Oklahoma Health Care Authority

ECHO® Child Behavioral Health Survey for SoonerCare Choice

Executive Summary and Technical Specifications



Report for Contract: State Fiscal Year 2010

Data Reviewed: December 1, 2008 - November 30, 2009

Submitted: June 2010

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ECHO® Child Behavioral Health Survey for SoonerCare Choice

Executive Summary

The Oklahoma Health Care Authority (OHCA) is the state's single agency responsible for administering Medicaid. The managed care component of this program is known as SoonerCare Choice, which operated under a partially capitated case management system during the first half of state fiscal year (SFY) 2009. A patient-centered medical home model was implemented January 1, 2009. In order to evaluate service satisfaction, the OHCA contracted with APS Healthcare (APS) to survey children enrolled in SoonerCare Choice who accessed outpatient behavioral health services between December 1, 2008, and November 30, 2009. This survey is conducted annually alternating between the adult and child populations.

Comparing the 2008 survey and the 2010 survey, results indicated fairly high levels of satisfaction holding steady across an array of 21 quality measures. One measure showed a statistically significant difference between 2008 and 2010:

• The composite measure "As far as you know did anyone your child saw for counseling or treatment share information with others that should have been kept private?" had a significant decrease of members who reported "yes" from 6.7% in 2008 to 2.8% in 2010.

ECHO® Child Behavioral Health Survey for SoonerCare Choice

Technical Specifications

Consumer satisfaction surveys are an important source of information to consumers, purchasers of health care, health plans and program administrators. By responding to satisfaction surveys, individuals provide valuable information regarding access to care, use of services, and satisfaction with the care they have received. The practice of surveying the general population of managed care members about their overall experience with their health plan has extended to surveying special populations. This special population survey detailed responses of members enrolled in SoonerCare Choice who received outpatient behavioral health services through the SoonerCare program.

The Oklahoma Health Care Authority (OHCA) is the state's single agency responsible for administering Medicaid. The managed care component of this program is known as SoonerCare Choice, which operated under a partially capitated case management system during the first half of the state fiscal year (SFY) 2009. A patient-centered medical home model was implemented January 1, 2009. Behavioral health services are available to SoonerCare Choice members. In order to evaluate service satisfaction, the OHCA contracted with APS Healthcare to survey members enrolled in SoonerCare Choice who accessed outpatient behavioral health services between December 1, 2008, and November 30, 2009. This technical report includes information on the survey methodology, findings, and summary information on the respondents' satisfaction with behavioral health services received.

The OHCA annually administers the Experience of Care and Health Outcomes (ECHO) survey, version 3.0, to measure members' satisfaction with behavior health services. The methodology for this survey was based on the Consumer Assessment of Healthcare Providers Systems (CAHPS®). The CAHPS surveys, administration protocol and survey analysis were developed by Harvard, RAND and the Research Triangle Institute. The ECHO survey was developed by behavioral health consumers, clinicians and behavioral health policy experts, including representatives from the National

Committee for Quality Assurance's (NCQA) Behavioral Health Measurement Advisory Panel, the Center for Mental Health Services, and the National Alliance for the Mentally Ill. On alternating years the OHCA surveys adults about their experiences with behavioral health treatment and parents/guardians about their children's behavioral health care. For SFY 2010 the survey focused on services provided to children; comparisons were made with results from SFY 2008, the last year during which SoonerCare Choice children were measured by the ECHO survey.

Method

The Child ECHO Health Plan survey 3.0 questionnaire (shown in Appendix A) was administered by The Myers Group (TMG) between December 1, 2009, and March 31, 2010. The survey covered several aspects of behavioral health services, including:

- Access to care
- Receiving care without long waits
- Communication with clinicians
- Family involvement in care
- Perceived improvement in functioning
- Patient's rights
- Experiences with the health plan

The questionnaire also asked respondents to give overall ratings of the counseling or treatment they received and SoonerCare Choice.

Sampling

Because it was not feasible to survey the entire SoonerCare Choice population, recognized sampling techniques were used to obtain information from a limited number of members. This information was used to estimate the consumer satisfaction of the SoonerCare Choice population as a whole. Sampling and fielding of the survey was conducted by subcontract with a nationally certified CAHPS survey firm, TMG.

