

**BOARD OF MENTAL HEALTH AND
SUBSTANCE ABUSE SERVICES**

May 25, 2023

**Department of Mental Health
and Substance Abuse Services
Oklahoma City, Oklahoma**

Board members present:

Shannon O’Doherty
Kim Holland, APRN-CNP
Gina Pazzaglia, Ph.D.
Kari Stomprud, M.Ed.
Tayyaba Ali, MD
Craig Henderson, LCSW
Carisa Wilsie, Ph.D.

Others present:

Hannah Hawkins, ODMHSAS
Ryan Berry, ODMHSAS
Wendy Larsen, ODMHSAS
Dewayne Moore, ODMHSAS
Dustin Robins, ODMHSAS
Lalob Israel, JCG
Ashira Israel, JCG
Whitney Cipolla, Health Minds
Teresa Greene-Ballard, FOCIS
Change
Counseling

Carrie Slatton-Hodges, Commissioner
Durand Crosby, Ph.D., ODMHSAS
Lissa James, Grand Lake Mental Health
Candice Morrison, Alliance MH
James Stove, Alliance MH
Kelli Reid, ODMHSAS
Carol Ladd, ODMHSAS
Tiffani Osorno, ODMHSAS
Joey Mickey, ODMHSAS
Teresa Collado, The Virtue Center
Drew Cook, SHRED the Stigma
Courtney Hamilton, A Chance to
Jess Lewallen, ODMHSAS

CALL TO ORDER

Ms. O’Doherty called the meeting to order and stated that a quorum was present.

APPROVAL OF MINUTES OF THE March 30, 2023, BOARD MEETING

Ms. Stomprud moved to approve the March 30, 2023, minutes. Ms. Holland seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING APPROVAL OF PROGRAM CERTIFICATION RECOMMENDATIONS

Kelli Reid, Director of Provider Compliance and Assistance, presented the programs recommended for approval listed on Attachment A as follows:

Alcohol and Drug Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: AWS Behavioral Health, L.L.C., Tulsa [OP: Adol., Adult].

Ms. Holland moved to approve permit for temporary operation for the above-referenced program. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

B. Certification with Special Distinction

Certification with special distinction was recommended for: COPE, Inc., Oklahoma City [OP: Adol., Adult].

Ms. Stomprud moved to approve certification with special distinction for the above-referenced program. Mr. Henderson seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

C. Certification with Distinction

Certification with distinction was recommended for: A Better Choice-Counseling Service, L.L.C., Oklahoma City [OP: Adol., Adult]; Multi-County Counseling, Inc., Lawton [OP: Adol., Adult]; and Norman Alcohol Information Center, Inc. dba The Virtue Center, Norman, Purcell [OP: Adol., Adult].

A Better Choice Counseling Service and Multi-County Counseling, Inc. were 100% compliant on all standards and are eligible to receive a refund.

Dr. Wilsie moved to approve certification with distinction for the above-referenced programs. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

D. One-Year-Certification

One-year certification was recommended for: HomeCare Advisors, L.L.C. dba Pinnacle Care, Durant [OP: Adol., Adult].

Ms. Stomprud moved to approve one-year certification for the above-referenced program. Mr. Henderson seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

Outpatient Mental Health Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: A Chance to Change Foundation, Oklahoma City; CREOKS Mental Health Services, Inc., Muskogee; Meta Mental Health, L.L.C., Miami.

Ms. Holland moved to approve permit for temporary operation for the above-referenced programs. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

B. Certification with Distinction

Certification with distinction was recommended for: Alliance Mental Health Community Partnership, Inc., Claremore; CREOKS Mental Health Services, Inc., Vinita; Focis Counseling Services, Inc., Oklahoma City; Hearts of Hope, L.L.C., Elk City; Innovo Counseling and Consulting, Inc., Oklahoma City; Masterpeace Counseling, L.L.C., Midwest City; Mayes County Counseling and Resources, P.L.L.C., Chouteau; Motiv8, Inc., Wynnewood; Nsight for Life, L.L.C., Durant; Pathways Professional Counseling, L.L.C., Oklahoma City; RiverBend Counseling Services, L.L.C., Atoka, Durant; and Southern Oklahoma Treatment Services, Inc., Ardmore, Durant, Kingston, McAlester, Tishomingo.

