

**AMOUNT, DURATION AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED
CATEGORICALLY NEEDY****13.d Rehabilitative Services (continued)****13.d.1. Outpatient Behavioral Health Services (continued)****C. Covered Services (continued)**

The following services are included in the Outpatient Behavioral Health Services and are included in the fee schedule which is kept current on the Agency data base, the Agency library, and are available to the public.

Mental Health Assessment by a Non-Physician – Mental Health Assessment by a Non-Physician includes a history of psychiatric symptoms, concerns and problems, mental health status, psychosocial history, a DSM multi-axial diagnosis for all five Axis, an evaluation of alcohol and other drug use, as well as the client's strengths. A moderate complexity modifier is allowed for clients seeking services. This service is performed by a licensed behavioral health professional (LBHP). Refer to Attachment 3.1-A, Page 6a-1.3a for provider qualifications.

Behavioral Health Services Plan Development by a Non-Physician – This is a process by which the information obtained in the assessment is evaluated and used to develop a service plan that has individualized goals, objectives, activities and services that will enable a client to improve. It is to focus on recovery and must include a discharge plan. This service is conducted by the treatment team, which includes the client and all involved practitioners. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications.

Individual/Interactive Psychotherapy – Individual Psychotherapy is a ~~face-to-face~~ treatment for mental illnesses and behavioral disturbances in which the clinician, through definitive therapeutic communication attempts to alleviate, reverse or change maladaptive behaviors or emotional disturbances. Interactive Psychotherapy is generally furnished to children or other individuals who lack the expressive language or communication skills necessary to understand the clinician and usually involves the use of equipment or an interpreter. This service is performed by a licensed behavioral health professional (LBHP) or a Certified Alcohol and Drug Counselor (CADC) for substance abuse only. CADC's are permitted to provide Individual/Interactive Psychotherapy for substance abuse only through June 30, 2013. Effective July 1, 2013 all Individual/Interactive Psychotherapy must be provided by LBHPs. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications

Family Psychotherapy – Family Psychotherapy is a ~~face-to-face~~ psychotherapeutic interaction between an LBHP or a CADC for substance abuse only and the client's family, guardian and/or support system. CADC's are permitted to provide family psychotherapy through June 30, 2013; effective July 1, 2013 all family psychotherapy must be provided by LBHP's. It must be performed for the direct benefit of the Medicaid recipient. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications.

Group Psychotherapy – Group Psychotherapy is a method of treating behavioral disorders using the interaction between two or more individuals and the practitioner or therapist. It is provided by a LBHP or a CADC for substance abuse only. CADCs are permitted to provide group psychotherapy when treating alcohol and other drug disorders only through June 30, 2013; effective July 1, 2013 all group psychotherapy must be provided by LBHPs. Refer to Attachment 3.1-A, Pages 6a-1.3a and 1.3e for provider qualifications.

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