

**BOARD OF MENTAL HEALTH AND  
SUBSTANCE ABUSE SERVICES**

**Department of Mental Health  
and Substance Abuse Services  
Oklahoma City Oklahoma**

Board members present:

Courtney Knoblock, MPA, Chair  
Kim Holland, APRN-CNP  
Shannon O'Doherty  
Tayyaba Ali, M.D.  
Kari Stomprud, M.Ed.  
Carisa Wilsie, Ph.D.  
Craig Henderson, LCSW, MDIV

Others present:

Kelli Reid, ODMHSAS  
Allie Friesen, Interim Commissioner  
Misty Capps, ODMHSAS  
Joseph Mickey, ODMHSAS  
Dewayne Moore, ODMHSAS  
Durand Crosby, ODMHSAS  
Rich Edwards, ODMHSAS

**CALL TO ORDER**

Ms. Knoblock called the meeting to order and stated that a quorum was present.

**APPROVAL OF MINUTES OF THE January 25, 2024, BOARD MEETING**

Ms. Stomprud moved to approve the January 25, 2024, minutes. Ms. O'Doherty seconded the motion.

**ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING APPROVAL OF  
PROGRAM CERTIFICATION RECOMMENDATIONS**

Kelli Reid, Director of Provider Compliance and Assistance, presented the programs recommended for approval listed on Attachment A as follows:

**Alcohol and Drug Treatment Programs**

**A. Permit for Temporary Operation**

Permit for temporary operation was recommended for: Tunnel Vision Recovery, L.L.C., Lawton [OP: Adult]

Ms. O'Doherty moved to approve permit for temporary operation for the above-referenced program. Mr. Henderson seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**B. Certification with Distinction**

Certification with distinction was recommended for: Alliance Mental Health Community Partnership, Inc., Claremore [OP: Adol., Adult]; Court Assistance Programs, Inc., Oklahoma City [OP: Adult]

Dr. Wilsie moved to approve certification with distinction for the above-referenced programs. Dr. Ali seconded the motion.

Ms. Knoblock stated in lieu of discussion, I will just remind everybody that 100% compliance on all standards means that these organizations are eligible to receive a refund on their certification fee. She asked is there anyone here from those organizations? Congratulations!

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**C. One-Year-Certification**

One-year certification was recommended for: Family Development and Intervention Services, Inc., Oklahoma City [OP: Adol., Adult]

Ms. O'Doherty moved to approve one-year certification for the above-referenced program. Ms. Holland seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**Opioid Substitution Treatment Programs**

**A. Certification with Special Distinction**

Certification with special distinction was recommended for: Mission Treatment Centers, Inc., Oklahoma City; and Mission Treatment Centers, Inc., Tulsa

Ms. O'Doherty moved to approve certification with special distinction for the above-referenced programs. Dr. Ali seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**Outpatient Mental Health Treatment Programs**

**A. Certification with Distinction**

Certification with distinction was recommended for: Flow Counseling Services, L.L.C., Tulsa; New Beginnings Counseling Agency, L.L.C., Tulsa; Oklahoma Mental Health Collective, L.L.C., Eakly; and The Prevention Center, L.L.C., Oklahoma City

Ms. O'Doherty moved to approve certification with distinction for the above-referenced programs. Mr. Henderson seconded the motion.

Ms. Knoblock made a note that The Prevention Center, L.L.C. and Flow Counseling Services are 100% compliant on their standards and eligible to receive a refund.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**B. Two-Year Certification**

Two-year certification was recommended for: Managed Care Solutions, Inc., Oklahoma City; Meta Mental Health, L.L.C., Miami; TESS Counseling, P.L.L.C., Edmond

Ms. O'Doherty moved to approve two-year certification for the above-referenced programs. Dr. Ali seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

## **Community Residential Mental Health Center Programs**

### **A. Certification with Distinction**

Certification with distinction was recommended for: Spears Management Co., Inc., dba Boley Residential Care Home II, Boley; Spears Management Co., Inc., dba Firm Foundation Residential Care Home, Boley

Dr. Ali moved to approve certification with distinction for the above-referenced programs. Dr. Wilsie seconded the motion.

#### ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

### **B. One-Year-Certification**

One-year certification was recommended for: Duncan Community Residence, Inc., Duncan

Ms. O'Doherty moved to approve one-year certification for the above-referenced program. Dr. Ali seconded the motion.

#### ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

## **DISCUSSION REGARDING REPORT FROM INTERIM COMMISSIONER FRIESEN**

Interim Commissioner Friesen presented her report as follows:

Commissioner Friesen thanked the many people who have helped educate and support her in the last month. She stated much of her time up to this point has been meeting several people across other agencies, at the capitol, and as many stakeholders as possible. She stated the first quarterly meeting of all HHS leaders was held and several opportunities for collaboration were identified. She also met with the new interim Health Cabinet Secretary, Dr. Finch.

