




EMBASSY SUITES
HOTELS®
NORMAN



children's
BEHAVIORAL HEALTH
CONFERENCE
2024
May 7-9

WELCOME

Welcome to the 2024 Children's Behavioral Health Conference! We're thrilled that you've joined us for this exciting event. Over the next three days, you can look forward to a fantastic lineup of insightful discussions, workshops and chances to connect.

We aim to help you learn and collaborate with different speakers, workshops and networking opportunities. You'll also meet experts and fellow attendees who are passionate about improving children's well-being.

Take this opportunity to gain new insights, share ideas and leave feeling inspired to make a difference.

Sincerely,
Allie Friesen
ODMHSAS Commissioner



OKLAHOMA
Mental Health &
Substance Abuse

✓ **Agenda**

Day 1

Tuesday, May 7, 2024

- 8:00 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:45 a.m. Keynote Speaker
- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Sessions
- 12:15 - 1:45 p.m. Lunch On Your Own
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions

Day 2


Wednesday, May 8, 2024

- 8:15 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:45 a.m. Keynote Speaker
- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Session
- 12:15 - 1:45 p.m. Lunch On Your Own
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions

Day 3

Thursday, May 9, 2024


- 8:45 - 9:30 a.m. Registration
- 9:30 - 10:45 a.m. Breakout Sessions
- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Sessions
- 12:15 - 1:45 p.m. Lunch On Your Own
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions



CEU KEY

- 1 General
- 2 LPC Supervisory
- 3 CLEET
- 4 Ethics
- 5 Wellness
- 6 ODMHSAS Supervisory

General CEUs are the following:
LADC, CADC, LPC, LMFT, Social Workers, Psychologists, CPS, Case Management and PRSS

 **Family Friendly Sessions**

Day 1 Tuesday, May 7, 2024



Helpful Tip ✓

At the conclusion of each session write down the code provided next to your session here so you can go back and retrieve it when you're applying for CEUs

8:00 – 9:00 a.m.

Registration

9:00 – 9:15 a.m.

Welcome

9:15 – 10:45 a.m.

Keynote

Rwenshaun Miller | OK E&F | CEU 1.5 1 3 5
“Can't Heal What You Don't Reveal”

9:15 A.M.



Mental illnesses such as depression, ADHD and bipolar disorder are not limited to race, gender or social class. It can affect any of us, directly or indirectly, with a family member or friend. This session is designed to address mental health concerns for Black people by challenging stereotypes and the stigma associated with mental illness while exploring the role of Black social systems and intergenerational trauma as related to mental health challenges in the minority community. You can't heal what you don't reveal, especially for the next generation.

10:45 – 11:00 a.m.

Break

11:00 – 12:15 p.m.

Breakout Sessions

Gregory A. Leskin, Ph.D. | University C | CEU 1.25 1 3
“Supporting Military and Veteran Children: Taking a MITI Kid and Multi-Tiered Approach”

11:00 A.M.



This workshop will integrate research and lived experience by presenting on the Military-Informed, Trauma-Informed (MITI) Kids model, multi-didactic series that builds capacity for evidence-based services for mental health and school staff to understand the unique needs of military and veteran families and children in community clinical and school settings. Participants will hear about ways military and veteran families describe their lived experience to inform our understanding of how-to best support military and veteran families using multi-tiered and trauma-informed approaches.

Julia Reed, LCSW | OK G&H | CEU 1.25 1 3 5 6
“Crisis Response: Meeting the Developmental Needs of Children and Youth”

11:00 A.M.

All communities are reporting increased needs of youth related to crisis supports. With the partnership opportunities of the School Safety and Prevention Act, referrals for crisis response have increased. This session will explore the nuts and bolts of one agency's experience with crisis response, from training and preparation to response, assessment, safety planning and stabilization to staff supports in managing the challenges of engaging in this work, day after day.