Sampling for this survey followed CAHPS 3.0 protocols. APS provided TMG with a list of eligible members for sample selection. Each member included in the eligibility list met the following criteria:

- 17 years of age or younger as of November 30, 2008;
- Enrolled in the SoonerCare Choice program as of November 30, 2009 and
- Continuously enrolled in SoonerCare Choice for 12 months between December 1, 2008, and November 30, 2009. (Continuous enrollment was defined as having no more than one 45-day break in enrollment during the year.)

In addition, APS limited the pool of members to those who had paid claims for outpatient behavioral health services between December 1, 2008, and November 30, 2009, in hopes of improving response rates. In accordance with CAHPS recommendations and to reduce the burden on respondents, TMG randomly selected only one member from a household for the sample. The ECHO Survey and Reporting Kit 3.0 standards indicate that a minimum of 411 completed surveys were needed for a valid administration. Estimating a response rate of 40% and adjusting 15% for the underreporting of behavioral health services received, the recommended sample was 1,183 members. The total number of SoonerCare Choice members eligible for the survey was 17,202; TMG selected a random sample of 2,000 members.

Data Collection

The CAHPS survey methodology allowed data to be collected by mail, telephone interview, or a combination of mail and telephone. The OHCA and APS agreed to conduct the survey using mail, and incorporated telephone interviewing only when the targeted response rate was not received. The survey process had six outreach interventions that included mailings of the survey packet, reminder postcards, and phone follow-up with bilingual interviewers.

After the sample was selected, address lists were processed using the U.S. Postal Service's CASS Certified ZIP + 4 Coding Software, which verified the zip code for each address. Each packet included a questionnaire and a letter that explained the purpose and

the importance of the survey. To encourage participation, the packet also contained a postage-paid business reply envelope. Reminder postcards served to thank individuals who had responded to the survey and to remind others to complete their questionnaires. Members selected for the sample who did not respond to the first survey and/or postcard mailings were mailed a second survey. All correspondence included a toll-free number that members could use to contact TMG with questions regarding the survey or to complete the survey over the telephone. Each information letter contained a statement written in Spanish asking the member to call the toll-free number to take the survey by phone with a Spanish interpreter. If needed, follow-up calls were then initiated with bilingual interviewers.

TMG developed a database to track the status of members selected for the sample at each stage of the survey protocol. The database identified members who had not returned the survey and needed subsequent mailings. The database also indicated the date that a member responded to the survey, refused to participate in the survey, or was determined to be ineligible for the survey. Members were determined to be ineligible for the survey if they no longer qualified for SoonerCare or had moved to a another state.

The criteria for determining a complete ECHO survey was taken from Article X of the CAHPS Survey and Reporting Kit entitled, "Determining a Complete ECHO Questionnaire." According to those criteria, if 9 of 18 key items were appropriately answered, the survey was considered complete. Only surveys that met these criteria were included in the analysis.

Data Coding and Data Entry

TMG recorded the responses to the questionnaires in a database specifically designed for this purpose. The data entry program permitted the entry of only those responses that were within the accepted range for each specific item; for example, if a rating was supposed to be on a scale of 0 to 10, a response of 12 could not be entered. APS performed a data clean-up process prior to the actual analysis to detect any additional out-of-range values and response inconsistencies. Typically, inconsistencies occurred when respondents did not follow the skip pattern of question groups. Whenever

feasible, APS recoded the items to conform to the questionnaire skip patterns; for example, if one response indicated the person did not receive forms to fill out, then any subsequent responses to questions about the ease of completing the forms were discarded. However, when the intent of the respondent could not be determined, the analyst recoded the item as missing.

Data Analysis

All analyses and calculations in the study were performed by APS using SAS Version 9.1. Frequencies were computed for all the items on the survey. Due to the lengthy results for this type of descriptive statistics, the frequency distributions are reported in Appendix B rather than in the results section.

The main analysis compared this year's survey results with those from the previous administration of the survey, which was in SFY 2008. This analysis produced three types of results: global ratings, composite measures, and individual items.

Global ratings, which used a scale of 0 to 10, measured the respondents' assessment of their health plan and the quality of the care received. APS computed the means for each global rating and used t-tests to compare means from the SFY 2008 and SFY 2010 SoonerCare Choice surveys. The two global ratings compared were:

- Overall rating of treatment or counseling received by the child
- Overall rating of the health plan.

