

# Diabetes Self-Management Education and Support (DSMES)



OKLAHOMA  
Health Care Authority

OHCA offers Diabetes Self-Management Education and Support (DSMES) as a **covered benefit** for SoonerCare members. DSMES services can be ordered for members diagnosed with Type I or Type II Diabetes by any physician or qualified non-physician provider actively involved in managing the member's diabetes. Providers and/or SoonerCare members can find a list of DSMES providers enrolled with OHCA [here](#).

## SERVICES COVERED

DSMES services are comprised of one hour (1) of individual instruction (face-to-face encounters or via telehealth between the Certified Diabetes Educator and the member) and nine hours (9) of group instruction on diabetes self-management. Members can receive up to 10 hours of services during the first 12-month period beginning with the initial training date. After the first 12-month period has ended, members are eligible for two hours of individual instruction on DSMES per calendar year.

## PROVIDER ELIGIBILITY

The following providers are eligible to enroll as a Diabetes Educator type:

- A licensed healthcare professional who is individually certified as a:
  - Certified Diabetes Care and Education Specialist (CDCES) by the National Certification Board for Diabetes Education (NCBDE)
  - Board-Certified Advanced Diabetes Management (BC-ADM) by the Association of Diabetes Care and Education Specialists (ADCES)
- A registered dietitian, registered nurse or pharmacist licensed in the state in which they practice and has training and experience pertinent to diabetes self-management.

## PROVIDER ENROLLMENT

Providers can only enroll if they are part of an accredited DSMES program certified by either the **ADA** or **ADCES**. Note that there are TWO enrollments: 1) First enroll the DSMES group then 2) Enroll individually, each provider associated with that group.

- **Group enrollment:** Click on "new contracts" on the left column, create a user account, select "business," "group," then "Diabetes Self-Management Group," and it will walk you through enrolling your program. You will need to supply a signature page (Appendix A) listing all the providers affiliated with the DSMES group along with a copy of your national DSMES program certification.
- **Individual provider enrollment:** Each provider will follow the same link below and create their own provider account selecting Diabetes Educator as the specialty. All providers will need to submit a copy of their health care license. All CDCES and BC-ADM providers will submit a copy of their certification. Pharmacists, RDs and RNs who are not certified (CDCES/BC-ADM) will need to submit a copy of their DSMES group certification along with their license as verification they have completed the DSM education hours required by the national standards. Eligible DSMES programs and individual providers can go to the OHCA provider enrollment page [here](#) to enroll.



### ADDRESS

4345 N. Lincoln Blvd.  
Oklahoma City, OK 73105



### WEBSITES

oklahoma.gov/ohca  
mysoonerCare.org



### PHONE

Admin: 405-522-7300  
Helpline: 800-987-7767