Tuesday, May 7, 2024

Suzanne Levy, Ph.D. | [OK I&J](#) | CEU 1.25 **1 3**

“Overview of Family-Based [Youth] Suicide Prevention Workshop”

11:00 A.M.

This workshop provides an overview of our Family-Based Youth Suicide Prevention Workshop in which we discuss state-of-the-art, empirically supported family-based suicide risk management practices to help therapists and clinical staff manage suicide concerns when they arise. Dr. Levy will discuss the importance of involving caregivers in risk assessment, safety planning, and engaging families in treatment when working with adolescents. Lectures and discussions are used throughout the workshop.

Rwenshaun Miller | [University A&B](#) | CEU 1.25 **1 3 5**

“Can't Heal What You Don't Reveal - Follow-up Discussion”

11:00 A.M.



A follow up discussion to Keynote Speaker Rwenshaun Miller's session "Can't Heal What You Don't Reveal." Mental illnesses such as depression, ADHD and Bipolar Disorder are not limited to race, gender or social class. It can affect any of us, directly or indirectly, with a family member or friend. This session is designed to address mental health concerns for Black people by challenging stereotypes and the stigma associated with mental illness while exploring the role of Black social systems and intergenerational trauma as related to mental health challenges in the minority community. You can't heal what you don't reveal, especially for the next generation.

12:15 – 1:45 p.m.

Lunch On Your Own

1:45 – 3:00 p.m.

Breakout Sessions

Halle Carr | [University C](#) | CEU 1.25 **1 3 5**

“Human Trafficking 201”

1:45 P.M.



This session breaks down what human trafficking really is, dispels common myths and shows you how we assess and understand this issue. We'll explore parts of trafficking and unveil the realities of how it happens. You'll also learn to spot red flags, make referrals and discover how you can be part of the solution in your local community, with a special focus on The Dragonfly Home's role in supporting victim-survivors and the services we provide. Get ready for an informative and empowering experience that will leave you equipped and inspired!

Justin Puder, Ph.D. | [University A&B](#) | CEU 1.25 **1 3**

“The Impact of Social Media on Youth Mental Health from the Perspective of a Psychologist Content Creator”

1:45 P.M.

Dr. J discusses the impact of social media on youth mental health using both clinical data and lived experience as a content creator. He offers tips for parents and professionals to navigate this ever-changing landscape.



Tuesday, May 7, 2024

Haley Hegwood, Melanie Ferguson | **OK G&H** | CEU 1.25 **1 3 5**
“N.E.A.R. Science-Beyond ACEs”

1:45 P.M.



N.E.A.R. science is a cluster of science that stands for Neurobiology, Epigenetics, Adverse Childhood Experiences (ACEs) and Resilience. This cluster gives us a more whole picture of the experiences over the life course and over generations. We know that exposure to and experiences of trauma early in life as well as Adverse Childhood Experiences (ACEs) can increase risks of long-term physical, emotional and social disparities; however, we also know that protective factors can support children, adults and families and decrease those risks. This training explores how life experiences impact our biological nervous system as well as how those experiences can influence the ways in which our genes are expressed from one generation to the next. It takes a deeper dive into the ACEs Study and how to interpret the results to find best fit practices to increase the Core Protective Factors of building capabilities, increasing attachment, belonging and fostering the growth of community, culture and spirituality.

Suzanne Levy, Ph.D. | **OK I&J** | CEU 1.25 **1 3 5**
“An Overview of Attachment Based Family Therapy”

1:45 P.M.

