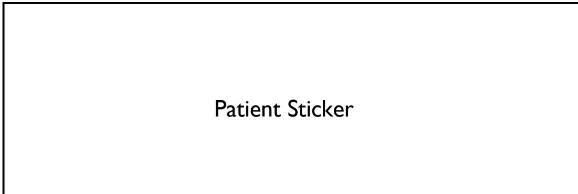
Oklahoma HealthCare Authority

By 1- Month Child Health Supervision (EPSDT) Visit



NAME:________________ DOB:____________ DOV:__________ AGE:________ SEX:______ MED REC#: _______

HT: ____________(________%) Temp: ____________ Pulse:____________________ Meds:
WT: ____________(________%) Pulse Ox-Optional:
HC: ____________(________%) Resp: ________________________
Allergies: ________________________ ❑ NKDA
Reaction:

HISTORY:
Parent Concerns:

____
____
____
____

Maternal & Birth History: ❑ Birth HX form reviewed
Initial/Interval History:

FSH: ❑ FSH form reviewed (check other topics discussed):
❑ Daily care provided by ❑ Daycare ❑ Parent
❑ Other: ____________________
❑ Adequate support system? ❑ Yes ❑ No __________
❑ Adequate respite? ❑ Yes ❑ No __________

DEVELOPMENTAL/BEHAVIORAL ASSESSMENT:
Parent Concerns Discussed? **(Required)** ❑ Yes
Standardized Screen Used? (Optional) ❑ Yes ❑ No
See instrument form: ❑ PEDS ❑ Ages & Stages
❑ Other: ____________
DB Concerns: (e.g. crying/colic) ____________
____

Clinician Observations/History: (Suggested options)

Motor skills (observe head, trunk and limb control)		
Visually tracks objects horizontally and vertically	Y	N
Moves arms and legs equally	Y	N
Arms and legs are not always flexed	Y	N
Partial head lag in pull to sit from supine	Y	N
Raises chest off table in prone	Y	N
Fine Motor skills		
Hands are often unfisted	Y	N
Still grasps objects reflexively	Y	N
Language/Socioemotional skills		
Vocalizes/Coos	Y	N
Smiles at seeing parents' face	Y	N
Startles at loud noise	Y	N
Turns head toward direction of sound	Y	N
Parent – Infant Interaction (maternal depression present in 50% of post-partum mothers):		
Interaction appears age appropriate	Y	N

Clinician concerns re interaction:

SENSORY SCREENING:
Any parent concerns about vision or hearing? ❑ Yes ❑ No

Vision:
Blinks in reaction to bright light: ❑ Yes ❑ No
Blinks in reaction to visual threat: ❑ Yes ❑ No

Hearing:
Passed NBHS (B): ❑ Yes ❑ Not Given ❑ U/K ❑ **Failed NBHS**
Responds to sounds: ❑ Yes ❑ No ❑ Left ❑ Right

PHYSICAL EXAMINATION (check box):

	NL	AB	NE	**COMMENTS** NL-normal, AB-abnormal, NE-not examined
General				
Skin				
Fontanels				
Eyes: Red Reflex, Appearance				
Ears, TMs				
Nose				
Lips/Palate				
Teeth/Gums				
Tongue/Pharynx				
Neck/Nodes				
Chest/Breast				
Lungs				
Heart				
Abd/Umbilicus				
Genitalia/ Femoral Pulses				
Extremities, Clavicles, Hips				
Muscular				
Neuromotor				
Back/Sacral dimple				

(EPSDT) 1- Month Visit Page 2

NAME: ______________________________ DOB: ____________
MED RECORD #: ________________________

ANTICIPATORY GUIDANCE:
Select **at least one** topic in each category (as appropriate to family):

Injury/Serious Illness Prevention:
❑ Car Seat ❑ Falls ❑ No strings around neck ❑ No shaking
❑ Burns-hot water heater max temp 125 degrees F ❑ Smoke alarms
❑ No passive smoke (Oklahoma Tobacco Helpline: 1.800.QUIT.NOW) ❑ No sun exposure ❑ Fever management
❑ Other: ____

Violence Prevention:
❑ Adequate support system? ❑ Adequate respite? ❑ Feel safe in neighborhood? ❑ Domestic Violence? ❑ No Shaking
❑ Other: ____

Sleep Safety Counseling:
❑ Sleep (on back) ❑ Sleep Safety ❑ Normal for newborns to sleep most of the day and night ❑ Other: ________________________

Nutrition Counseling:
❑ Breast ❑ Formula ❑ Solids (4-6mo) ❑ 3-4 hour between feeding
❑ Less frequent stools typical for bottle fed infants ❑ 5-8 wet diapers/day
❑ Vitamins ❑ No honey ❑ No bottle prop ❑ No microwave ❑ No infant feeders ❑ Other: ________________________________

What to anticipate before next visit:
❑ Sleep cycle gets more regular ❑ Change in feeding/stooling patterns
❑Rolling over by 4 mos ❑ Okay to add cereal at 4 mos ❑ Back to work?
❑ Weaning? ❑ Temperament may become more evident ❑ Other:

PROCEDURES:
❑ Hereditary/Metabolic Screening needed
❑ Hereditary/Metabolic Screening results reviewed – Normal
❑ Hereditary/Metabolic Screening results reviewed – Other:

DENTAL REMINDER
PCP screen 1st tooth eruption

IMMUNIZATIONS DUE at this visit:

HepB1 (if needed) #______
❑ Given ❑ Not Given ❑ Up to Date

Reason Not Given if due: **List Vaccine(s) not given:**
❑ Vaccine not available ________________________
❑ Child ill ________________________
❑ Parent Declined ________________________
❑ Other __________ ________________________

Assessment: ❑ Healthy, no problems

____

Plan/Recommendations: ❑ Do vaccines/procedures marked above ❑ Other ________________________
❑ Anticipatory guidance discussed (as described in box above)

____

Next Health Supervision (EPSDT) Visit Due: ____________________

Provider Signature:________________________________ **Date:** ____________________