#### Building Healthy Communities and Preventing Child Maltreatment: A Shared Responsibility

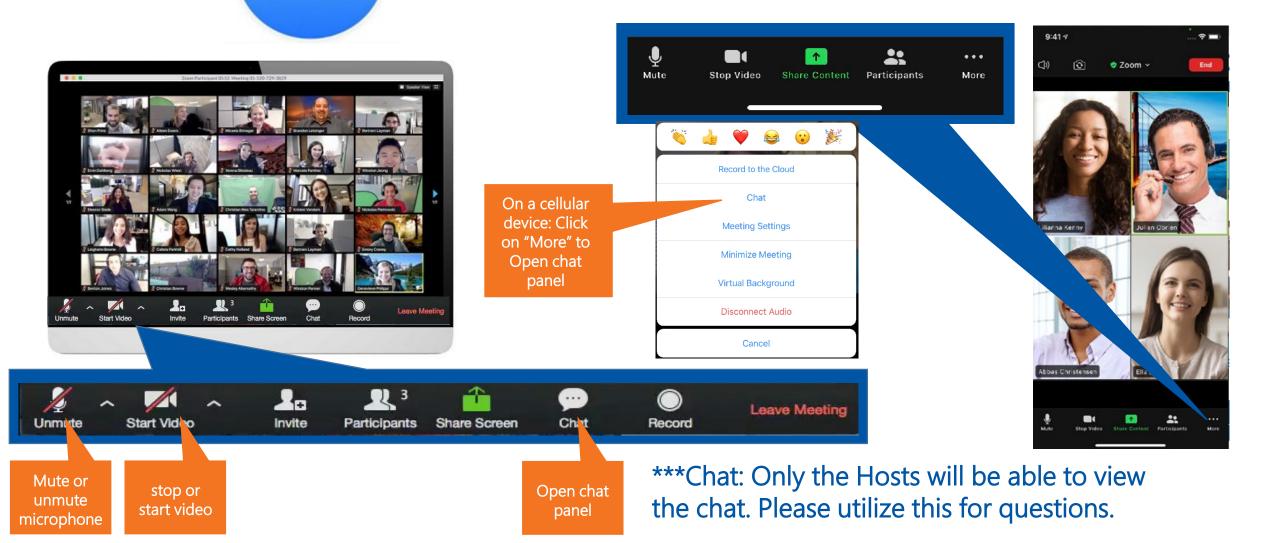






Oklahoma State Department of Health and Oklahoma Human Services, Child Welfare Services October 8, 2020

#### **Zoom Orientation**



OKLAHOMA







### Welcome



#### Justin Brown

Secretary of Human Services and Early Childhood Initiatives



#### OKLAHOMA DEPARTMENT OF **HUMAN SERVICES**



FINDING #ourOKDHS TRUE NORTH

# The' *True North*' is intended to be the compass and the guiderails to provide:

NORTH

- 1) *Motivation* to the team to achieve our goals,
- 2) Empowerment to our workforce to know the direction that we are heading and to see the guardrails to make sure that we are heading there together,
- 3) Direction and guidance in making decisions and setting time resource and budget priorities, and
- *Transparency* in communicating the goals of our agency to our stakeholders to allow for feedback and collaboration to reach the goals of the agency with our partners.

*True North* is intentionally broad enough to allow divisions to be truly innovative in how they serve. Beyond the aspirational focus focus provided by True North, the agency has identified a small number of critical metrics that drive value for each *True North North* goal. These metrics will allow the agency to evaluate opportunities to measure progress on each *True North* value, and and provide evidence of progress towards becoming a Top 10 agency.

'Every discussion we have, every decision we make, and every priority we set should be should be tied measurably to our *True North* goals.'

#### EXECUTIVE LEADERSHIP TRUE NORTH

E1 – Become a 'Hope Centered Organization,' recognizing the trauma that we all bring, and building hope and resiliency in ourselves, our customers and our communities.

E2 – Remove systematic barriers that keep our families from being successful by meeting our customers where they are to provide needed resources in a more effective manner;

E3 – Become an 'Elite Employer,' by improving work/life balance, cultivating talent, improving retention rates, providing for the health and mental health needs of our team, and receiving formal outside recognition as a Best Place to Work;

E4 – Become the model of efficiency, effectiveness and transparency, serving our community free from fraud, waste or abuse;

ourOKDHS.org

Our focus is to 'Promote the Safety, Independence and Wellbeing of Oklahomans.'

#### • Executive Leadership TRUE NORTH

E5 – Innovation – Become a national thought leader and program innovator, embracing new ideas from internal and external sources;

E6 – Introducing *ourOKDHS* to the public and to our partners in the community through strategic engagement, effectively communicating our desire for deeper relationships and collaborative efforts;

E7 – Build a culture of equity, diversity and inclusion, evaluating our current systems and building new systems that embrace on another as equals.

E8 – Move the agency to a space of prevention, going 'upstream' to build a system that supports families with services and resources before they are in crisis;

Our focus is to 'Promote the Safety, Independence and Wellbeing of Oklahomans.'

<u>ELTN 1 - Become the a 'Hope Centered Organization,' recognizing the trauma</u> <u>that we all bring, and building hope and resiliency in ourselves, our customers</u> and our communities

- Formally contracted with Dr. Chan Hellman, a leading researcher in 'the Science of Hope' to dig deep into our programs to identify areas in which we build hope and areas in which we an build more hope in those we serve.
- Developed and implemented a comprehensive Hope education platform for OKDHS;
- Measured individual and collective hope for the first time as an agency;
- Working to develop a 'Hope Summit' alongside the First Lady, to position the State of Oklahoma as a Hope Centered State, educating the nation on the Science of Hope;
- Utilizing HOPE Language across the agency through continued training and development, allowing the team to understand goal setting, pathways & willpower;

<u>ELTN 2 – Removing systematic barriers that keep our customers from being successful by</u> <u>meeting our customers where they are to provide needed resources in a more effective</u>

#### <u>way.</u>

- Launching the 'Service First' model, utilizing the True North platform to prioritize services to our customer and our workforce;
- Dramatically expanded the 'embedded worker' program, deploying our workforce into the community to meet our customers where they are;
- Begun a deep conversation with other state agencies to discuss co-locating and collaborating to serve our customers together;
- Dramatically expanding school based social services as a platform to engage with our customers where they are;
- Began embedding social work teams in the first OKCPD precinct;
- Developing the concept of interagency multidisciplinary teams to solve problems for families together;
- Built the Community Hope Center model, deepening our direct relationship with communities in need;

<u>ELTN 6 – Introducing ourOKDHS to the public and to our partners in the</u> <u>community through strategic engagement, effectively communicating our</u> <u>desire for deeper relationships and collaborative efforts.</u>

- Building a full-scale Strategic Engagement platform, developing deep relationships with legislators, non-profits & foundations, tribal and other community partners;
- Restructured communications team to tell the true story of OKDHS to the community;
- Building deep partnerships with other state agencies (OHCA, ODMH, OSDE, OSDH, OMES, ODPS);
- Rebuilding the entire internal communications strategy and toolkit;
- Developing a customer engagement strategy to get insight from our customers when building large scale systems;

<u>ELTN 7 – Build a culture of equity, diversity and inclusion, evaluating our current systems</u> <u>and building new systems that embrace on another as equals.</u>

- Formally engaged with Stronger Together as a leader in organizational equity to identify bias and build strategies to address systemic discrimination;
- Developed workforce listening sessions with 'The People's Work' to inform the future of our 'Internal Council on Equity'
- Launched the Council of Voices to engage the voices of under-represented communities;
- Defining an 'equitable organization' providing resources to our partners to understanding how to evaluate & address systemic bias;

<u>ELTN 8 – Move the agency to a space of prevention, going 'upstream' to build a system</u> <u>that supports families with services and resources before they are in crisis;</u>

- Developing a 'Poverty Plan' to address Social Poverty, Resource Poverty & Economic Poverty to provide the resources that a community needs to be successful in times of stress;
- Building a culture of prevention, prioritizing developing custom supports over preformed interventions to solve specific problems and to promote stronger families and resilient communities.

