OKLAHOMA HEALTH 360°

OBESITY SNAPSHOT IN OKLAHOMA - ADULTS

Current **OK** obesity rate (2015)

33.9%

Current **US** obesity rate (2015)

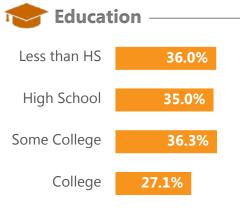
29.8%

Rank among states (2015)

8/51



Race/Ethnicity White NH 32.9% Black NH 36.9% Indian NH 47.3% Hispanic 32.0%

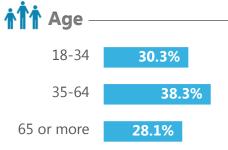




Female

34.0%

Health	Care Coverage
Insured	34.1%
Uninsured	33.3%



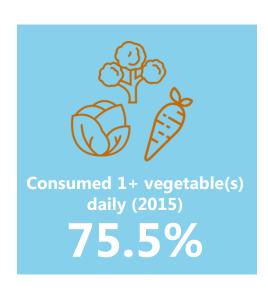


Participated in leisure time physical activity (2015)

66.8%

Consumed 1+ fruit(s) daily (2015)

48.9%





OBESITY IS LINKED WITH CHRONIC CONDITIONS AND LIFETIME COSTS

Obesity-Related Chronic Conditions



11.7%

Oklahoma (2015)

9.9%

United States (2015)

Oklahoma has the 9th highest diabetes prevalence





234.0

Oklahoma (2015)

168.5

United States (2015)

Oklahoma	has the	7 nd	highest	hoart	disassa	death	rato
UKIANOMA	nas tne	Z	nionest	neart	uisease	aeath	rate

228.8	220.4	228.5	228.1	234.0
173.7	170.5	169.8	167.0	168.5
2011	2012	2013	2014	2015



215.2

Oklahoma (2015)

189.9

United States (2015)

Oklahoma has the 7th highest cancer death rate

209.2	209.6	214.1	215.8	215.2
190.7	190.6	189.9	189.6	189.9
2011	2012	2013	2014	2015

Obesity-Attributable Medical Expenditures (2009 dollars)



\$1.72 billion



OBESITY SNAPSHOT IN OKLAHOMA - YOUTH

Current **OK** obesity rate (2015)

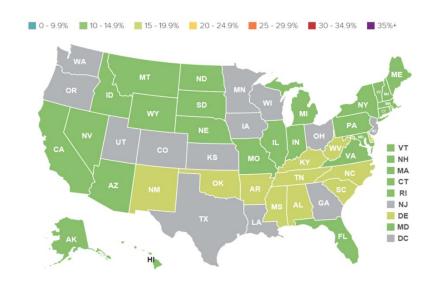
17.3%

Current **US** obesity rate (2015)

13.9%

Rank among states (2015)

6/45





Race/Ethnicity_

White 13.0%

Black N/A

22.8% Hispanic

Indian 24.5%



9th 15.9%

10th 17.2%

16.2% 11th

12th 19.8%



Male 22.0%

12.9% **Female**



Active 60 mins everyday during past 7 days (2015)

32.2%



Consumed fruit 3+ times/day during past 7 days (2015)

17.3%



Consumed vegetables 3+ times/day during past 7 days (2015)



OBESITY SNAPSHOT IN OKLAHOMA - CHILDREN

Ages 2-4 (WIC participants)

Current **OK** obesity rate (2014)

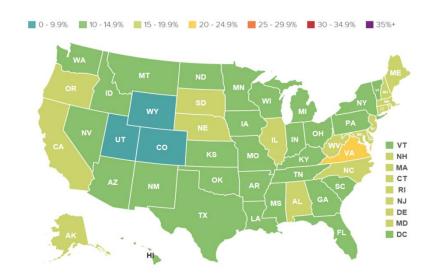
13.8%

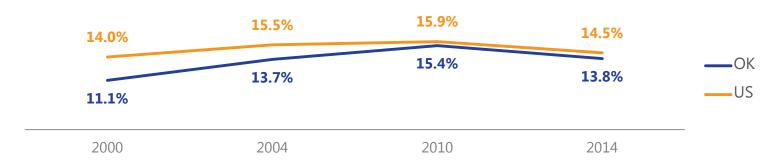
Current **US** obesity rate (2014)

14.5%

Rank among states (2014)

29/51





Ages 10-17 (National Survey of Children's Health)

Current **OK** obesity rate (2011/12)

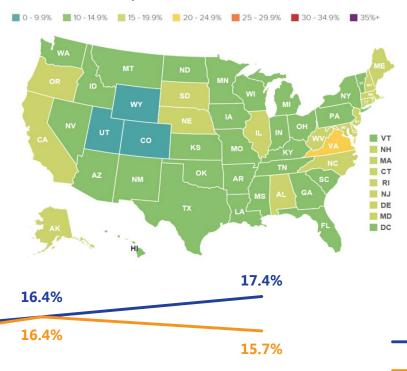
17.4%

Current **US** obesity rate (2011/12)

15.7%

Rank among states (2011/12)

14/51





2003/04 2007 2011/12



OBESITY SNAPSHOT IN OKLAHOMA – ADULTS

Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care
Information, Behavioral Risk Factor Surveillance System 2015, on Oklahoma Statistics on Health
Available for Everyone (OK2SHARE). Available at http://www.health.ok.gov/ok2share

OBESITY IS LINKED WITH CHRONIC CONDITIONS AND LIFETIME COSTS

- Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Behavioral Risk Factor Surveillance System 2015, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Available at http://www.health.ok.gov/ok2share
- Centers for Disease Control and Prevention National Center for Health Statistics. Underlying
 Cause of Death 1999-2015 on CDC WONDER Online Database, released December, 2016. Data
 are from the Multiple Cause of Death Files, 1999-2015, as compiled from data provided by the 57
 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Available at
 http://wonder.cdc.gov/ucd-icd10.html
- Trogdon, J. G., Finkelstein, E. A., Feagan, C. W. and Cohen, J. W. (2012), State- and Payer-Specific Estimates of Annual Medical Expenditures Attributable to Obesity. Obesity, 20: 214–220. doi:10.1038/oby.2011.169

OBESITY SNAPSHOT IN OKLAHOMA – YOUTH

• Oklahoma State Department of Health (OSDH), Center for Health Statistics, Health Care Information, Youth Risk Behavior Surveillance Data 2015, on Oklahoma Statistics on Health Available for Everyone (OK2SHARE). Available at http://www.health.ok.gov/ok2share

OBESITY SNAPSHOT IN OKLAHOMA – CHILDREN

- Pan L, Freedman DS, Sharma AJ, et al. Trends in Obesity Among Participants Aged 2–4 Years in the Special Supplemental Nutrition Program for Women, Infants, and Children — United States, 2000–2014. MMWR Morb Mortal Wkly Rep 2016;65:1256–1260. DOI: http://dx.doi.org/10.15585/mmwr.mm6545a2
- National Survey of Children's Health. NSCH 2011/12. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved [08/22/17] from www.childhealthdata.org.