

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED**  
**CATEGORICALLY NEEDY**

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**13.d. Rehabilitative Services (continued)****13.d.6. Alternative Treatments for Pain Management (42 FCR 440.130(d))**

Alternative Treatments for Pain Management are non-pharmacological treatments recommended by a physician or other licensed practitioner of the healing arts for adults age twenty-one (21) or older with acute, subacute, and chronic spinal/back pain or injury. Treatments are intended to reduce pain, increase mobility, optimize function, and decrease use and misuse of opioid medications and include the described services below.

**A. Services**

**Evaluation/re-evaluation:** physical examination or assessment to develop a treatment plan to address spinal pain and improve a person's ability to move, restore function, and prevent disability. Evaluations are performed by Alternative Treatment for Pain Management Providers. This service is provided by a physical therapist, physical therapist assistant, and/or a chiropractor; refer to Attachment 3.1-A, Page 6a-1.26 for individual provider qualifications.

**Therapeutic exercises:** processes or activities designed to develop strength, endurance, range of motion and flexibility to alleviate spinal pain and restore a beneficiary to their best possible functional level. Therapeutic exercises are performed by a licensed physical therapist and/or a physical therapist's assistant. This service is provided by a physical therapist and/or physical therapist assistant; refer to Attachment 3.1-A, Page 6a-1.26 for individual provider qualifications.

**Therapeutic activities:** dynamic rehabilitative techniques involving movement to improve functional performance in a progressive manner with the intended outcome of a reduction in back pain. Therapeutic activities are performed by a licensed physical therapist and/or a physical therapist's assistant. This service is provided by a physical therapist and/or physical therapist assistant; refer to Attachment 3.1-A, Page 6a-1.26 for individual provider qualifications.

**Manual spinal manipulation:** physical adjustments to the spine to correct subluxation and/or address acute or chronic spinal pain. Manual spinal manipulations are performed by a licensed chiropractor. This service is provided by a chiropractor; refer to Attachment 3.1-A, Page 6a-1.26 for individual provider qualifications.

**B. Limitations**

Annual service limits for therapeutic exercises and therapeutic activities are not to exceed 12 hours or 48 units (one unit of service is 15 minutes) and require prior authorization. A visit may consist of multiple units of service on the same date, the time for units of service is added together and rounded up only once per visit. An initial evaluation and one re-evaluation per calendar year do not require prior authorization

Annual Service limits for manual spinal manipulation are not to exceed 12 visits with prior authorization. An initial evaluation and one re-evaluation per calendar year do not require prior authorization

Additional units/visits for alternative treatments for pain management may be exceeded with medical necessity.

For the Early and Period Screening, Diagnostic, and Treatment (EPSDT) population of all Medicaid eligible children under the age of 21, services are furnished based on medical necessity.

NEW 01-01-22

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED  
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**13.d. Rehabilitative Services (continued)**

**13.d.6. Alternative Treatments for Pain Management (continued)**

**C. Eligible Providers**

Individual or group providers of Alternative Treatments for Pain Management may provide services in non-hospital-based settings only.

**Individual Provider Qualifications  
Alternative Treatments for Pain Management**

<b><u>Type of Service</u></b>	<b><u>Individual Provider Type</u></b>	<b><u>Qualifications</u></b>
<u>Evaluation/Re-evaluation</u>	<u>Alternative Treatment for Pain Management Provider</u>	<p><b><u>Physical therapist</u></b> A licensed physical therapist is a state-licensed individual that is in good standing providing services within their scope of practice in accordance with state law at 42 CFR 440.110.</p> <p><b><u>Physical therapist assistant</u></b> A licensed physical therapist assistant is a state-licensed individual that is in good standing providing services within their scope of practice in accordance with state law while working under the direction of a licensed physical therapist and meets the requirements at 42 CFR 440.110.</p> <p><b><u>Chiropractor</u></b> A licensed chiropractor is a state-licensed individual that is in good standing providing services within their scope of practice in accordance with state law.</p>
<u>Facilitation of therapeutic exercises</u>	<u>Physical therapist Physical therapist's assistant</u>	<u>See description above for physical therapist and physical therapist's assistant</u>
<u>Facilitation of therapeutic activities</u>		
<u>Manual Spinal manipulation</u>	<u>Chiropractor</u>	<u>See description above for chiropractor</u>

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**DATES FOR ESTABLISHING PAYMENT RATES FOR ATTACHMENT 4.19-B SERVICES****Effective Dates for Reimbursement Rates for Specified Services:** *(continued)*

<b>Service</b>	<b>State Plan Page</b>	<b>Effective for Services Provided on or after:</b>
Residential Substance Use Disorder (SUD) Services	Attachment 4.19-B, Page 30b	October 1, 2020
Medication Assisted Treatment (MAT)	Attachment 4.19-B, Page 44	October 1, 2020
<u>Alternative non-Pharmacological Treatments for Pain Management</u>	<u>Attachment 4.19-B, Page 31</u>	<u>October 1, 2021</u>

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**METHODS AND STANDARDS FOR ESTABLISHING PAYMENT RATES**  
**OTHER TYPES OF CARE**

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**13.d. Rehabilitative Services (continued)**

**13.d.6. Alternative Treatments for Pain Management**

Payment is made to providers of alternative treatments for pain management in accordance with the methodologies described in Attachment 4.19-B, Page 3 and Page 28.2.

Except as otherwise noted in the plan, state-developed fee schedule rates are the same for both governmental and private providers of alternative non-pharmacological treatments for pain management. All rates are published at [www.okhca.org/feeschedules](http://www.okhca.org/feeschedules).

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