Ms. Stomprud moved to approve certification with distinction for the above-referenced programs. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes		

C. Two-Year Certification

Two-year certification was recommended for: Jacob’s Counseling Group, L.L.C., Oklahoma City.

Ms. Holland moved to approve two-year certification for the above-referenced program. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes

Programs of Assertive Community Treatment

A. Certification with Special Distinction

Certification with special distinction was recommended for: Grand Lake Mental Health Center, Inc., Ponca City; and Grand Lake Mental Health Center, Inc., Stillwater.

Mr. Henderson moved to approve certification with special distinction for the above-referenced programs. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes

Community Based Structured Crisis Center Programs

A. Certification with Special Distinction

Certification with special distinction was recommended for: Oklahoma County Crisis Intervention Center, Oklahoma City.

Mr. Henderson moved to approve certification with special distinction for the above-referenced program. Dr. Gina seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes

Community Residential Mental Health Programs

A. Certification with Distinction

Certification with distinction was recommended for: C.B.W., Inc. dba Golden Years Residential Care, Konawa.

Dr. Wilsie moved to approve certification with distinction for the above-referenced program. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes

DISCUSSION REGARDING REPORT FROM COMMISSIONER CARRIE SLATTON-HODGES

Commissioner Slatton-Hodges presented her report as follows:

Commissioner Slatton-Hodges participated in the Agency's Tribal Consultation. At least twice a year, the Agency invites Tribal leadership from across the state to gather and discuss initiatives and ways to support one another. There are monthly Tribal behavioral health meetings.

Commissioner Slatton-Hodges participated in Overdose Awareness Day at the Capitol, as part of the Agency's roll-out of the Harm Reduction and Education Campaign. At the event, she acknowledged a number of legislators who did great work to support ODMHSAS. She noted Heath Hayes, Chief of Communications and Strategic Engagement, and his Communications Team have done an excellent job. She mentioned the Naloxone vending machines to be installed in high-risk areas across the state; there will be 44 active by the end of the year.

Commissioner Slatton-Hodges participated in a podcast with Donny Anderson, Executive Director of Oklahoma Bureau of Narcotics. She met with the new Oklahoma County District Attorney, Vicki Behenna, who has been great to work with, as well as Public Defender Bob Ravitz. She also met with new Attorney General Getner Drummond, who has been supportive of the Agency and mental health and addiction issues.

Commissioner Slatton-Hodges stated the agency is partnering with the city of Oklahoma City and their MAPS4 projects that involve additional crisis units for the city; the hope is it would be a one-stop-shop for law enforcement to bring community members with multiple and complex needs.

Commissioner Slatton-Hodges discussed meeting with her staff for their annual off-site goals meeting to discuss the Big Rocks for the next fiscal year. She stated there have been many meetings to discuss architectural drawings and decisions for the new Griffin Memorial Hospital.

DISCUSSION REGARDING THE REPORT FROM CORPORATE ACCOUNTABILITY SUBCOMMITTEE

The Corporate Accountability Subcommittee met Wednesday, May 17, 2023.

DISCUSSION AND POSSIBLE ACTION REGARDING THE INTERNAL AUDITOR’S REPORT

Durand Crosby presented the Internal Audit report and updated the committee on the status of ongoing audits being conducted by the division. (The report has been included in your Board book.)

There were no questions regarding the Internal Auditor’s report.

Dr. Crosby is present and available to answer any questions regarding the report.

The Corporate Accountability subcommittee recommends that the Board accept the Internal Auditor’s report.