Attachment-Based Family Therapy (ABFT) is a manualized, empirically supported family therapy for adolescents ages 12-18 and young adults and their parents that is designed to treat depression, eliminate suicidal ideation, and reduce dispositional anxiety. Tested with diverse families, including low-income and minority families, the model is based on an interpersonal theory of depression, which proposes that the quality of family relationships may precipitate, exacerbate, or prevent depression and suicidal ideation. In this model, ruptures in family relationships, such as those due to abandonment, neglect, or abuse, a harsh and negative parenting environment, or caregiver misattunements and empathic failures, influence the development of adolescent depression. Families with these attachment ruptures lack the normative secure base and safe haven context needed for an adolescent’s healthy development, including the development of emotion regulation and problem-solving skills. These adolescents may experience depression resulting from the attachment ruptures themselves or from their inability to turn to the family for support in the face of trauma outside the home. ABFT aims to strengthen or repair caregiver-adolescent attachment bonds and improve family communication. As the normative secure base is restored, caregivers become a resource to help the adolescent cope with stress, experience competency, and explore autonomy. Dr. Levy will provide an overview of the theoretical principles and clinical strategies of ABFT using lectures and therapy videos.

3:00 – 3:15 p.m.
Break

3:15 – 4:30 p.m.
Breakout Sessions

Day 1

Tuesday, May 7, 2024

Ashleigh Kraft, LPC-S, IECMH-E & Angela Fultz, LPC-S, IECMH-E | University C | CEU 1.25 1 3
“Child-Parent Psychotherapy Booster Session”

3:15 P.M.

This session is intended for clinicians who have previously completed the Child-Parent Psychotherapy training. Trainers will share updates to the CPP model and fidelity metrics as well as practical resources for supporting CPP implementation. Participants will practice applying CPP model elements to case scenarios. This session is designed to reinvigorate your CPP practice and support your continued adherence to the fidelity of the model.

Emily Farmer, LCSW | OK I&J | CEU 1.25 1 3 6
“Wrapping Around Families During Crisis: Team Dynamics for Crisis Stabilization”

3:15 P.M.

This session will explore ways to strengthen clinician response to client crisis, through the lens of Family & Children's Services (F&CS) suicidologist initiative. The presenter will review steps taken to educate, empower and provide access to clinical tools and specialized consultation for all levels of credentialing. Discussion will explore outcomes including increased support for all members of the service delivery team, increased skill and confidence in safety risk assessment, and child/family safety and support.


Dr. Sara Rich & Dr. Brit'ny Stein | University A&B | CEU 1.25 1 3 5
“Supporting Student with Behavioral and Emotional Difficulties”

3:15 P.M.

Feel like you have tried everything to change your student or child's behavior? Frustrated with their difficulty in learning academic content because they struggle to regulate their behavior and emotions? Come learn about the science of behavior and how it links to a comprehensive toolbox of strategies for supporting student behaviors. Participants will leave with a deeper understanding of how student behavior works, as well as practical solutions to PREVENT inappropriate behaviors, TEACH and REINFORCE appropriate behaviors and RESPOND to inappropriate behaviors.

Dr. Yemi Adeyiga, Ph.D. | OK G&H | CEU 1.25 1 3 5
“Using Trauma in Your Defense: Defending Youth Conduct Through the Trauma Lens at Key Junctures in JJ System”

3:15 P.M.

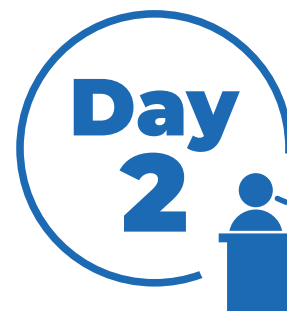
 In this session, we will learn to change our perspectives about problematic behaviors by changing how we view the problems. Studies show that when we change how we look at things, the things we look at change. As such, we will provide you with information to make you more trauma informed. We hope your inquiry about young people's behavior will change from "What is wrong with you?" to "What happened to you?"



End of Day 1



Wednesday, May 8, 2024



8:00 – 9:00 a.m.

Registration

9:15 – 10:45 a.m.

Keynote



Robert Anda, MD, MS | OK E&F | CEU 1.5 1 3 5
“Understanding ACEs: Bringing Healing to Communities”

9:15
A.M.