Commissioner Friesen stated that she has been working with the Healthy Minds team out of Tulsa on understanding the landscape across the state from a data perspective, where the Agency's gaps and opportunities exist, and understanding more comprehensively the work of the Agency over the last handful of years. She stated the Agency cannot move effectively forward if she doesn't understand as much as possible of where ODMHSAS has been as an organization.

**DISCUSSION REGARDING THE REPORT FROM CORPORATE ACCOUNTABILITY SUBCOMMITTEE**

Ms. O'Doherty, the incoming board chair, gave the report for Corporate Accountability.

The Corporate Accountability Subcommittee met on Wednesday, March 20, 2024.

**DISCUSSION AND POSSIBLE ACTION REGARDING THE INTERNAL AUDITOR'S REPORT**

Misty Capps presented the Internal Audit Report.

There were a few questions. Ms. Capps is present and available if there are any further questions but if not, the Corporate Accountability Subcommittee recommends approval of the report.

Ms. O'Doherty made a motion to accept the Internal Auditor's report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING THE ADVOCATE GENERAL'S REPORT**

The Department's Advocate General, Joey Mickey, presented the Advocate General's report to the subcommittee.

There were no questions. Mr. Mickey is present and available to answer any further questions.

The Corporate Accountability Subcommittee recommends the Board accept the report.

Ms. O'Doherty made a motion to accept the Advocate General's report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING THE INSPECTOR GENERAL'S REPORT**

The Department's Chief of Compliance and Accountability Officer, Dewayne Moore, presented the Inspector General's report.

There were a few questions. Mr. Moore is present and available if there are any further questions.

The Corporate Accountability Subcommittee recommends that you accept the Inspector General's report.

Ms. O'Doherty made a motion to accept the Inspector General's report. Ms. Holland seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING THE LEGAL REPORT**

Dr. Crosby presented the Legal Report.

There were a few questions that he addressed. Dr. Crosby is present and available to answer any further questions. If not, the Corporate Accountability Subcommittee recommends the Board accept the report.

Ms. O'Doherty made a motion to accept the Legal Report. Mr. Henderson seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

There was no further business discussed.

**DISCUSSION REGARDING THE REPORT FROM THE PERFORMANCE IMPROVEMENT COMMITTEE**

Dr. Wilsie presented the Performance Improvement (PI) Committee report as follows:

The Performance Improvement Committee met on March 21 via Zoom, and we had one presentation for our March meeting.

Autumn Nickelson, the Executive Director for Northwest Center for Behavioral Health and the Interim Executive Director for the Tulsa Center for Behavioral Health, presented on Harm Reduction at TCBH.

A summary of the presentation is as follows:

The American Medical Association states over the past decade, there has been nearly 50% decrease in opioid prescriptions; however, overdose rates continue to increase. In December 2021, fentanyl overdoses surged to the leading cause of death for adults between ages 18 and 45.

Unintentional opioid overdose deaths increased by 176% in the State of Oklahoma from 2018 to 2022. Nearly 27% of these deaths occurred in Tulsa County.

Recognizing the significant impact on their communities, Tulsa Center for Behavioral Health has begun implementing harm reduction practices and policies in hopes to identify patients at risk, provide education, counseling, collaboration, and appropriate referrals.

Harm reduction supplies such as naloxone and fentanyl test strips are distributed to those at risk as well as anyone who may benefit from harm reduction resources.

### **DISCUSSION AND POSSIBLE ACTION REGARDING THE CRITICAL INCIDENT REPORT**

Dr. Durand Crosby reviewed our Critical Incidents Report summaries and circumstances surrounding these incidents.

The Performance Improvement Subcommittee recommends that the Board accept the Critical Incidents Report.

Dr. Wilsie moved to approve the Critical Incidents Report. Ms. Holland seconded the motion.

### **ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

There was no further business discussed.

**DISCUSSION REGARDING THE REPORT FROM THE FINANCE COMMITTEE**

Ms. O'Doherty stated that the Finance Committee met on Wednesday, March 20, 2024.

**DISCUSSION AND POSSIBLE ACTION REGARDING THE MONTHLY FINANCIAL REPORT**

Ms. O'Doherty stated Rich Edwards presented the FY-2024 finance report for the month ending February 2024. He presented the budget to actual comparisons as follows:

For FY-2024, revenue collections are trending below the projections by 0.3% or \$1.9 million. Expenditures are trending under budget by 2% or \$14 million due to a delay in encumbering funds for the newly awarded grants. The year-to-date net variance for the agency is a positive 2.1% or \$12 million.

The Finance Committee recommends approval of the FY-2024 February financial report.

Ms. O'Doherty moved to accept the FY-2024 February financial report. Dr. Ali seconded the motion.

**ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING BUDGET REVISIONS**

Ms. O'Doherty continued to present the report as follows:

Mr. Edwards also presented revisions to the budget; 7, 8, and 9 to the FY-2024 budget work program. Revision 7 added \$9,836,905 to the budget, revision #8 added \$694,402, revision 9 added \$1,261,495. In total, the 3 revisions added \$11,792,802 to the FY-2024 budget.

The Finance Committee recommends approval of the revision 7, 8, and 9 to the FY-2024 budget work program.

Ms. O'Doherty moved to approve budget revisions # 7, 8, and 9. Ms. Stomprud seconded the motion.

**ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		



There was no further business.

### **DISCUSSION OF NEW BOARD CHAIR**

Commissioner Friesen stated she wanted to thank Ms. Knoblock for her service to this board, which has been incredible (applause). She stated the Agency is also very excited for Ms. O'Doherty to become Chair. She stated she looks forward to getting to know Ms. O'Doherty better, work together, and continue doing great things for ODMHSAS.

Dr. Wilsie made a motion for Ms. O'Doherty to become Chair. Dr. Ali seconded.

### **ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

### **RECESS FOR REAL PROPERTY TRUST**

Ms. Knoblock asked for a motion to call a recess to convene the Real Property Trust meeting.

Ms. O'Doherty made a motion. Mr. Henderson seconded.

### **ROLL CALL VOTE**

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

### **PRESENTATION**

Nisha Wilson, Deputy Commissioner of Treatment & Recovery, presented on the results of the McKinsey study done on behavioral health needs in the state of Oklahoma.

Highlights from Ms. Wilson's presentation include:

The public behavioral health system is compared to everyone in need using standard population prevalence rates; it doesn't take into account many populations including those with private insurance coverage, veteran benefits, tribal nation benefits, etc. This results in minimally helpful information and often the takeaway is: we need more of everything, everywhere, for everyone.

ODMHSAS partnered with McKinsey & Company to create a new methodology for evaluating public behavioral health systems. By narrowing the population to

those intended to be served by this system, ODMHSAS gets a more accurate picture of system strengths and needs. From November 2023 through March 2024, ODMHSAS Decision Support Services worked with McKinsey evaluators to create the analysis.

The evaluation:

- Narrowed the population to include those that met income guidelines, had Medicaid eligibility, uninsured, underinsured, etc.
- Adjusted diagnostic category prevalence rates based on state and national data sets for just this population. Those meeting the eligibility guidelines above will have higher rates of illness.
- Compared the newly focused target population with the new prevalence rates to give us new number served goals.
- Reviewed actual numbers served compared to these new goals

There are an estimated 390,000 ODMHSAS eligible individuals with need, 200,000 of which are currently served by ODMHSAS. The largest gaps in care for ages 18+ are within SUD with 75 counties below 75% of need met.

Next steps:

- This is a first of its kind model that McKinsey built with us and is now working through with other states.
- Target new investments and strategies to expand access by area, service, and population.
- Build repeatable analytics to compare progress on key metrics over time.

## **PRESENTATION**

Commissioner Friesen presented Rebekah Shugart, MS, CM II, CPRSS, BHWC.

Rebekah has worked in the mental health and substance abuse services for over 18 years. She holds a Bachelor of Arts in Family Psychology from Oklahoma Baptist University and a Master of Science in Family and Child Studies from the University of Central Oklahoma. She is currently in a graduate certificate program in Health Care Management from Mid-America Christian University, and her work has included direct consumer care in group and individual settings as well as quality improvement programs in Population Health Management. Currently Rebekah works at NorthCare as a performance improvement coordinator. She is also the vice chair of the Peer Advisory Council at ODMHSAS. Rebekah is passionate about helping people find their renewed sense of hope and strength. Her favorite self-care activities include tap dance and yoga.

Ms. Shugart presented her story, including how she became a recovery support specialist and her time in behavioral health.

**NEW BUSINESS**

Commissioner Friesen introduced the new Deputy Commissioner of Safety & Quality, Kim Corcoran.

Ms. Knoblock thanked everyone for her wonderful 5-year run on the ODMHSAS Board. She stated a lot has been accomplished; Commissioner Slatton-Hodges did a wonderful job of building relationships with the governor's office and the legislature and really bringing more people together and to the table. She stated she is confident about Commissioner Friesen and excited for the Agency. She stated she believes there is going to be a new level of transparency and trust; where there is more trust and transparency, people are willing to make bold investments and bigger changes. She stated she is very supportive of the work Commissioner Friesen will do.

**ADJOURNMENT**

Ms. O'Doherty moved to adjourn the meeting. Mr. Henderson seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. Stomprud	Yes
Ms. Knoblock	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

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Shannon O'Doherty

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Courtney Latta Knoblock, MPA

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Kim Holland, APRN-CNP

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Kari Stomprud, M.Ed.

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Carisa Wilsie, Ph.D.

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