Mr. Henderson moved to accept the Internal Audit report. Dr. Gina seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING THE ADVOCATE GENERAL’S REPORT

Mr. Mickey presented the Advocate General’s report to the Subcommittee and updated the committee on the work being conducted by his division. (The report has been included in your Board book.)

There were no questions regarding the Advocate General’s report.

Mr. Mickey is present and available to answer any questions regarding his report.

The Corporate Accountability subcommittee recommends that the Board accept the Advocate General’s report.

Mr. Henderson moved to accept the Advocate General report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING THE INSPECTOR GENERAL'S REPORT

The Department's Inspector General, Dewayne Moore, presented the Inspector General's report to the Subcommittee. The Inspector General's report was reviewed by the Subcommittee. (The report has been included in your Board book.)

There were no questions regarding the Inspector General's report.

Mr. Moore is present and available to answer any questions regarding his report.

The Corporate Accountability Subcommittee recommends that the Board accept the Inspector General's report.

Mr. Henderson moved to accept the Inspector General's report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING THE LEGAL REPORT

Dr. Crosby presented the Legal report. (The report has been included in your Board book.)

There were no questions regarding the Legal report.

Dr. Crosby is present and available to answer any questions regarding his report.

The Corporate Accountability subcommittee recommends that the Board accept the Legal report.

Mr. Henderson moved to accept the Legal report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION REGARDING THE REPORT FROM THE PERFORMANCE IMPROVEMENT COMMITTEE

Dr. Wilsie presented the Performance Improvement (PI) Committee report as follows:

The Performance Improvement Committee met on May 18, 2023, via Zoom.

There were two presentations for the May meeting.

Katie Lenhart, Digital Media Manager, presented on the Harm Reduction Campaign.

A summary of their presentation is as follows:

Accidental overdose is now the leading cause of death for people in the U.S. under 50 years old. Nationally, there were more than 92,000 fatal overdoses in 2020 alone. 70% of these fatal overdoses were driven by opioids, including the synthetic opioid, fentanyl. Furthermore, in accidental overdose deaths more than 80% happen in the home.

In Oklahoma, there are nearly 1,000 accidental overdose deaths related to opioids every year. With resources like naloxone and fentanyl test strips, several of these deaths could have been avoided.

The agency's goal is to provide awareness and access to resources like naloxone and fentanyl test strips to help safely reduce the risk of fatal overdose for every Oklahoman who either uses substances or knows someone who does. Marketing efforts include but are not limited to: an influencer strategy, which garnered more than 30,000 new site visitors to the OKIMREADY.org website and increased naloxone orders by more than 140% via the OKIMREADY.org site; updated creative and messaging that is product-focused to promote naloxone and fentanyl test strips to the general public; PR strategy to connect the message of harm reduction to counties across the state; statewide media buy; and lastly, the installation of 40+ branded, eye-catching vending machines in at-risk counties and communities across Oklahoma.

Teresa Stephenson, Senior Director of Adult & Family-Centered Substance Use Treatment & Recovery Services, presented on the SAFER Initiative.

A summary of their presentation is as follows:

Safely Advocating for Families Engaged in Recovery (SAFER) is a statewide collaboration and initiative with over 30 partners working to provide services within the five points of intervention: Prevention, Prenatal, Birth, Post-natal and Early Childhood. One of the key goals is earlier intervention and to reduce the potential need for Child Welfare and Criminal Justice interventions and support. One avenue of addressing this is through Family Care Plans (FCP) which is a recovery resume' to support persons with a substance use or misuse that want to have a child in the next year, are pregnant and/or have children. This plan is

designed with the family and belongs to the family.

The approach is to increase the family preservation whenever safely possible with robust community supports, focusing on safety and accountability, while maintaining a supportive approach and moving upstream, which has created positive outcomes for families with exposure to substances.