#### OKLAHOMA DEPARTMENT OF **HUMAN SERVICES**



FINDING #ourOKDHS TRUE NORTH



### **Oklahoma State Department of Health**

#### STATE PLAN FOR THE **PREVENTION** OF **ABUSE** & NEGLECT

2019 - 2023

### Beth Martin, MA, CCC

Director, Family Support & Prevention Services







### **Oklahoma State Department of Health**



2019 - 2023

State Plan Surveys <u>Community Survey</u> Preliminary Results

https://go.usa.gov/xG6nj

Amy Dedering, MPH

Program Evaluator, Family Support & Prevention Services

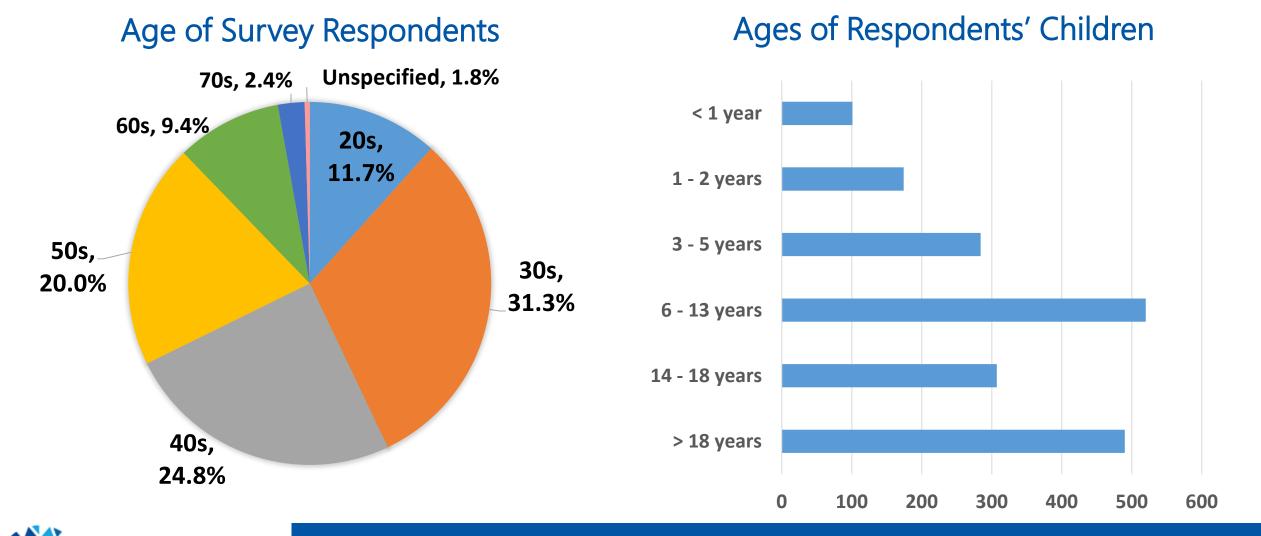


### State Plan Community Survey

- Began survey sharing 7/31/2020
- Ended survey sharing 9/11/2020
- ✤ 1902 replies
- ✤ 1230 viable surveys



## Demographics



OKLAHOMA

#### Please indicate if you are aware or have used the following:

Home Based Services	
Have used this	21.5%
Know of it, but haven't used	50.4%
Have not heard of this	28.1%

Parent Support Programs	
Have used this	6.5%

Know of it, but haven't used	29.8%
Have not heard of this	63.7%



How would you describe your experience accessing the following services for you or your child?

#### Responding Easy or Very Easy

Prenatal Health Care	
Easy	84.9%
Difficult	15.1%

Services that are appropriate for	
your culture and language	
Easy	79.3%
Difficult	20.7%



How would you describe your experience accessing the following services for you or your child?

Responding Difficult or Very Difficult

Quality Child Care	
Easy	30.3%
Difficult	69.7%

Services for child's social, emotional, and/or behavioral development	
Easy	42.1%
Difficult	57.9%



#### I know where to get help if...

Responding Agree or Strongly Agree

I was having trouble providing food for my family	
Agree	75.1%
Disagree	24.9%

# I wanted to know more about my child's development

Agree	70.2%
Disagree	29.8%



#### I know where to get help if...

Responding Disagree or Strongly Disagree

I was having trouble with housing	
Agree	41.3%
Disagree	58.7%

I wanted home-based my family	l services for
Agree	43.6%
Disagree	56.4%



## Awareness of Child Abuse and Neglect

Have you ever reported child abuse/neglect?

✤ Yes – 47.9%

- Are you familiar with the laws in Oklahoma for reporting child abuse and neglect?
   Yes – 71.4%
- Are you currently concerned that a child you know is being abused/neglected?
   Yes 11.8%



### **COVID-19 Pandemic**

Compared to before the COVID-19 pandemic, during social distancing, was there more positive TOGETHERNESS in your household because of...

#### Responding: More than before

Spending leisure time together	
Less than before	12.7%
Same as before	33.5%
More than before	53.8%

Getting involved in the children's education		
Less than before	10.0%	
Same as before	43.5%	
More than before	46.4%	



### **COVID-19 Pandemic**

Compared to before the COVID-19 pandemic, during social distancing, was there more positive TOGETHERNESS in your household because of...

#### Responding: Less than before

Engaging in conversation	
Less than before	7.6%
Same as before	42.4%
More than before	50.0%

Going on errands together		
Less than before	40.1%	
Same as before	30.2%	
More than before	29.7%	



### **COVID-19** Pandemic

Compared to before the COVID-19 pandemic, during social distancing, were there more CONFLICTS in your household about...

Responding: More than before

Decisions on going out (errands, appointments, visits)	
Less than before	14.4%
Same as before	39.5%
More than before	46.1%

Decisions about visitors to the home		
Less than before	14.2%	
Same as before	37.1%	
More than before	48.7%	





### Any Questions or Comments?

amyd@health.ok.gov





### **Oklahoma State Department of Health**



2019 - 2023

State Plan Surveys Stakeholder Survey Preliminary Results

https://go.usa.gov/xG6n4

**Aneera Sadiq, MBBS, MPH** Epidemiologist, Family Support & Prevention Services



### State Plan Stakeholder Survey

- Survey launched: 7/31/2020
- Survey closed: 9/11/2020
- Duration: 4 to 5 weeks
- ✤ 34 questions in the survey



### Updates

Stakeholders survey outreach: **386** Professionals across Oklahoma.