This presentation will include a review of how adversity gets embedded in neurodevelopment and affects the way our genome may be used. The public health and community-wide implications of the Adverse Childhood Experiences (ACEs) Study will be reviewed and specific examples of how this science has shown how ACEs affect the goals and practices in human service systems (education, justice, health care) in the community will be provided. Self-Healing Communities use this science and the understanding and compassion that flows from it as a platform to engage the creativity, minds and hearts of all people in the community that can lead to healing at the individual level and to a culture of change. This change brings people who have been affected by ACEs and the systems that serve them together to bring hope, new meaning and understanding that is necessary for moving beyond old ways of thinking about trauma, ACEs and their related outcomes. These changes unlock the latent potential and creativity in communities that lead to new ways to interrupt the intergenerational cycle of ACEs and reduce exposure to ACEs for the generations to come.

10:45 – 11:00 a.m.

Break

11:00 – 12:15 p.m.

Breakout Session



Robert Anda, MD, MS, Dr. Jennifer Hays-Grudo, Beth Whittle, Kim Whaley, LaChez English and Sharon Millington | OK E&F | CEU 1.25 1 3 5

11:00
A.M.



“Understanding ACEs: Bringing Healing to Communities – Follow-up Panel”

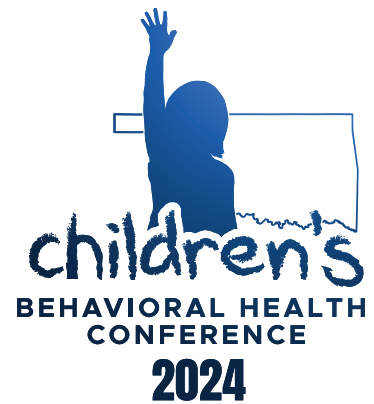
The purpose of the Panel is to give the audience insight into how understanding ACEs influences your thinking, the work you do, next steps for prevention and services, and to stimulate partnerships and connect with audience members moving forward.

12:15 – 1:45 p.m.

Lunch On Your Own



Wednesday, May 8, 2024



1:45 – 3:00 p.m.
Breakout Sessions

Valerie Isaacs, LPC-S, IMH-E® | [University A&B](#) | CEU 1.25 **1 3**
“Trauma in Infants and Young Children”

1:45 P.M.

Have you ever wondered if infants and young children can really remember traumatic things that happen to or around them? Have you wondered what the symptoms look like for an infant or young child who has experienced trauma? If the answer is yes, then this session is for you! We will be looking at types of traumas, how to recognize symptoms of trauma and the responses to trauma that we see in infants and young children. Additionally, we will look at the impact of trauma on the domains of development as well as the impact on the parent-child relationship. Join us as we continue this journey into the world of trauma from an infant mental health perspective.

Natalie Gallo, LPC | [OK G&H](#) | CEU 1.25 **1 3**
“Adolescents with Problematic Sexual Behavior: This is Serious...But There is Hope”

1:45 P.M.

How have the changing times shaped what’s considered developmentally typical, concerning and problematic adolescent sexual behavior (PSB)? What factors influence teen problematic sexual decision-making? Can teens who have engaged in PSB learn to engage in legal, safe and healthy sexual decision-making? This presentation will provide a primer on adolescent sexual behavior on a continuum from normative to problematic and harmful. Current knowledge will be shared on the prevalence of PSB in adolescents and common misconceptions regarding teens who engage in PSB. Lastly, an overview of the essential elements of PSB treatment will be provided along with local resources for adolescents in Oklahoma and their families.

Joni Bruce | [University C](#) | CEU 1.25 **1 3**
“Community and State Resources Across the Life Course to Assure a Good Life Resources are Plentiful in Some Areas and Not Others”

1:45 P.M.



Where they exist, are they what we need, do we know how to identify them and even create them to assure individuals with behavioral health, developmental disabilities and other disabilities can have a “Good Life”, as they define it? This session will discuss all types of resources, not just those that require a lengthy qualification process. Individuals with behavioral health needs, disabilities, families and the professionals that serve them will all benefit from this session.



