



**Ellen M. Buettner** | Chief Executive Officer

**J. Kevin Stitt** | Governor

OHCA 2023-16

September 1, 2023

**RE: Coverage for Diabetes Self-Management Education & Support (DSMES)**

**Services**

Dear Provider,

The Oklahoma Health Care Authority (OHCA) continues our commitment to providing optimal health care for adults and children living with diabetes. Diabetes educators teach people living with diabetes new skills and encourage healthy lifestyle habits that will make managing diabetes less challenging. Topics include but are not limited to exercise, nutrition, medication management and monitoring blood sugar. Physicians or qualified non-physician providers actively involved in managing a member's diabetes can order Diabetes Self-Management Education & Support (DSMES) services for members diagnosed with type I or type II diabetes. Services covered within this benefit include:

- Up to 10 hours of services during the first 12-month period beginning with the initial training date.
  - One hour of individual instruction
  - Nine hours of group instruction on diabetes self-management
- After the first 12-month period has ended, members are eligible for two hours of individual instruction on DSMES per calendar year.

To receive Medicaid reimbursement for DSMES services, eligible providers ([317:30-5-1081](tel:3173051081)) must work under an accredited DSMES program that meets the quality standards of one of the accrediting organizations, the American Diabetes Association (ADA) or Association of Diabetes Care Education Specialist (ADCES), and:

- Have a contract with SoonerCare as a diabetes educator; and



**ADDRESS**

4345 N. Lincoln Blvd.  
Oklahoma City, OK 73105



**WEBSITES**

[oklahoma.gov/ohca](http://oklahoma.gov/ohca)  
[mysoonerCare.org](http://mysoonerCare.org)



**PHONE**

Admin: 405-522-7300  
Helpline: 800-987-7767



---

**Ellen M. Buettner** | Chief Executive Officer

**J. Kevin Stitt** | Governor

- For current SoonerCare providers, a new contract will be required to render DSMES services in addition to your primary or other contracts.
- Hold a certification as a Certified Diabetes Care Education Specialist (CDCES) or Board Certified-Advanced Diabetes Management (BC-ADM); or
- Be a registered dietitian (RD), registered nurse (RN), or pharmacist with training and experience pertinent to DSMES.

Providers must enroll and be approved as a DSMES **group** first, then as an **individual**. For detailed information regarding provider enrollment, please view our [DSMES one-pager](#).

If you have questions regarding the contracting process, please email provider enrollment at [Providerenrollment@okhca.org](mailto:Providerenrollment@okhca.org) or call 800-522-0114, option 5.

Thank you for your continued support and the services you provide to SoonerCare members.

Sincerely,

Traylor Rains  
State Medicaid Director



**ADDRESS**

4345 N. Lincoln Blvd.  
Oklahoma City, OK 73105



**WEBSITES**

[oklahoma.gov/ohca](http://oklahoma.gov/ohca)  
[mysoonerCare.org](http://mysoonerCare.org)



**PHONE**

Admin: 405-522-7300  
Helpline: 800-987-7767