OHCA Guideline

Medical Procedure Class:	Vulvectomy/Labiaplasty
Initial Implementation Date:	12/1/2014
Last Review Date:	3/5/2021
Effective Date:	4/1/2021
Next Review/Revision Date:	April 2024

^{*} This document is not a contract, and these guidelines do not reflect or represent every conceived situation. Although all items contained in these guidelines may be met, this does not reflect, or imply, any responsibility of this agency or department to change the plan provision to include the stated service as an eligible benefit.

☐ New Criter	ia ⊠Revision of Existing Criteria	
Summary		
Purpose:	To provide guidelines to assure medical necessity and consistency in the prior authorization process.	
Description		

Description

<u>Labiaplasty:</u> Surgical alteration of the labia minora or majora. Typically reduction of the labia minora is performed. This is the most common female genital cosmetic surgery (FGCS) performed.

Vulvectomy:

- o A **simple complete** vulvectomy includes removal of all of the labia majora, labia minora, and clitoris.
- o A **simple partial** vulvectomy may include removal of part or all of the labia majora and labia minora on one side and the clitoris.
- o A **partial radical** vulvectomy includes partial or complete removal of a large, deep segment of skin from the following structures: abdomen and groin, labia majora, labia minora, clitoris, mons veneris and terminal portions of the urethra, vagina and other vulvar organs.

Definitions

Reconstructive Surgery

Reconstructive surgery is performed on abnormal structures of the body caused by congenital defects, developmental abnormalities, trauma, accidental injury, infection, tumors or disease. It is generally performed to improve function but may also be done to approximate a normal appearance.

Cosmetic Surgery

Cosmetic surgery is performed to reshape normal structures of the body to improve the patient's appearance and self-esteem.

Note - Any expense incurred for cosmetic surgery for adults is not a benefit.

CPT Codes Requiring Prior Authorization (PA)

56620, **56625**, and **56630** (See CPT manual for code descriptions)

Approval Criteria

INDICATIONS FOR PROCEDURES:

A. LABIAPLASTY

 Labiaplasty for hypertrophic labia minora and/or labia majora is generally considered cosmetic in nature and performed to improve appearance. For member age 16-20 years,

- procedure may be considered for coverage if the member has a DSM classified diagnosis certifying the procedure is emotionally necessary. (Procedures requested for girls under the age of 16 are discouraged as labia continue to grow and reshape into adolescence.) *All requests should be referred to an OHCA Medical Director/Physician Consultant for review.*
- 2. Labiaplasty may be considered medically indicated when documentation supports the member has enlarged labia causing dyspareunia (i.e., painful intercourse or pain associated with tampon insertion) that has not responded to conservative treatment.

B. VULVECTOMY

- 1. Vulvectomy may be considered medically indicated when documentation supports **ONE** of the following:
 - A) Benign, pre-malignant, or malignant vulvar lesion(s); OR
 - B) Vulvar area with persistent infection, refractory to medical management; OR
 - C) In conjunction with medically indicated treatment of a congenital anomaly, including fused labia and/or imperforate hymen; **OR**
 - D) In conjunction with medically indicated reconstructive surgery as a result of accidental injury or trauma.

Note: Requests for any indications not listed above should be referred to an OHCA Director/Physician Consultant for review.

References

- 1. Oklahoma Health Care Authority; Policies & Rules, OAC 317:30-3-1; 317:30-3-59; 317:30-5-60; 317:30-5-8
- 2. Novitas Solutions, Local Coverage Determination (L35090) Cosmetic and Reconstructive Surgery, 11/7/2019.
- 3. BCBS Tennessee, medical guideline Vulvectomy, 7/23/2020.
- 4. C. William Helm, MD, MBBChir, FRCS, MRCOG; UptoDate, <u>Radical Vulvectomy</u>, June 13, 2019 https://www.uptodate.com/contents/radical-vulvectomy?csi=4b82fa0e-e534-402f-9ded-39c9777d27ac&source=contentShare
- 5. C. William Helm, MD, MBBChir, FRCS, MRCOG; UptoDate, <u>Vulvar Wide Local Excision</u>, <u>Simple Vulvectomy</u>, and <u>Skinning Vulvectomy</u>, August 4, 2020, <u>https://www.uptodate.com/contents/vulvar-wide-local-excision-simple-vulvectomy-and-skinning-vulvectomy?csi=c088736c-c47d-49d4-9b6e-f20e34263eb5&source=contentShare</u>
- 6. Marc R. Laufer, MD, Jhansi Reddy, MD, FACOG; UptoDate, <u>Labia Minor Hypertrophy</u>, November 30, 2020 https://www.uptodate.com/contents/labia-minora-hypertrophy?csi=e43094ba-da7a-4fb9-805b-92b5bc87ad44&source=contentShare