Professionals who chose not to respond to the survey after accessing the survey using the link : 62 (16 %)

Professionals who entered their responses to the survey questions : 324 (84 %)

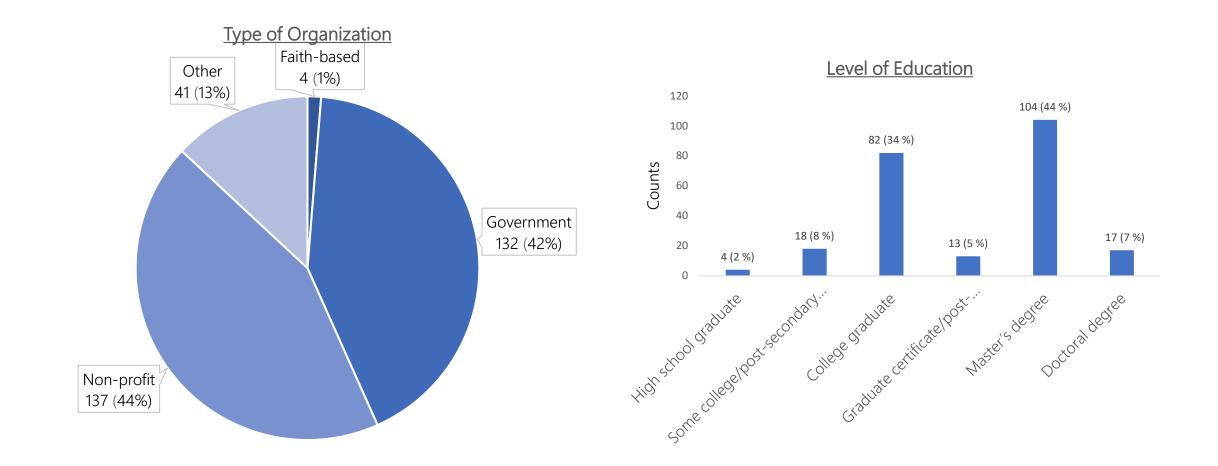
Among those who completed;

245 (76 %) completed entire survey

79 (24 %) completed partial survey.



## Professionals' Education and Organization

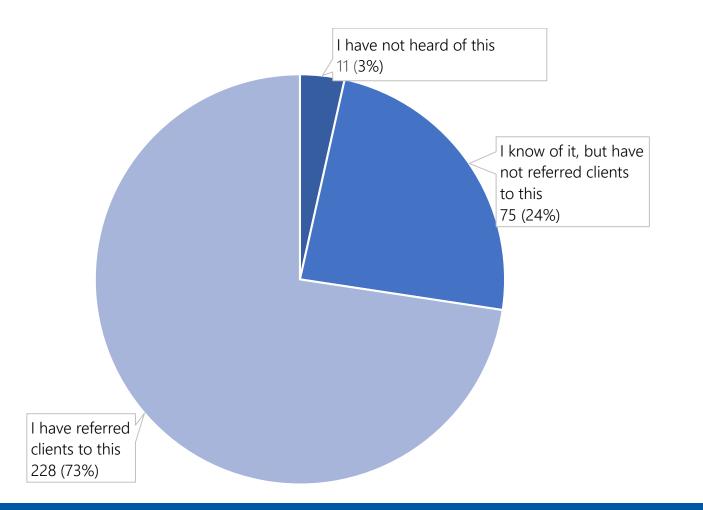




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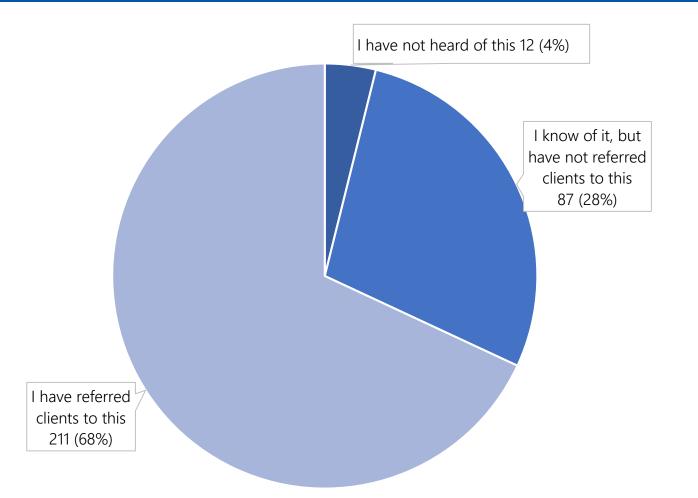
#### **Use of Home-Based Services**

(SoonerStart, ParentPro programs: Children First [C1], Parents as Teachers, Safe Care, etc.)