Composite measures combined the responses to questions that were closely related to each other and provided more comprehensive and meaningful results than comparing each item separately. APS computed the mean scores for each composite and used t-tests to compare means from the SFY 2008 and SFY 2010 SoonerCare Choice surveys. The five composite measures were compared were:

- Experiences in getting treatment quickly
- Experiences with how well clinicians communicate
- Experiences in getting treatment and information from the plan
- Perceived improvement from treatment

• Availability of professional help and support

Individual items provided meaningful results concerning specific issues. For items with multiple responses, APS computed the mean scores for each individual item and used t-tests to compare results from the SFY 2008 and SFY 2010 SoonerCare Choice surveys. For items with dichotomous "yes/no" responses, APS computed chi-squared tests to compare results. The individual items that could be compared were:

- Appointment waiting time
- Amount child was helped by treatment
- Informed about medication side effects
- Discussed goals of treatment
- Discussed treatment options
- Informed about condition management
- Informed about patient rights
- Ability to refuse treatment options
- Health information privacy
- Responsiveness to cultural needs
- Reasons for seeking treatment

Results

Table 1 shows the response by method for the current year's survey and the previous administration of the survey in SFY 2008.

Table 1. Completed Survey Response by Method and Year

Completed Surveys	SFY 2010 Survey	SFY 2008 Survey		
Mailing	519	433		
Phone Follow-Up	114	114		
Total Completed Surveys	633	547		

The study evaluated each returned questionnaire to determine if it met the CAHPS definition for a completed survey. To be considered complete, a questionnaire must have had appropriate responses to at least nine of 18 key questions identified by CAHPS. APS

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coded returned questionnaires that did not pass the completion criteria as non-respondents and excluded them from the analysis. During SFY 2010, 380 surveys were deemed ineligible due to not meeting the criteria for completion.

Table 2 shows the number of ineligible survey respondents by disposition.

Table 2. Number of ineligible surveys for SFY 2010

Ineligible Disposition	N	%
Did not meet criteria for completion	380	100%
Total Ineligibles	380	100%

The adjusted response rate, expressed as a percentage, is the number of completed surveys divided by the number of eligible surveys.

$$\frac{\text{Number of completed surveys}}{\text{Number of eligible surveys}} \qquad \text{x 100} \qquad = \qquad \frac{\text{Adjusted}}{\text{response rate}}$$

$$\frac{\text{(Total completed surveys)}}{\text{(Sample)} - \text{(Ineligible)}} = \frac{633}{2000 - 380} \times 100 = 39.1\%$$

The adjusted response rates for the current SoonerCare Choice survey was 39.1%; the adjusted response rates for the previous SoonerCare Choice survey was 32.0%. The difference in response rates probably is attributable to the decision in SFY 2010 to limit the sampling frame to participants who had a paid claim with a behavioral health provider during the sample timeframe.

Demographics

Respondents were asked their race and ethnicity. Figure 1 shows the results.

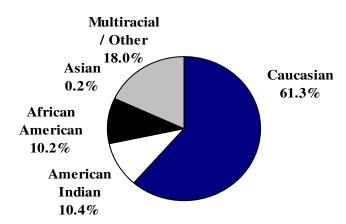


Figure 1. ECHO Respondents' Racial Identity

Results showed that the majority of participants (61.3%) were Caucasian. African Americans and American Indians were equally represented (10% each), and the remaining members reported another race or multiple races. In response to a separate question about ethnicity, 9.9% of respondents reported to be Hispanic or Latino.

Global Ratings

In Figures 2 and 3, the overall ratings are shown for the following:

- Overall rating of treatment or counseling received
- Overall rating of the health plan providing behavioral health services

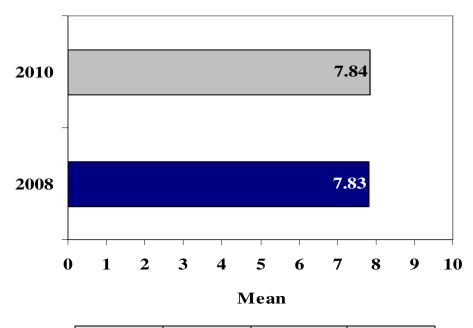
The means for the global rating items for the two years are shown in bar graphs. The table below each graph lists the number of respondents analyzed, the means, and the p-value associated with the statistical comparison between the two years, using a t-test. A p-value less than .05 was considered statistically significant. That is, if the p-value was less than .05, the two means were statistically different from each other; otherwise, the two means were not statistically different.*

^{*} APS used SAS PROC TTEST to compute the significance of difference between years. Reported p-values are from pooled tests with equal variances assumed: no items failed a test of equal variances.