Wednesday, May 8, 2024

Zach Sneed, Ph.D., CRC, LCDC, BC-TMH | **OK I&J** | CEU 1.25 **1 3**
“Adolescent Behavioral Health: Early Intervention for Substance Use Issues”

1:45 P.M.

In light of shortages in behavioral and mental health resources, coupled with a rising demand, there is a critical need for evidence-based services addressing substance use concerns among youth and families. Recognizing that some clinicians may lack awareness of contemporary evidence-based approaches and others may face time constraints hindering regular attendance at continuing education activities, this session aims to bridge these gaps. Attendees will gain insights into the latest data on youth substance use rates, alongside practical information on brief assessment practices and interventions that can be integrated across diverse settings. This conference workshop offers a timely and comprehensive exploration of strategies to enhance clinicians' proficiency in addressing substance use concerns among youth. Information relevant to families and advocates will also be shared.

3:00 – 3:15 p.m.
Break

3:15 – 4:30 p.m.
Breakout Sessions

Jordan Park, LMFT | **OK G&H** | CEU 1.25 **1 3**
“How to Support Children and Youth Through Traumatic Grief”

3:15 P.M.



Even as the conversations around mental health and the impact of trauma continue to grow, our conversation around grief often remains taboo. Every person will experience grief in their life, it is inevitable. However, as a society we often do not know how to process or cope with our own grief, let alone support a child through their loss. Despite the age-old cliché, children are not as resilient as we want to believe. After a traumatic loss, children are left with big feelings in little bodies. The adults in their lives might provide support through platitudes, forced hugs, unanswered questions and “I’m sorrys.”, but children desperately need support to work through their emotions, and to even understand the concept of death. Therefore, it becomes the responsibility of the adults in their lives to provide the vital support they need. If left unaddressed, the traumas that occur early in their lives have the potential to cause chronic issues that can last through adolescence and into adulthood. This presentation will address what are developmentally appropriate grief reactions, how to talk with children and youth grieving from a traumatic death, and skills we can use to help them regulate and cope.



Wednesday, May 8, 2024



Session ends at 5 P.M.



Laurie Conaty, MSW, LCSW, LCAS | [University A&B](#) | CEU 1.75 **1 3 4**

“Motivational Interviewing as an Intervention with Under 18's and Their Legal Guardians: A Consideration of Ethics and Fidelity to the Model”

3:15 P.M.

Motivational Interviewing (MI) is often used as a 'stand-alone' intervention or a component of other interventions. Yet, MI has very clear, research-driven, recommendations around respecting client autonomy and intervening in the client's best interest and in accordance with the client's goals and values. This workshop will think out loud about, who is the client? How does the fact of being under 18 impact honoring client autonomy? Is there a (better) way to conceptualize who the client is in MI-informed interventions with under 18's? This workshop provides an opportunity to consider these important questions, some legal considerations around client autonomy with under 18's and a look at an ethical decision-making model that can be of use.



Joan Kenerson King, RN, MSN | [OK I&J](#) | CEU 1.25 **1 3**

“Talking with Teens and Parents About Social Media and Mental Health”

3:15 P.M.

Social media is a given for most of us and provides potential benefits and carries risk for teens. This session will review the current evidence, discuss ways to reduce the risks and increase the benefits of social media as well as to provide conversation ideas.



Terrence X. Spain MPH | [University C](#) | CEU 1.25 **1 3**

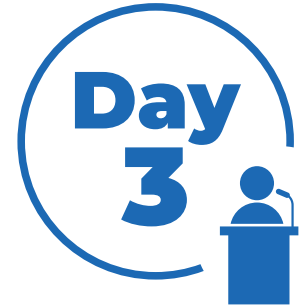
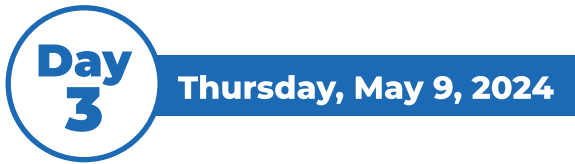
“Neurodivergent Adolescents and Substance Use: My Brain Does Not Work Like That”

3:15 P.M.