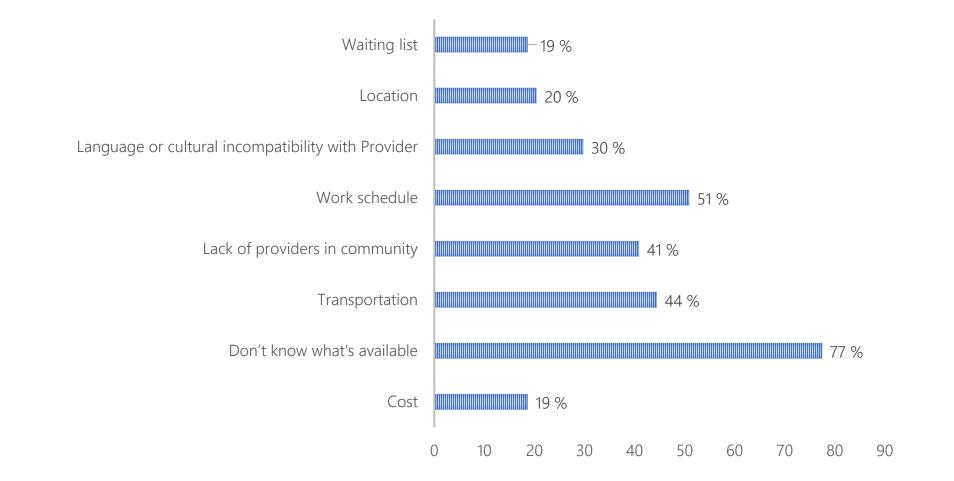


#### Use of Child Care Resources Programs (DHS child care licensing, local resource and referral agencies, etc.)





# Barriers to Client's use of available service and resources





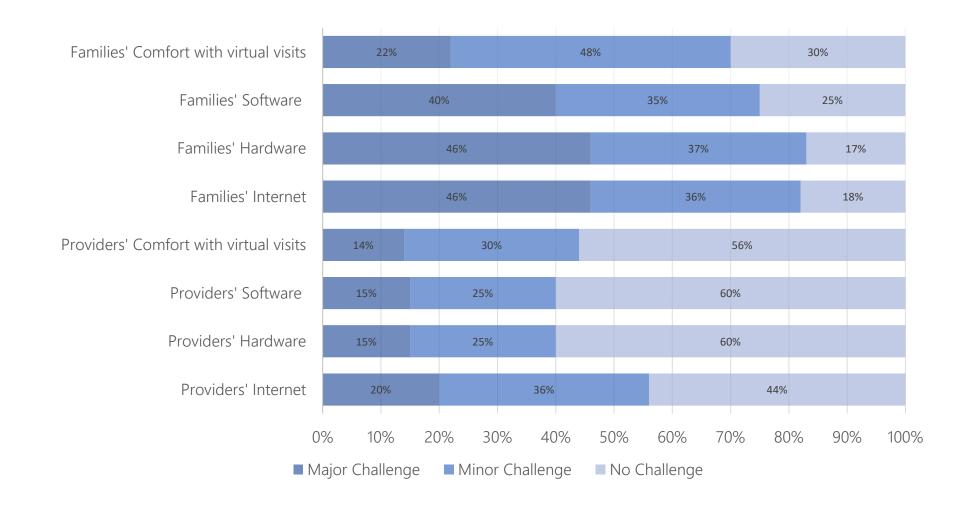
### **Child Abuse**



#### Concerns of a child (client) being abused



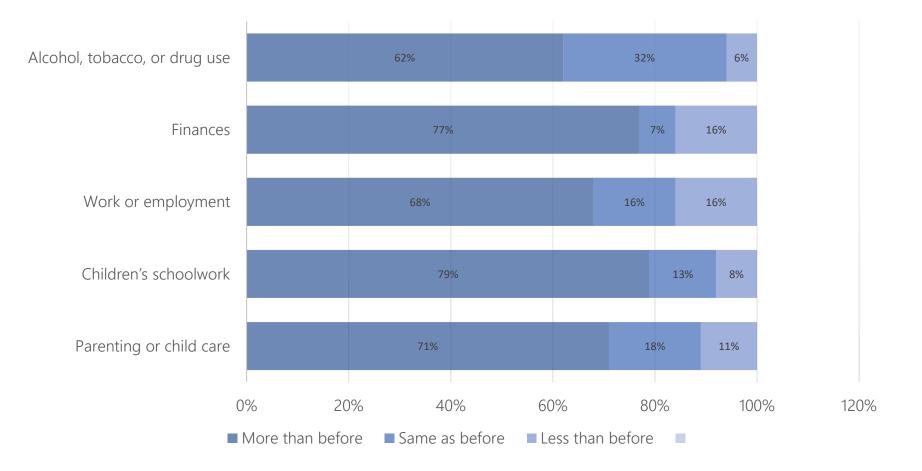
## Challenges of Virtual Visits (used by 77 % providers)





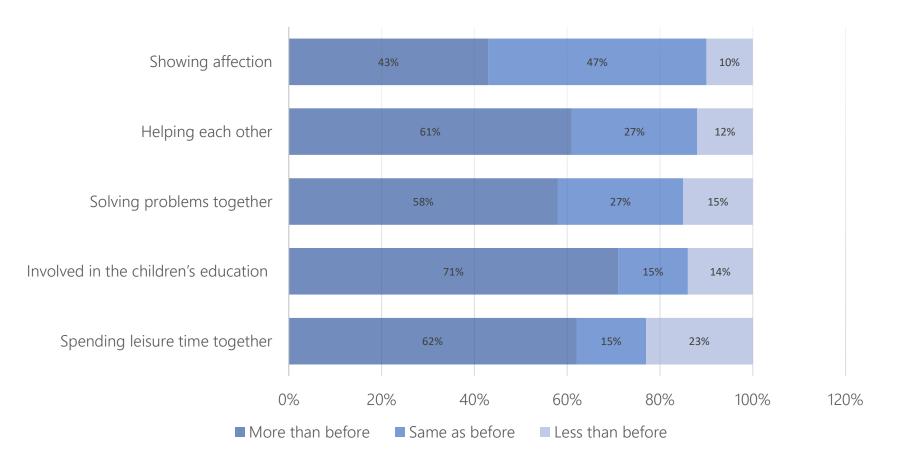
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## Conflicts among families served: Before VS During COVID





### Togetherness among families served: Before VS During COVID







#### Any Questions or Comments?

aneeras@health.ok.gov





## **Oklahoma State Department of Health**



## Family Resource Centers

2019 - 2023

#### LaChez' English, MS, MPH Contract Grant Consultant Office of Child Abuse Prevention





# Family Support and Strengthening Networks



The National Family Support Network defines a family support and strengthening network as two or more Family Strengthening organizations, including Family Resource Centers



Ensure coordinated quality support for families



Serve as the backbone entity to leverage and coordinate the collective impact of their members



Create opportunities for service providers to meet formally and informally, exchange information, make connections, develop relationships, build capacity, develop joint projects, and address systems challenges



#### The Family Support and Strengthening Network's Most Common Functions



Increase connectedness, coordination, cooperation, and collaboration amongst members



Provide training and technical assistance



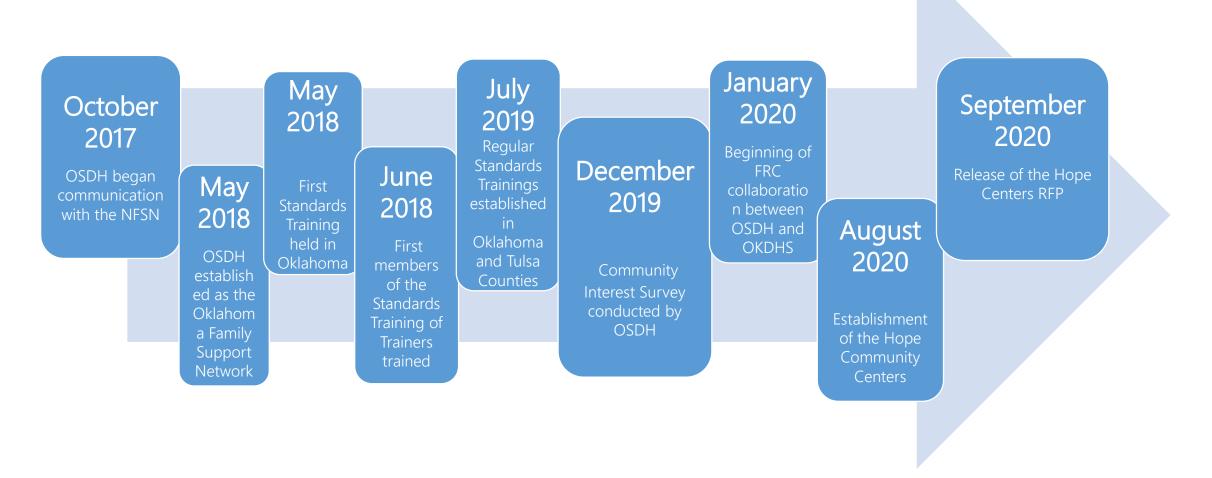
Work on advocacy, policy, and legislation



Provide and maintain a shared data tracking system



#### **OFSN / Hope Centers Timeline**



### National Family Support Network

#### **NFSN** Mission

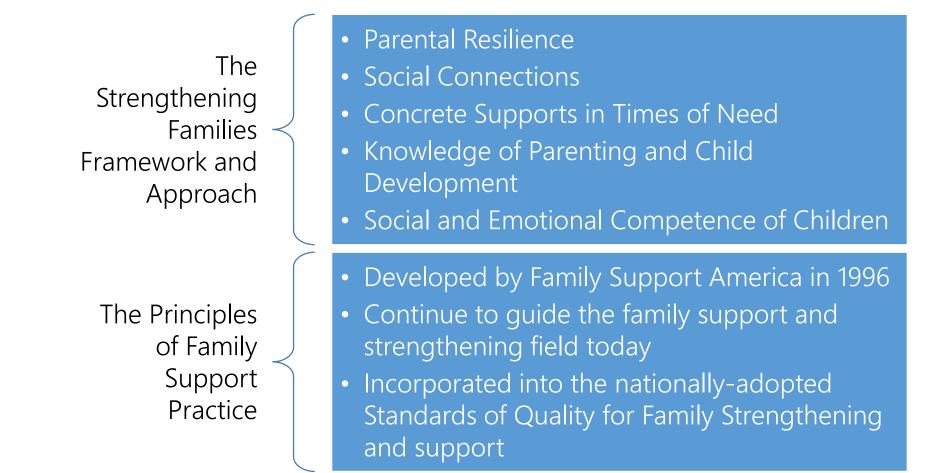
To promote positive outcomes for all children, families, and communities by leveraging the collective impact of state networks and championing quality family support and strengthening practices and policies.

#### **NFSN** Vision

A nation in which every family is thriving and every state has a strong and effective Family Support and Strengthening Network.