Overall Rating of Treatment or Counseling Received

• Using any number from 0 to 10, where 0 is the worst counseling or treatment possible and 10 is the best counseling or treatment possible, what number would you use to rate all your child's counseling or treatment in the last 12 months?

Figure 2. Overall Rating of Treatment or Counseling Received



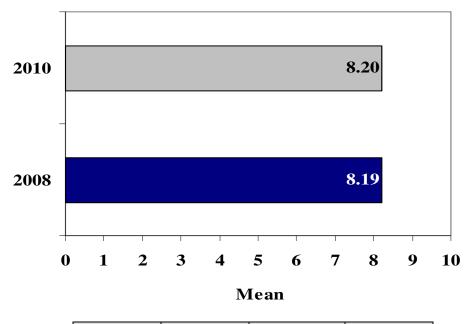
Year	N	Mean	p-value
2010	620	7.84	9371
2008	287	7.83	.9371

Figure 2 demonstrates that SoonerCare Choice members remained fairly satisfied with the counseling and treatment received in 2010 compared with the ratings in 2008. The slight increase was not statistically significant.

Overall Rating for Health Plan on Providing Behavioral Health Services

• Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your child's health plan for counseling or treatment?

Figure 3. Overall Rating for Health Plan on Providing Behavioral Health Services



Year	N	Mean	p-value
2010	616	8.20	.9910
2008	349	8.19	.9910

Figure 3 shows that SoonerCare Choice members were satisfied with the provision of behavioral health services in 2010. The slight increase from 2008 was not statistically significant.

Composite Measures

In Figures 4 through 8, the following composite measures are provided:

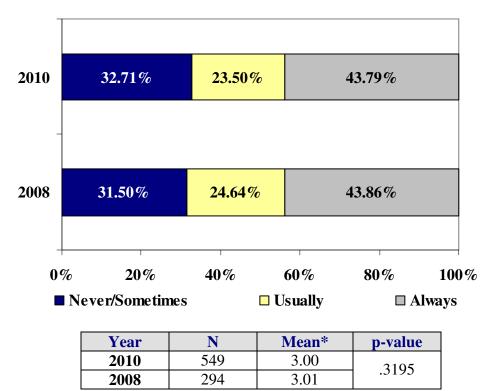
- Experiences in getting treatment quickly
- Experiences with how well clinicians communicate
- Experiences in getting treatment and information from the plan
- Perceived improvement from treatment
- Availability of help and support

The percentage in each category for the composite measures is shown in the bar graph. The table below each graph lists the number of respondents analyzed, and the mean and the p-value associated with the statistical comparison between the two years. The smallest categories are combined for display purposes only, so that percentages can be shown for each category in the graph. See footnotes below each table on how recoding was performed.

Getting Treatment Quickly

- In the last 12 months, how often did you get the professional counseling your child needed on the phone?
- In the last 12 months, when your child needed counseling or treatment right away, how often did he or she see someone as soon as you wanted?
- In the last 12 months, not counting times your child needed counseling or treatment right away, how often did your child get an appointment for counseling or treatment as soon as you wanted?

Figure 4. Getting Treatment Quickly



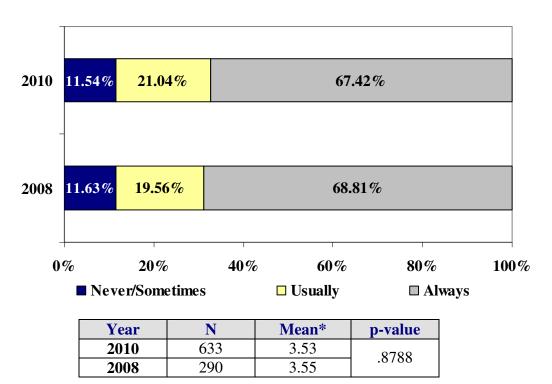
^{*} Responses of "Never" and "Sometimes" were recoded to 1, responses of "Usually" were recoded to 2 and responses of "Always" were recoded to 3.

Figure 4 shows that 67.3% of the respondents in 2010 reported usually or always receiving treatment quickly. This was a decrease from 2008 when 68.5% of respondents reported usually or always receiving treatment quickly. The mean difference was not statistically significant.