Neurodivergent adolescents, such as those with autism or ADHD, may face unique challenges and risks when it comes to substance use. While some studies suggest that neurodivergent individuals are less likely to use substances, others indicate that they may be more prone to substance misuse or abuse, especially as a form of self-medication for their mental health symptoms. Substance use during adolescence can have significant impacts on the brain, affecting its structure, function and development. In this session, we will review the current research on the neurobiological and behavioral consequences of substance use among neurodivergent adolescents and discuss the implications for prevention and intervention strategies. We will also explore the concept of neurodiversity, and how it can inform our understanding and support of neurodivergent individuals and their families.



End of Day 2



8:45 – 9:30 a.m.

Registration

9:30 – 10:45 a.m.

Breakout Sessions

Bonni Goodwin, Ph.D., LCSW | OK I&J | CEU 1.25 1 3
“Adolescence and Adoption: Supporting Adopted Teens”

9:30 A.M.

After listening to adoptive parents and adoptees in Oklahoma discuss their experiences in adoption from foster care, it became clear that adolescence holds incredible opportunities as well as the potential for some challenging times for adopted kids. In this presentation, we will discuss some of the reasons why adolescence is such a meaningful time for children and families in post-adoption. We will also review some current and potential supports and services that are tailored specifically to the needs of adopted teens and their families.

Matthew Spencer, MA, LPC, CPRSS, Jeff Harlin, LCSW and Nicholas Allgood, MA, LPC, CPRSS | University C | CEU 1.25 1 3

9:30 A.M.

“Brief Stay Therapeutic Homes and Family Assessment Centers: Answering Community Concerns in Children’s Behavioral Health Response”

Speakers will cover the development and implementation of the Brief Stay Therapeutic model. We will share the outcomes of the utilized model as we continually track the success and expansion of promoting community success. We will also share the information and outcomes of our Family Assessment Centers, where we have been highly successful in handling children’s behavioral health crisis outside of the ER and de-escalating to an appropriate level of care. We will also share the family model utilized at our Family Treatment Center.

Bobby Kern Ph.D., CFLE | OK G&H | CEU 1.25 1 3 6
“Gimme a Break: Respite and Resilience”

9:30 A.M.

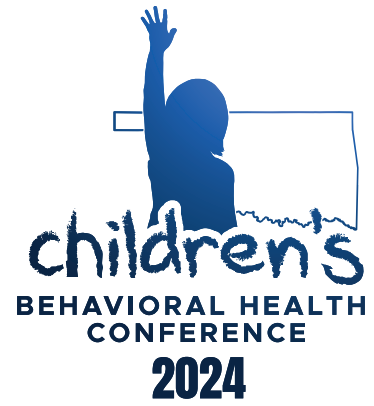


We work in a field where trauma abounds in the families with which we work. And we all have our own individual stress. When those things combine, it can make for a life that screams, "Gimme a break!" Dr. Kern will guide us through a basic understanding of trauma and the need we all have for respite. Through his expertise and use of comedy, Dr. Kern will encourage us all to take breaks when needed and to feel good about it when we do.

Yifrah Kaminer, MD | University A&B | CEU 1.25 1 3
“Youth Fatal Drug Overdose in the US: The Scope and Role of Suicide Intentionality”

9:30 A.M.

Fatal drug overdose (OD) led primarily by fentanyl, other opioids and polysubstance has been increasing steadily impacting American youth (under the age of 26 years) as well. Suicidal behavior among youth has also been on the rise for the last 15 years. The session will review trends in the epidemiology of both issues followed by a discussion of recent findings regarding the manner of death by suicide (intentional) compared to accidental (non-intentional) OD. Finally, an examination of potential means to improve the identification, prevention, and intervention of fatal OD among youth will conclude the presentation.