### **NFSN Frameworks**





## Standards of Quality for Family Strengthening and Support

Focus on 5 core areas of practice:

- Family Centeredness
- Family Strengthening
- Embracing Diversity
- Community Building
- Evaluation



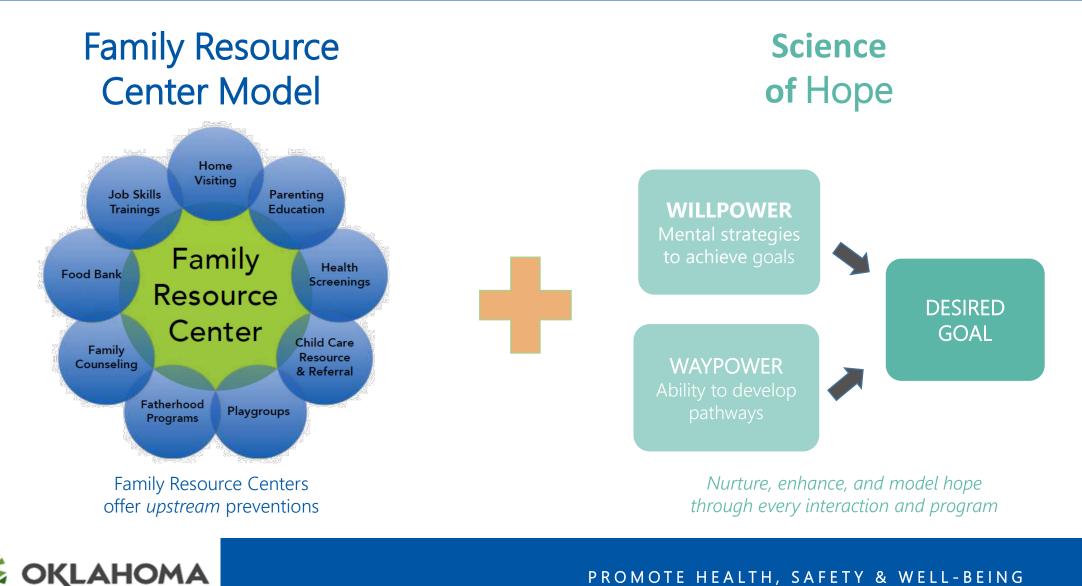
Creates a common language and expectations across different kinds of Family Strengthening and Family Support programs, such as Family Resource Centers, home visiting programs, and child development programs.

Designed to be used by all stakeholders – public departments, foundations, community based organizations, and families – as a tool for planning, providing, and assessing quality practice





# The Vision of Hope



Model			Gold *
	RFP	CARES Funding	Standard
Incorporate science of hope into programming	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>	
Implement Standards of Quality for Family Strengthening & Support	×	×	×
Provision of Family Resource Center Services/Supports	×	×	×
Develop Parent Advisory Committee	<ul> <li>Image: A second s</li></ul>	×	<ul> <li>Image: A second s</li></ul>
Address Social and Emotional Needs	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>
Address Educational Needs	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>
Connect Children and Families to resources	1	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>
Address Food Insecurity	1	<ul> <li>Image: A second s</li></ul>	<ul> <li>Image: A second s</li></ul>
Become a licensed child care center through DHS	•	×	×
Ves X No	Child & Family Focused	Child Focused	Child & Family Focused
<ul> <li>Maybe, depending on program</li> </ul>			all and a second





#### **Contact Information**

### Any Questions or Comments?

#### Lacheze@health.ok.gov



## **Oklahoma Child Welfare Services**



#### Deborah Shropshire, MD, MHA

Director, Child Welfare Services Oklahoma Human Services



# **Promote Strong Oklahoma Families Together**



#### Child Welfare Services True North Goals

- Equip and empower families to provide a safe home for their children
- If children enter foster care, understand and meet their specific needs. This includes their need for safety, connections with family, community and culture, and addressing health, behavioral health, developmental, and educational needs.
- Aggressively pursue the belief that every child and youth deserves a family and the supports they need to grow and develop into healthy adults



# Promote Strong Oklahoma Families Together

Strategic Priorities	Goals
Prevention Services	Equip and empower families to provide a safe home for their children. Decrease the number of unnecessary family disruptions by increasing prevention efforts in order to strengthen families, prevent child maltreatment, and keep children safely in their own homes.
Family-Based Placements	If children enter foster care, understand and meet their specific needs. This includes their need for safety, connections with family, community and culture, and addressing health, behavioral health, developmental, and educational needs.
Non-Family-Based Placements	The belief that every child and youth deserves a family and the supports they need to grow and develop; when a non-family-based placement is needed, ensure children are placed in the least restrictive, highest-quality setting appropriate to their individual needs.
Evidence-Based Programs	Advance the implementation and sustainability of evidence-based, trauma- informed programs that appropriately and effectively improve child safety, ensure permanency, and promote child and family well-being.
Resources & Financial Accountability	Build capacity and leverage resources to provide effective services to prevent foster care placement while ensuring financial accountability.



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## **Child Welfare Services**

- ✤ Abuse and Neglect Hotline 77,000 calls
- ✤ 38,000 investigations each year, 23% substantiated
- 52% of ongoing cases are prevention (Family Centered Services)
- 7,740 children in DHS custody, 4,300 enter/exit each year
  - 43% reunify
  - 49% adoption/guardianship
- ✤ 159 youth age out





# **Types of Maltreatment**



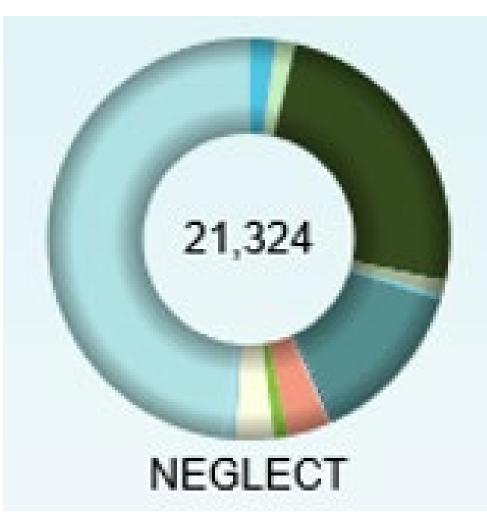
Data Collected On Jul 1, 2020 from 1:00 am to 1:09 am Filters Applied: CWS



#### Neglect: 21,324 (86.62%)

- Abuse: 2,295 (9.32%)
- Sexual Abuse: 999 (4.06%)

# Maltreatment: Substantiated Neglect



#### Threat of Harm: 10,213 (47.89%)

Exposure to Domestic Violence: 5,241 (24.58%)

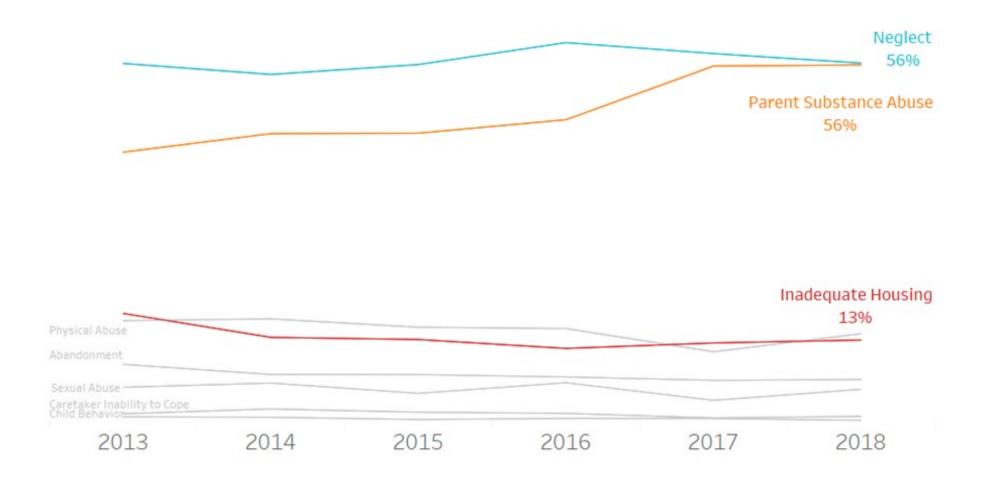
Failure to Protect: 2,771 (12.99%)