DISCUSSION AND POSSIBLE ACTION REGARDING THE CRITICAL INCIDENT REPORT

Duran Crosby reviewed our Critical Incident Report Summary and the circumstances surrounding the incidents.

The Performance Improvement Committee recommended approval of the Critical Incidents Report.

Dr. Wilsie moved to accept the Critical Incidents report. Dr. Ali seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION REGARDING THE REPORT FROM THE FINANCE COMMITTEE

Mr. Henderson stated that the Finance Committee met Wednesday, May 17, 2023, via Zoom.

DISCUSSION AND POSSIBLE ACTION REGARDING THE MONTHLY FINANCIAL REPORT

Rich Edwards presented the FY-23 finance report for the month ending April 2023. He presented the budget to actual comparison report as follows:

For FY-23 revenue collections are trending below projections by 5.1% or \$30.7 Million, some underspending in federal grants led to lower than projected revenues. Expenditures are trending under budget by 7% or \$43 million due to contracts being set up for the newly awarded grants. The year-to-date net variance for the agency is a positive 2% or \$12.4 M.

The Finance Committee recommended approval of the FY-23 April Financial Report.

Mr. Henderson moved to approve the Financial Report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING BUDGET REVISIONS

Mr. Edwards presented revisions #8, 9 & 10 to the FY-23 budget work program. Revision #8 added an additional \$3,027,054 to the budget for some Long-Range Capital Planning Commission Projects. Revision #9 added \$984,175 to the budget for some newly awarded federal grant awards. Revision #10 added \$6,591,045 in additional budget to recognize additional client care revenue for the state operated facilities.

The Finance Committee recommended approval of revisions #8,9 & 10 to the FY-23 budget work program.

Mr. Henderson moved to approve budget revisions # 8, 9, and 10 to the FY 2023 budget work program. Ms. Holland seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O’Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

PRESENTATION

Commissioner Slatton-Hodges presented on the updates to the Agency’s overall goals, which is referred to internally as Big Rocks. A summary of her presentation was as follows:

ODMHSAS has the following as the major goals in its five-year strategic plan: become a top ten state in lowest number of suicides, reduce overall substance use, and reduce childhood obesity.

Under the subject of lowering suicide rates:

Agency goal: Reach 18,000 people with suicide prevention training; to date, the Agency has trained more than 30,000 people in suicide prevention training.

Agency goal: Increase communication engagement with suicide prevention media outputs by 50%; to date, over 18 million impressions and more than \$3.5 million in earned media.

Agency goal: Increase specialized services for veterans and their families by 50%; a new site location for the Cohens Veteran’s Network will be opened in South OKC.

Agency goal: Increase higher education prevention partnerships to expand to 12

active campuses in provided evidence-based suicide prevention strategies to college students; the Agency met this goal.

Agency goal: Train 500 law enforcement officers in CIT by June 30, 2023; to date, the Agency has trained more than 500 law enforcement officers and established CIT Training Hubs to expand and sustain into the future. Over 1,000 officers have received CIT training from ODMHSAS in the last two years alone.

Agency goal: Develop and establish the Clinical Center for Excellence; to date, the Clinical Center for Excellence is live with a new Learning Management System and is being reorganized to enhance our training quality and offer technical assistance around workforce needs.

Agency goal: Expand older adult mental health expertise in the state; the Agency created new opportunities for specialized trainings and worked with provider networks to elevate services to older adults.

Agency goal: Pilot competency restoration in Oklahoma County jail; the Pilot commenced, and SB 522 passed, establishing competency services in all jails. Governor Kevin Stitt has since vetoed the bill.

Agency goal: Increase URC and Crisis Centers statewide; the Agency established seven new centers this year.

Agency goal: 100% in-state 988 answer rate; 988 received more than 35,000 calls and 8,000 texts since launch at 100% in-state rate.

Agency goal: Create immediate access for services for individuals calling 988; the call center established warm transfer connection opportunities with providers.

