

## **Behavioral Health Screening Tools**

Health benefit carriers and epidemiologists increasingly recommend the use of screening instruments to identify individuals with undiagnosed disorders, to monitor ongoing symptom severity, and to assess outcomes in clinical practice.

While we have provided a list of other screening tools, it is up to the provider to ensure they are utilizing the most current version. Most of the screeners listed below are free to use however there are a few that are copyrighted and may have costs associated with using them.

We make no representation that the list below is comprehensive.

### **Screening Tools for Children**

#### **Multi-purpose**

CANS- Child and Adolescent Needs and Strengths

NICHQ Vanderbilt Assessment Scale- Parent Informant

PEARLS Pediatric ACEs Screening and Related Life-events Screener

PSC 17- Pediatric Symptom Checklist 17

PSC 35- Pediatric Symptom Checklist 35

PSC-Y Pediatric Symptom Checklist-youth

RCADS- Revised Children's Anxiety and Depression Scale

SDQ- Strengths and Difficulties Questionnaire

SoonerCare Pediatric Behavioral Health Screen

SWYC- Survey of Well-being of Young Children

#### **Depression, Mood, and Suicide**

ASQ Ask Suicide Screening Questions

CES-DC Center for Epidemiological Studies Depression Scale for Children

Columbia Depression Scale

KADS-11 11 Item Kutcher Adolescent Depression Scale

MFQ- Mood and Feelings Questionnaire

PHQ-A Patient Health Questionnaire Modified for Adolescent

### **Anxiety**

SCARED- Screen for Child Anxiety Related Disorders

Spence Children's Anxiety Scale

### **Trauma**

CATS- Child and Adolescent Trauma Screen

CPSS- Child PTSD Symptom Scale

TESI-C- Traumatic Events Screening Inventory for Children

### **Development and Social Emotional**

ASQ-3- Ages and Stages Questionnaire

ASQ: SE- 2 Ages and Stages Questionnaire SE

BITSEA- Brief Infant-Toddler Social Emotional Assessment

M-CHAT- Modified Checklist of Autism in Toddlers

PEDS- Parent's Evaluation of Developmental Status

SCQ- Social Communication Questionnaire

### **Alcohol and Substance Use**

CRAFFT- Substance Abuse Screen (for use with adolescents)

POSIT Problem-Oriented Screening Instrument for Teenagers

RAPI- Rutgers Alcohol Problem Index

## **Adult Screening Tools**

### **Depression, Mood, and Suicide**

BDI Beck Depression Inventory

BSI Beck Scale for Suicide Ideation

CES-D- Center for Epidemiologic Studies Depression Scale

Cornell Scale for Depression in Dementia

C-SSRS Columbia Suicide Severity Rating Scale

GDS Geriatric Depression Scale

HAM-D Hamilton Depression Rating Scale

MDQ Mood Disorder Questionnaire

PHQ-9 Patient Health Questionnaire

QIDS-C- Quick Inventory of Depressive Symptomatology

Zung Depression Scale

### **Alcohol and Substance Use Screening Instruments**

AUDIT-Alcohol Use Disorders Identification Test

ASSIST- Alcohol, Smoking, and Substance Involvement Screening

CIWA-Ar- Clinical Institute Withdrawal Assessment of Alcohol Scale Assessment for Alcohol Withdrawal

DAST- Drug Abuse Screening

MAST- Michigan Alcohol Screening Test

SMAST-G- Short Michigan Alcoholism Screening Test Geriatric Version

### **Anxiety**

BAI- Beck Anxiety Inventory

GAD-7 Generalized Anxiety Disorder 7-item

HAM-A Hamilton Anxiety Rating Scale

PSWQ- Penn State Worry Questionnaire

SAS Zung Anxiety Scale

### **Trauma**

IES-R Impact of Event Scale Revised

PCL-5 Post traumatic Stress Disorder Checklist

PC-PTSD-5 Primary Care PTSD Screen

PC-PTSD Screen DSM-IV

### **Multipurpose and Other Screening Tools**

Edinburgh Postnatal Depression Scale

HITS: A Domestic Violence Screening Tool

PHQ-15 Patient Health Questionnaire Physical Symptoms

Scoff Eating Disorders Questionnaire

SOGS South Oaks Gambling Screen

SoonerCare Adult Screen