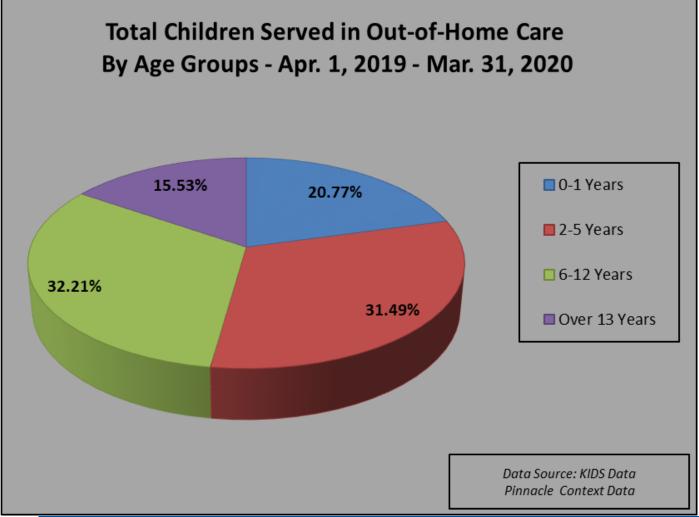
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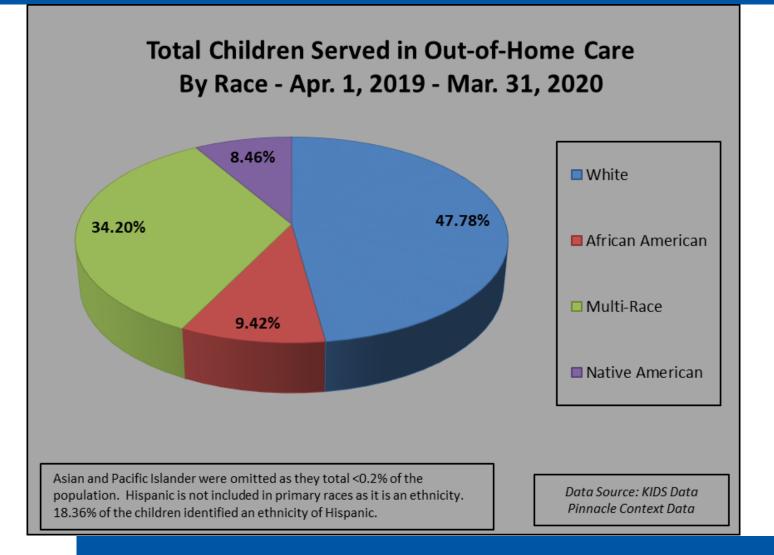
#### **Reasons Children Enter Foster Care**



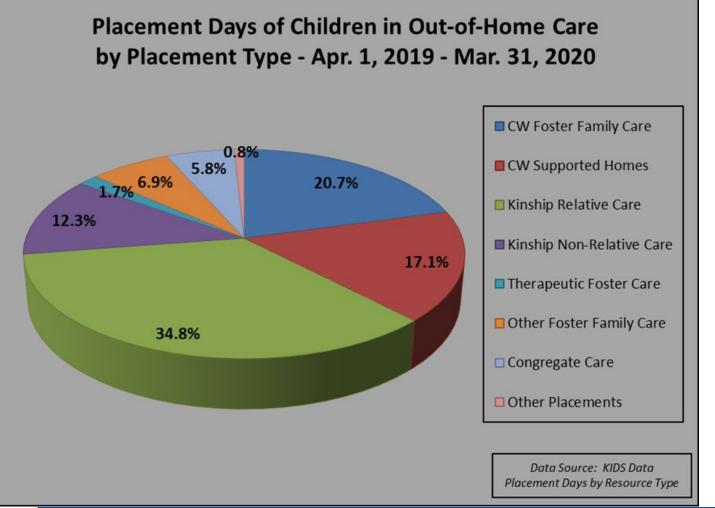














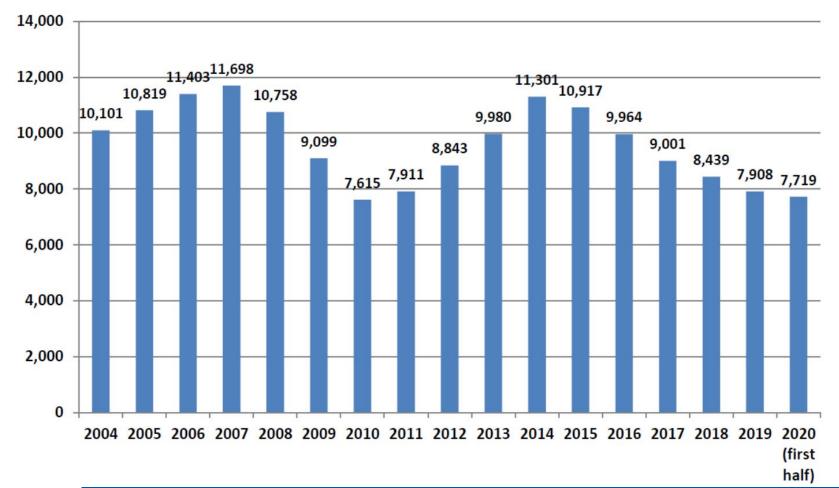
# Pinnacle Plan – The Experience of Foster Care

- Adequate number and type of family placements
  - Foster Care
  - Specialty foster homes including those that can meet behavioral and developmental needs
  - Reducing shelter and group care, especially for those
     12 and under
- Placement stability
- Timely permanency
- Maltreatment in Care
- Adequate workforce support/workloads