Agency goal: Break ground for new Tulsa hospital; groundbreaking occurred following the March 2023 Board meeting.

Agency goal: Increase Oklahoma Forensic Center beds by 80; the Agency breaks ground on a new 84-bed wing addition to OFC in June.

Agency goal: Increase access to care by increasing the number of providers; the Agency is issuing RFPs for new providers and services to increase access to care.

On the topic of reducing overall substance use:

Agency goal: Increase communication engagement with substance abuse related media outputs; the Agency has Running OK, I'm Ready, Tough as a Mother, and Harm Reduction campaigns currently.

Agency goal: Increase school-based primary substance use prevention services (Botvin LifeSkills, AlcoholEdu, PAX Good Behavior Game, ASPIRE) by an additional 38% school sites; to date, the Agency has increased school-based services by 46%.

Agency goal: Distribute 30,000 overdose reversal medications; to date, the Agency has provided more than 60,000 reversal medications and has saved more than 1,500 known people with distribution strategies.

Agency goal: Distribute 15,000 fentanyl test strips; to date, the Agency has provided more than 28,000 fentanyl test strips.

Agency goal: Increase number of school districts using the Multi-Tiered System of Supports approach to preventing/treating mental, emotional, and behavioral

(MEB) problems among youth by an additional 5 school districts; the Agency met this goal.

Agency goal: Increase access to treatment for individuals with or at risk for opioid use disorder by incorporating 24/7 access to Medication Assisted Treatment (settings include Inpatient, Crisis, and Urgent Recovery Centers); the Agency met this goal.

Agency goal: Implement seven new Family Treatment Courts; the Agency continues to surpass this number.

Agency goal: Update of the RBSS curriculum to allow for on-demand education; the new Responsible Beverage Service and Sales training to go live next month.

Agency goal: Decrease overdose deaths by distributing 2,000 medication lockboxes; the Agency met this goal.

Agency goal: Decrease overdose deaths by distributing 3,000 medication disposal bags; the Agency met this goal.

Agency goal: Establish MOUs with 60 law enforcement agencies to administer overdose reversal medication; 52 have been established with more planned this year.

On the topic of reducing childhood obesity:

Agency goal: Develop and launch a childhood obesity training targeting assessment and care planning; the Agency met this goal.

Agency goal: Train 100 people in the use of family and physical activity screening tool; the Agency met this goal.

Agency goal: Increase the number of credentialed wellness coaches trained in youth-focused competencies by 15%; the Agency met this goal.

Dr. Wilsie commented on the growing rates of suicidal ideation she's seen in teen youth, most prevalently in young women. She has been sharing 988 information, so that the teens can contact help on their own terms. She would like to see more focus on targeting teen girls for outreach.

Commissioner Slatton-Hodges agreed. She stated the evidence shows a strong link between suicidal ideation in teen girls and social media use.

PRESENTATION

Commissioner Slatton-Hodges introduced Mr. Drew Cook, Executive Director and Board President of Safety, Harm Reduction, Education, and Delivery; also known as SHRED the Stigma. Mr. Cook shared his story of addiction, recovery, and how SHRED the Stigma works to meet those struggling with substance use where they are now, to create community, hope, and a safety net.

NEW BUSINESS

There was no further business discussed.

ADJOURNMENT

Ms. Stomprud moved to adjourn the meeting. Dr. Ali seconded the motion.

ROLL CALL VOTE

Ms. Holland	Yes	Ms. O'Doherty	Yes
Ms. Stomprud	Yes	Dr. Wilsie	Yes
Mr. Henderson	Yes	Dr. Gina	Yes
Dr. Ali	Yes		

The next meeting will be June 29, 2023 at 9:00 a.m.

Kim Holland, APRN-CNP

Shannon O'Doherty

Kari Stomprud, M.Ed.

Carisa Wilsie, Ph.D.

Gina Pazzaglia, Ph.D.

Tayyaba Ali, MD

Craig Henderson, LCSW