled in the program, supplied iPods and playlists while staff at the nursing home will receive training to sustain and expand the program by leveraging local resources, including student volunteers.

## What it costs:

There is a \$250 refundable enrollment fee to participate. The enrollment fee is refunded upon successful completion of the program.

## Quality Measures\*:

Antipsychotics, Depression, Pain, and more!

## Sign up: *Space is limited!*

E-mail: [heather@LeadingAgeOK.org](mailto:heather@LeadingAgeOK.org)

online: <http://leadingageok.org/music-for-the-ages/>

## Provided by:

LeadingAge Oklahoma

\*For more information about quality measures and to view the State Score Card, please visit [CMP.Health.OK.gov](http://CMP.Health.OK.gov)

# Transforming Long-term Care

Ready to improve resident outcomes? This project provides assistance with one performance measure and two clinical quality measures. Recruitment is open to 60 nursing homes. **Project ends: 06/30/2020**

## What you get:

On-site technical assistance with your own quality improvement specialist. This project helps you select measures for improvement, set goals, and write your own QAPI program. OFMQ helps you at each step with on-site meetings and telephone calls. You also get help monitoring MDS/CASPER reports. Bonus: your home will receive early notification of the free regional training events hosted by OFMQ each year.

## What it costs:

There are no fees to participate, but a minimum one year commitment is required.

## Quality Measures\*:

You pick which areas to focus on, OFMQ helps. Check out the easy tools that can be customized for you:

<http://ofmq.com/nursing-home>.

## Sign up:

Call 405-840-2891

E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

## Provided by:

OFMQ

\*For more information about quality measures and to view the State Score Card, please visit [CMP.Health.OK.gov](http://CMP.Health.OK.gov)

# Less is More

Want to work on reducing unnecessary medications? This project provides assistance to optimize medication systems. Recruitment is open to 16 nursing homes. **Project ends: 06/30/2020**

## What you get:

Five collaborative sessions with action periods in between will be held in regional settings. Between meetings, with each participating facility will be mentored in following its individual Performance Improvement Plan which will be developed during the collaborative sessions.

## What it costs:

There are no fees to participate, but a minimum one year commitment is required.

## Quality Measures\*:

Antipsychotics, Depression, Pain, Weight Loss

## Sign up:

Call 405-840-2891

E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

## Provided by:

OFMQ

OU College of Pharmacy

The Eden Alternative

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# It's Not OK to Fall

Want to prevent falls in your nursing home? This project provides a comprehensive and intense approach. Recruitment is open to 100 nursing homes. **Project ends: 06/30/2018**

## What you get:

Assistance and encouragement as you establish your own fall prevention team. This project lasts 6-12 weeks with on-site support. The time varies as we meet your schedule and complete an assessment of the entire facility and each of your residents. This project hosts two Town Hall meetings to encourage residents and their families to help prevent falls. We hold three staff education sessions so all staff have a chance to attend. Bonus: Tai Chi is an important part of the fall prevention project. We help your home certify an instructor and hold classes for your residents.

## What it costs:

There are no fees to participate, but a 12 week commitment is required.

## Quality Measures\*:

Falls, Falls w/ Major Injury, Antipsychotics

## Sign up:

E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

## Provided by:

OUHSC College of Nursing

\*For more information about quality measures and to view the State Score Card, please visit [CMP.Health.OK.gov](http://CMP.Health.OK.gov)



# Improving Resident Outcomes through Person-Centered Oral Care

Want to reduce pain, hospitalizations, and unwanted weight loss? This resident-centered project brings the tools and training right to your nursing home. Recruitment is open to 40 nursing homes. **Project ends: 06/30/2019**

## What you get:

The person-centered oral care training curriculum and comprehensive oral care toolkit will be given to each participating nursing home, with in-service and bedside training in each nursing home. Up to 10 residents will be assessed by a registered dental hygienist during the training cycle. Online CE training for staff related to oral care is provided as is advanced training for key staff so that new hires can be oriented to the project. The kit includes resident education materials for those residents who can perform their own daily oral care.

## What it costs:

There are no fees to participate, but a 16 week commitment is required.

## Quality Measures\*:

Pain, Depression, Weight loss, ADLs, Pneumonia, UTI, more!

## Sign up:

E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

## Provided by:

TMF

\*For more information about quality measures and to view the State Score Card, please visit [CMP.Health.OK.gov](http://CMP.Health.OK.gov)

# NICHE Nurses Improving Care for Health System Elders

Provides an intensive curriculum and leadership training based on New York University's NICHE training program. Recruitment is currently closed for this project. **Project ends: 06/30/2018**

**What you get:** The NICHE program deepens geriatric knowledge and caregiving skills of the non-clinical staff, certified nurse assistants (CNAs), Certified Medication Aides (CMAs), Licensed Practical Nurses (LPNs) and Registered Nurses (RNs) working in LTC through addressing "basic gerontological tenets such as access and quality of care, especially for vulnerable populations." (Boltz, et. al. 2012).

Each participating facility gets onsite support to adopt the online NICHE program. Online modules are delivered to staff at all levels. RNs and LPNs are the first cohort followed by CNA/CMA and non-clinical staff. It takes about 2 hours each week over the course of 12-16 weeks to successfully complete the training and receive certification. **BONUS:** onsite support includes clinical rounding to help staff apply their learning at the bedside.

**What it costs:** There are no fees to participate, but a one year commitment is required.

**Quality Measures\*:** Hospital re-admissions, Falls, Pressure Ulcers, Urinary Tract Infections, Pulmonary and Skin Infections, Pain, and more

**Provided by:** Geriatric Care Collaborative Nursing Services

**Learn More:** E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

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# Notes

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## Step-Up for Dementia Care

This hands-on training builds empathy and improves skills for dementia care. Delivered at your facility for multiple shifts, this educational activity will help even the best facility improve care giving skills among its staff. Recruitment is open to 120 nursing homes. **Project ends: 06/30/2019**

### What you get:

The dementia-specific training sessions will be offered multiple times throughout the day at your facility, so that staff from all shifts can attend. *Walking through Dementia* helps staff to build daily care skills and knowledge, increases sensitivity and empathy towards residents living with dementia, increases understanding of the disease state, and decreases caregiver stress, depression and frustration.

*Bathing without Battles* education program focuses on creating a better bathing experience for residents and making the bathing experience more enjoyable for both caregivers and residents in nursing homes. The curriculum is a non-pharmacological method known to reduce agitation and aggressive behaviors.

“Train-the-Trainer” sessions for key staff ensure that facility staff can share and sustain the new knowledge as new employees are hired.

**What it costs:** There are no fees to participate. A commitment to host the training and participate in follow-up activities will be required. Educators provide a total of three dynamic educational activities on three different days over 2-3 weeks.

**Quality Measures\*:** Dementia-related deficiency citations, antipsychotic medication, deficiencies associate with abuse and neglect

**Sign up:** E-mail [CMP@health.ok.gov](mailto:CMP@health.ok.gov)

**Provided by:** OUHSC College of Public Health

\*For more information about quality measures and to view the State Score Card, please visit [CMP.Health.OK.gov](http://CMP.Health.OK.gov)