Day 3

Thursday, May 9, 2024

10:45 – 11:00 a.m.
Break

11:00 – 12:15 p.m.
Breakout Sessions

Valerie Isaacs, LPC-S, IMH-E® & Hannah Worlitz, LPC, IMH-E® | OK G&H | CEU 1.25 1 3 5
“DC:0-5 Overview”

11:00 A.M.

The DC:0-5 Overview session is perfect for those who are curious about infant and early childhood mental health (IECMH) and how the process of diagnosis differs from that of older children, adolescents and adults. As home to the DC:0-5, ZERO TO THREE promotes what are best practices in IECMH and in this training, you will learn the history of the DC:0-5 diagnostic manual for infants and young children. You will also learn the importance of the use of the multi-axial approach to diagnosing infants and young children. We hope you will join us as we orient you to this exciting and comprehensive approach!

Joan Kenerson King, RN, MSN | University A&B | CEU 1.25 1 3
“Building an Integrated Whole Health Approach with Children, Adolescents and Their Families”

11:00 A.M.

As the behavioral health needs of children and adolescents increase, their physical health is also at increased risk. This session will explore strategies to engage families in health care, principles of care coordination with children and families and provide an opportunity for discussion of successes and challenges.

Camal Pennington | OK I&J | CEU 1.25 1 3
“Strategies for Strengthening Families in Oklahoma”

11:00 A.M.



This session will be focused on family strengthening programs through It's My Community Initiative (IMCI) - a 501(c)(3) non-profit organization in Oklahoma City, with a mission of developing and expanding efforts to strengthen communities by building strong, healthy families. IMCI spearheads community projects using research-informed strategies to equip financially vulnerable families with the tools to overcome challenges and build long-term stability through community-based programs, education and workforce development. IMCI pursues its mission through programs funded by local, state, federal, philanthropic and corporate partners. Those programs currently include: TRUEDads, Safe Families Oklahoma, It's My Community Youth Initiative and Work Ready Oklahoma.

Gregory T. Conway | University C | CEU 1.25 1 3
“Healing & Hope”

11:00 A.M.



Gregg Conway will explain the development and implementation of the "Relationship Healing Model," designed for and utilized with every boy coming to Tulsa Boys' Home for treatment and support.

12:15 – 1:45 p.m.
Lunch Session or Lunch On Your Own



Thursday, May 9, 2024

1:45 – 3:00 p.m.

Breakout Sessions

Lori Hollingsworth M.Ed, LPC & Angela Johnson MHR, LPC | **OK G&H** | CEU 1.25 **1 3 6**
“School-Based Mental Health Professionals Role in Teaming”

1:45 P.M.

In this session, we will discuss Mental Health MTSS and will review best practices for teaming with licensed mental health professionals in the school setting.

Tonickia Miller FSP, BHA, CM I & Angela Martindale Ph.D., RN, BHWC | **University A&B** | CEU 1.25 **1 3 6**
“Crisis Prevention Institute - How We Were Able to Use a Trauma Informed Model to Improve De-escalation Techniques During a Crisis”

1:45 P.M.

This presentation will provide insight into how we trained our staff in Crisis Prevention Institute (CPI), the positive response we have received from everyone who has been through the training and provide a heavy emphasis on verbal de-escalation techniques including some role-playing. The information will be transitional and easy to follow so you can take it back to your area to share with your teams.

Karen Harvey | **University C** | CEU 1.25 **1 2 3**
“Clinical Supervision: Use of Reflective Practice in Clinical Supervision”

1:45 P.M.

Join us for a training session focused on using reflective practice within clinical supervision. In this workshop, participants will delve into the concept of reflective practice and discover the benefits of incorporating it into their supervisory approach. Through discussions and self-reflection activities, attendees will gain practical skills in facilitating reflective discussions with supervisees, fostering a culture of self-awareness, critical thinking and professional growth.