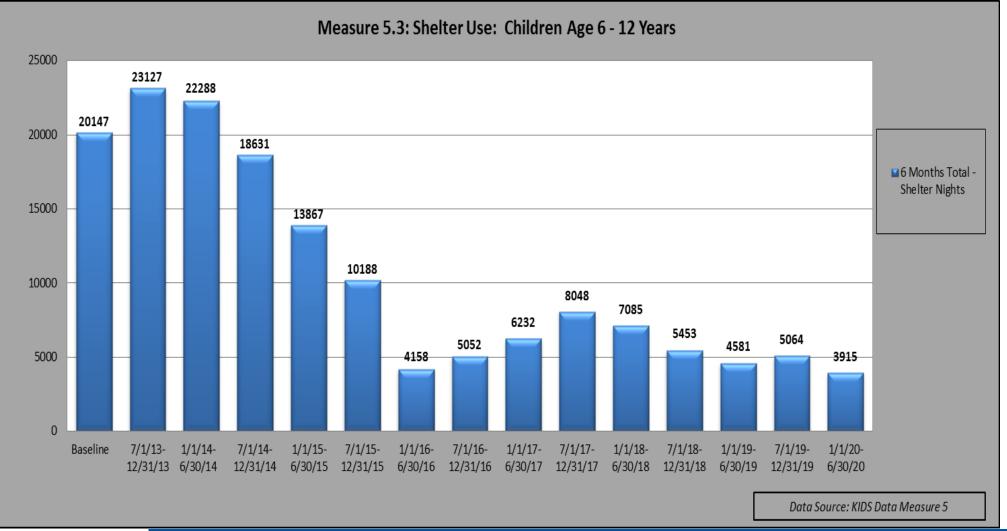


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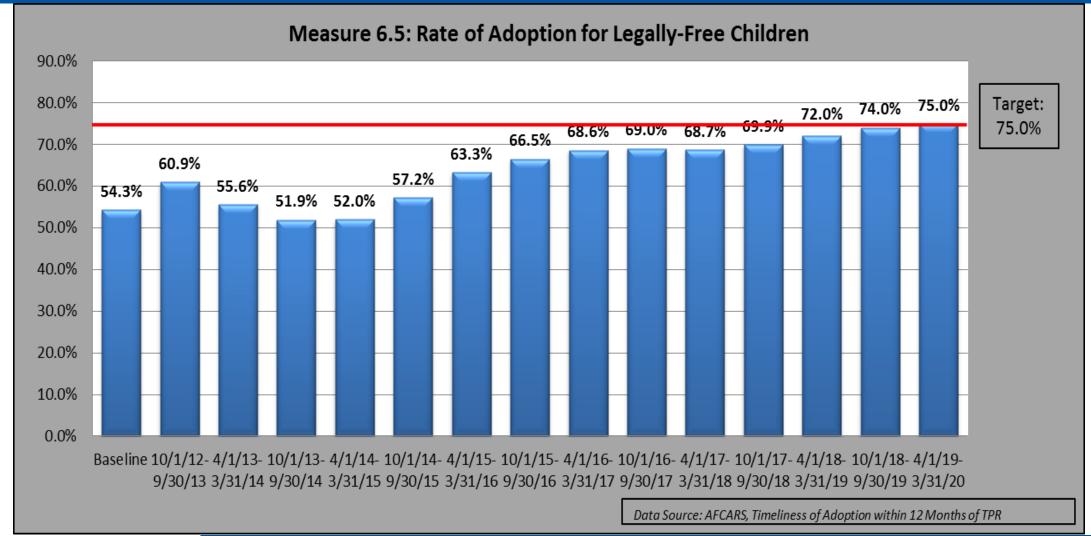
Figure 1: Number of Children in DHS Custody at the End of SFY - 2004 to 2020



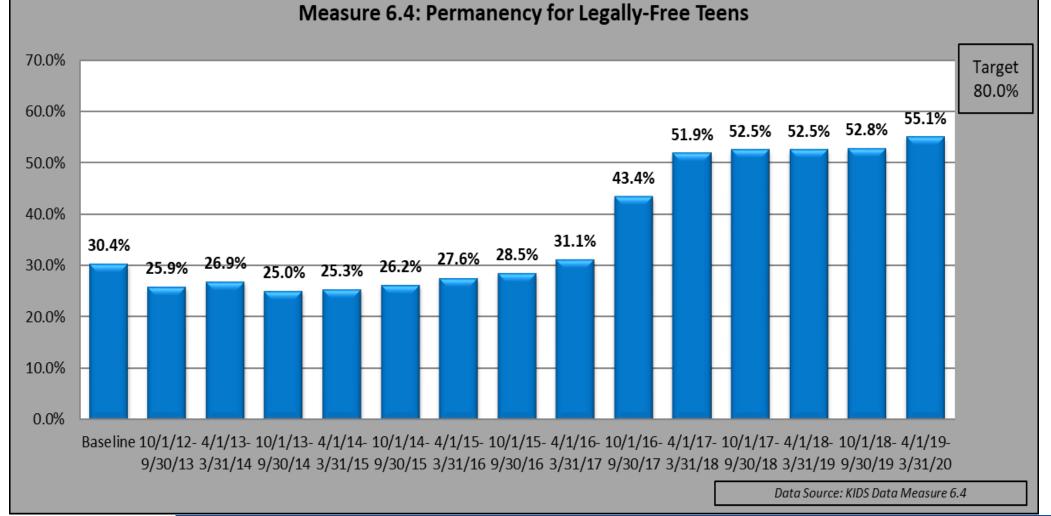














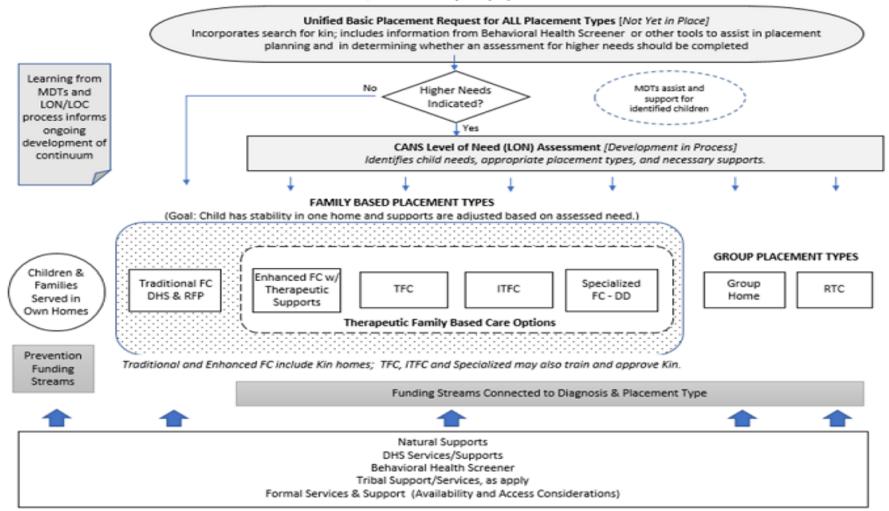
#### **Current Focus Areas**

- Building a "Continuum of Care" for kids in foster care
   Broad placement and service options
  - -Needs assessment early to better understand individual needs
  - -Ongoing monitoring of progress
  - -Eye toward kin and permanency
- Needs Analysis
  - -Foster homes that can care for children with behavioral health needs
  - -Foster homes that can care for children with developmental needs
  - -Specialized group home care
  - -Transitional living options?



### **Continuum of Care**

OK Continuum Map - April, 2020







#### Family First Prevention Services Act

The Family First Prevention Services Act was passed and signed into law (P.L. 115-123) as part of the Bipartisan Budget Act on February 9, 2018.