How Well Clinicians Communicate

- In the last 12 months, how often did the people your child saw for counseling or treatment listen carefully to you?
- In the last 12 months, how often did the people your child saw for counseling or treatment explain things in a way you could understand?
- In the last 12 months, how often did the people your child saw for counseling or treatment show respect for what you had to say?
- In the last 12 months, how often did the people your child saw for counseling or treatment spend enough time with you?
- In the last 12 months, how often were you involved as much as you wanted in your child's counseling or treatment?

Figure 5. How Well Clinicians Communicate



^{*} Responses of "Never" and "Sometimes" were recoded to 1, responses of "Usually" were recoded to 2 and responses of "Always" were recoded to 3.

Figure 5 shows that 88% of members felt that clinicians usually or always communicated well during 2010, the same as 2008. The mean difference was not significant.

Access to Treatment and Information from the Health Plan

- Since your child joined this health plan, how much of a problem, if any, was it to get someone for your child you are happy with?
- In the last 12 months, how much of a problem, if any, were delays in counseling or treatment while you waited for approval from your child's health plan?
- In the last 12 months, how much of a problem, if any, was it to get the counseling or treatment you thought your child needed?
- In the last 12 months, how much of a problem, if any, was it to find or understand information (about counseling or treatment)?
- In the last 12 months, how much of a problem, if any, was it to get the help you needed for your child when you called the health plan's customer service?
- In the last 12 months, how much of a problem, if any, did you have with paperwork for your child's health plan?

Figure 6. Access to Treatment and Information from the Health Plan

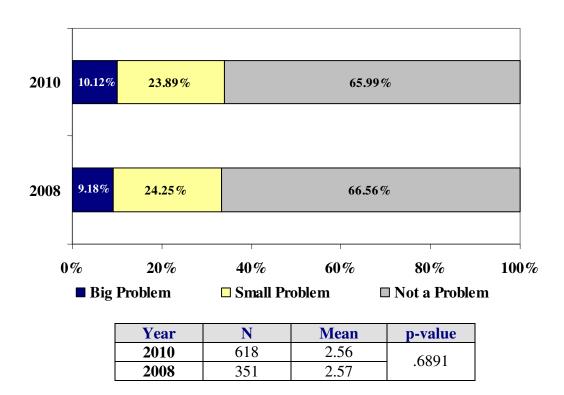
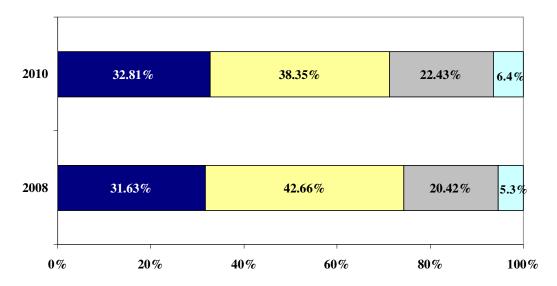


Figure 6 demonstrates that 89.9% of respondents indicated no problem with access to treatment and information in 2010, compared with 90.8% in 2008. The mean difference in average ratings was not statistically significant.

Perceived Improvement from Treatment

- Compared to 12 months ago, how would you rate your child's ability to deal with daily problems now?
- Compared to 12 months ago, how would you rate your child's ability to deal with social situations now?
- Compared to 12 months ago, how would you rate your child's ability to accomplish the things he or she wants to do now?
- Compared to 12 months ago, how would you rate your child's problems or symptoms now?

Figure 7. Perceived Improvement from Treatment



■ Much Better □ A Little Better □ About the Same □ A Little/Much Worse

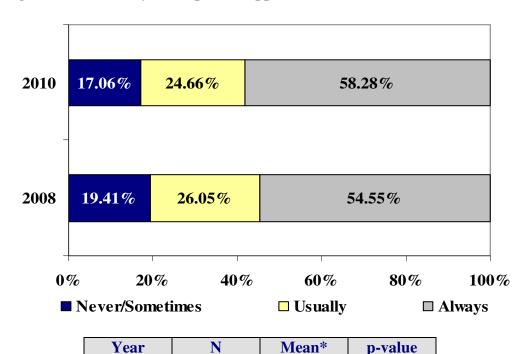
Year	N	Mean*	p-value
2010	627	2.04	6213
2008	359	2.01	.0213

^{*} Responses of "Much better" were recoded to 1, responses of "A little better" were recoded to 2, responses of "About the same" were recoded to 3, responses of "A little worse" and "Much worse" were recoded to 4.