Kimberly Miller | **OK I&J** | CEU 1.25 **1 3**
“Scout's Room: Let's Talk About It”

1:45 P.M.

This is meant to be an educational experience designed to educate parents/caregivers and adult allies around the challenges that substances can affect and impact within our children and youth.



You will walk away with knowledge around the latest trends, red flags to watch for and more importantly how to talk to your kiddos about these subjects. Lastly, we will leave you with a plethora of HOPE and knowledge around resources you and your family can access for support and help.

3:00 – 3:15 p.m.

Break



Thursday, May 9, 2024

3:15 – 4:30 p.m.

Breakout Sessions



Nicolle Moore, LMFT, IMH-E | [OK I&J](#) | CEU 1.25 [1](#) [3](#)

“Growing and Sustaining Infant Early Childhood Mental Health Consultation in Oklahoma”

3:15 P.M.

As the Georgetown Center for Excellence cites, “Infant and Early Childhood Mental Health Consultation (IECMHC) is an evidence-based service in which mental health professionals, with early childhood training, partner with the adults in young children’s lives to build their capacity to foster healthy social-emotional development. With roots in infant mental health and community psychiatry, IECMHC enhances equity by strengthening caregiving environments for children who are at risk for negative mental health outcomes and affected by systemic inequities.” In Oklahoma, there is recognition that IECMHC services, in a variety of settings, have positive outcomes for young children and families. The social-emotional well-being of the child improves, challenging behaviors decrease and adult caregivers feel more confident to provide nurturing support to the children in their care. In this session, participants will learn about the Georgetown model for IECMHC, acquire evidence to support its effectiveness and understand efforts to grow and sustain the service here in Oklahoma.



Andrew M. Monroe, LCSW | [University C](#) | CEU 1.25 [1](#) [3](#)

“Small Towns with Big Possibilities: Creative Solutions to Providing Treatment for Children and Teen with Problematic Sexual Behaviors in Rural and Frontier Communities”

3:15 P.M.

During this presentation, participants will learn a brief overview of children and teens with problematic sexual behaviors (PSB) and issues facing rural and frontier communities in relation to mental health services and, specifically, PSB treatment. Information will be provided to develop possible solutions to these issues. Resources for providing services to children and teens with PSB in smaller communities will also be provided.



Laurie Conaty, MSW, LCSW, LCAS | [University A&B](#) | CEU 1.25 [1](#) [3](#) [4](#)

“Ethical Considerations in Working with Under 18's in Treatment”

3:15 P.M.

This session will take a very specific look at ethical considerations around the issue of who is the client when working with under 18's. It will intentionally weave together concepts of best practice in the treatment of dependent clients, strategies for approaching ethical dilemmas (including an ethical decision-making model) and ways to remain ethical in our practice while navigating the complexity of potential (likely, sometimes!) divergent expectations between legal guardians and the client!



Thursday, May 9, 2024

Nyomi Barrick-Wommack and Porsha Riley | **OK G&H** | CEU 1.25 **1 3**
"The Oklahoma Medical Marijuana Program"

3:15
P.M.

Experience an informative session examining Oklahoma's medical cannabis market, analyzing current data trends and their impact on the state's youth. Dive into the scientific understanding of how medical cannabis interacts with the human body, emphasizing its similarity to other medications. This session promises an engaging discussion, shedding light on crucial aspects shaping our understanding of the influence of the program toward youth and substance abuse.



End of Day 3

A Special Thanks
to our...



CONFERENCE SPEAKERS

Thank you for your knowledge, experience and time! We are so encouraged by your stories and excited to apply what you have shared.



CONFERENCE ATTENDEES

Thank you for attending this year's Children's Behavioral Health Conference! You make this conference possible. Each attendee has their own reason for being here and we hope you enjoyed this year's conference.



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