#### Investing in Families: Foster Care Prevention

Prevent additional entries into foster care

Elevate the availability and quality of prevention services for families whose children are at risk of entering foster care

Encourage and support kinship care





#### Improving the Quality of Foster Care

Decrease the use of unnecessary congregate care and Improve the quality of care for children for whom congregate care is appropriate

For those children who cannot remain safely at home, there are new federal policies to ensure appropriate foster care placements



# Family First Prevention Services Act

What it is	What it is not
<ul> <li>Provides an opportunity to finance specific services for:</li> <li>Children who are at imminent risk of placement in foster care and their caregivers</li> <li>Pregnant and parenting youth in foster care</li> <li>Children at risk of experiencing a disrupted adoptions or guardianship</li> </ul>	The answer to broad prevention reform
A financing opportunity to support child welfare in prevention those at imminent risk from entering foster care	A financing stream for prevention of child abuse and neglect
Family First can be leveraged to build and enhance broader prevention strategies	A financing stream for primary prevention



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### Eligibility for and Access to IV-E Prevention Services

#### Candidate for Foster Care:

A child with a parent/kin caregiver who is at risk of imminent placement in foster care, but can be safe at home with prevention services; <u>Oklahoma has to</u> <u>determine who is at risk of imminent placement.</u>

A child who exited foster care to adoption or legal guardianship, or who was reunified with his or her parents at risk of re-entering foster care can get services along with the parents or guardians

Pregnant and parenting youth in foster care



## Families can have Access to these Services



Substance abuse prevention and treatment for children and parents



Mental Health services for children and parents



Intensive parent skill-building programs

a) Parent Skills

b) Parent Education

c) Individual and family counseling



### **Criteria for Evidence Based Programs**

Promising	Supported	Well – Supported
-----------	-----------	------------------

The practice is superior to a comparison practice

Results based on at least 1 study carried out in a usual care or practice setting	Results based on at least 2 studies carried out in a usual care or practice
	setting

At least one study must find effects at the six-month follow up Sustained effects for at least 6 months beyond the end of treatment Sustained effects for at least 12 months beyond the end of treatment



## **Title IV-E Prevention Services Clearinghouse**

FIND A PROGRAM OR SERVICE

#### Welcome

HOME

KLAHOMA

The Title IV- E Prevention Services Clearinghouse was established by the Administration for Children and Families (ACF) within the U.S. Department of Health and Human Services (HHS) to conduct an objective and transparent review of research on programs and services intended to provide enhanced support to children and families and prevent foster care placements.

ABOUT -

Title IV-E Prevention Services CLEARINGHOUSE

The Prevention Services Clearinghouse, developed in accordance with the Family First Prevention Services Act (FFPSA) as codified in Title IV-E of the Social Security Act, rates programs and services as *well-supported*, *supported*, *promising*, or *does not currently meet criteria*.

Search the newly released programs and services rated as *well-supported*, *supported*, *promising*, or *does not currently meet criteria*. Healthy Families America, Methadone Maintenance Therapy, and Motivational Interviewing are still under review and ratings will be released soon. Stay tuned!

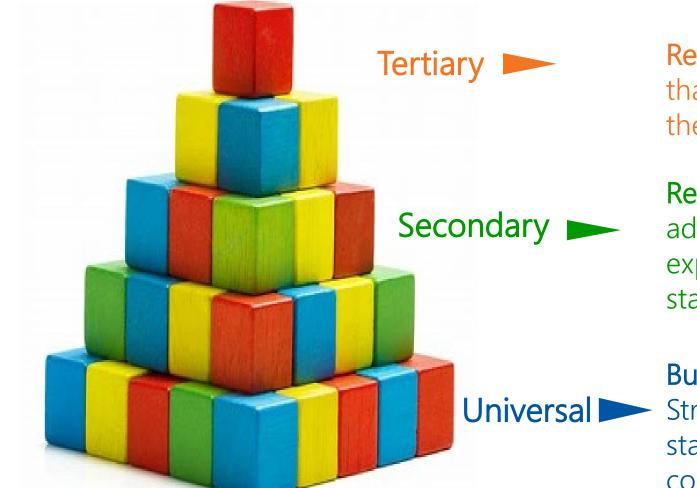
#### Q FIND A PROGRAM OR SERVICE

#### PROMOTE HEALTH, SAFETY & WELL-BEING

https://preventionservices.abtsites.com/

REVIEW PROCESS -

# A Child and Family Well-Being System of Care



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**Rebuilding Safety & Well-being:** Strategies that intervene when children have entered the child welfare system.

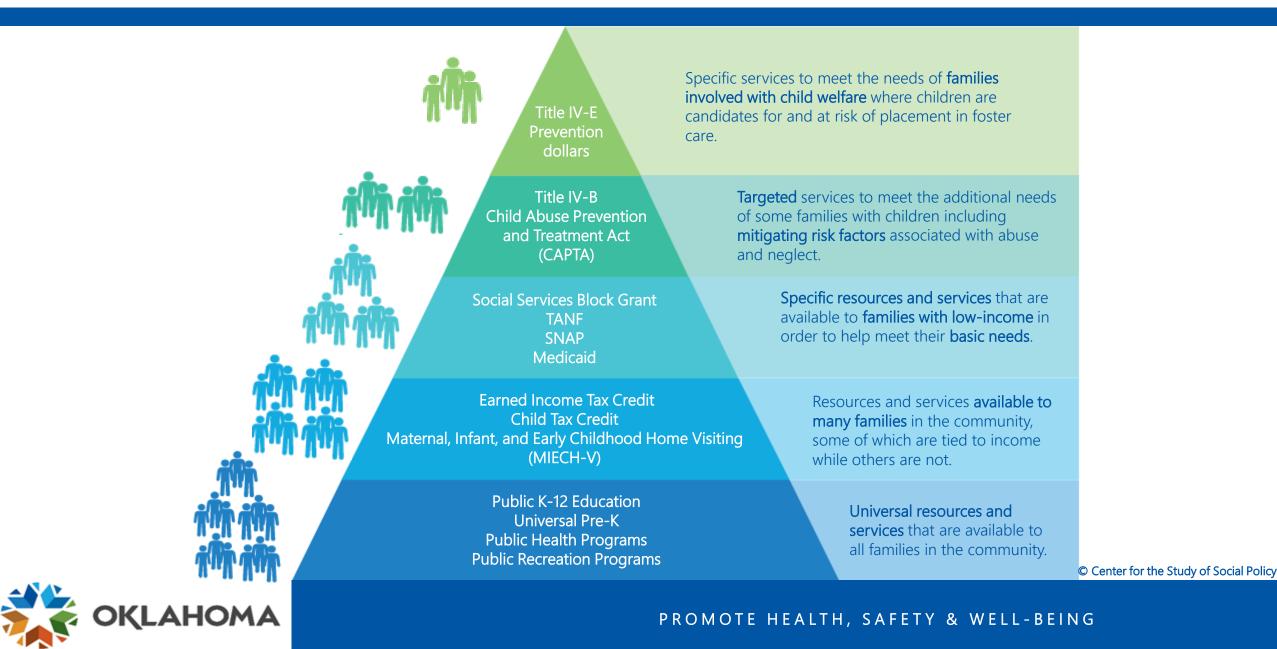
**Restoring Safety & Well-being:** Strategies to address the needs of families who are experiencing adversities and focus on restabilizing families.

#### Building & Preserving Well-being:

Strategies to keep all families strong and stable in their homes and within the community.

#### Financing Streams that Support Prevention for Children and Families

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### Any Questions or Comments?



## Next Steps

The Oklahoma State Department of Health and Oklahoma's Child Welfare Team will continue to work together on promoting health, safety, and well-being of children, youth, and their families through the prevention continuum aimed to increase protective factors and strengthen families.

We look forward to our continued collaboration with you!

#### SAVE THE DATE:

2021 Biannual Oklahoma State Plan for the Prevention of Child Abuse & Neglect Review & Updates on Oklahoma Human Services, Child Welfare Services IV-E Prevention Program Plan

- Friday, April 2, 2021 (Time & Format TBD)
- Thursday, October 14, 2021 (Time & Format TBD)

A Special Thank You to our Moderator, Oklahoma Partnership for School Readiness





#### Contact Information:

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Keitha Wilson, MSW, Family First Prevention Services Administrator, Child Welfare Services, Oklahoma Human Services, Keitha.Wilson@okdhs.org
Sherie Trice, M.S., CBCAP Grant Coordinator, Family Support & Prevention Services, Oklahoma State Department of Health, SherieT@health.ok.gov