Figure 7 shows that 71.2% of respondents in 2010 believed their child was "much better" or "a little better", compared with 74.3% in 2008. The mean difference was not statistically significant.

Availability of Help and Support

- In the last 12 months, how often did your family get the professional help you wanted for your child?
- In the last 12 months, how often did you feel your child had someone to talk to for counseling or treatment when he or she was troubled?



627

288

Figure 8. Availability of Help and Support

2010

2008

3.36

3.31

.4424

Figure 8 shows that 82.9% of respondents in 2010 believed their child "usually" or "always" had professional help and support available, compared with 80.6% in 2008. The difference of means was not statistically significant.

^{*} Responses of "Never" and "Sometimes" were recoded to 1, responses of "Usually" were recoded to 2 and responses of "Always" were recoded to 3.

Single Item Measures

Figures 9 and 10, and Table 2 compare results for the following single item measures:

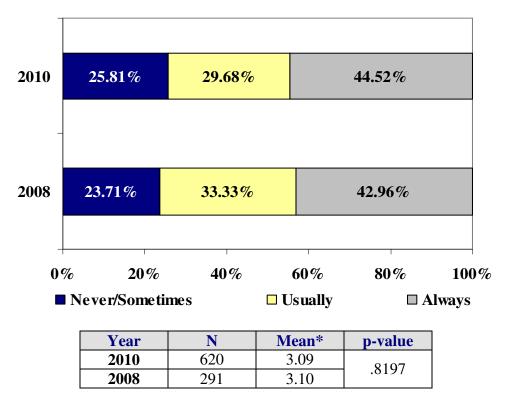
- Appointment waiting time
- Amount child was helped by treatment
- Informed about medication side effects
- Discussed goals of treatment
- Discussed treatment options
- Informed about condition management
- Informed about patient rights
- Ability to refuse treatment options
- Health information privacy
- Responsiveness to cultural needs
- Reasons for seeking treatment

Table 2 contains the percentage who answered "yes" to yes/no questions in 2008 and 2010, as well as the p-value for a statistical chi-squared test of the difference between years. Differences with p-values of .05 or less are considered statistically significant.

Appointment Waiting Time

• In the last 12 months, how often was your child seen within 15 minutes of his or her appointment?

Figure 9. Appointment Waiting Time



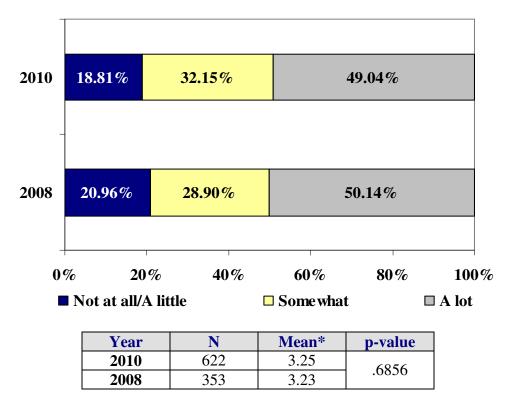
^{*} Responses of "Never" and "Sometimes" were recoded to 1, responses of "Usually" were recoded to 2 and responses of "Always" were recoded to 3.

Figure 9 shows that 74.2% of respondents in 2010 said their child "usually" or "always" was seen within 15 minutes, compared with 76.3% in 2008. The difference of means was not statistically significant.

How Much Your Child was Helped

• In the last 12 months, how much was your child helped by the counseling or treatment he or she got?

Figure 10. How Much Child was Helped



^{*} Responses of "Not at all" and "A little" were recoded to 1, responses of "Somewhat" were recoded to 2 and responses of "A lot" were recoded to 3.

Figure 10 shows that 81.2% of respondents in 2010 said their child was helped "somewhat" or "a lot", compared with 79.0% in 2008. The difference of means was not statistically significant.

Table 3. Percent Responding "Yes" to Single-Item Measures

Item	SFY 2008	SFY 2010	p-value
Were you told what side effects of those medicines to watch for?	80.30%	80.57%	.9337
Were the goals of your child's counseling or treatment discussed completely with you?	89.55%	88.22%	.5563
Were you given information about different kinds of counseling or treatment that are available for your child?	62.11%	64.25%	.5331
Were you given as much information as you wanted about what you could do to manage your child's condition?	73.17%	74.15%	.7546
Were you given information about your child's rights as a patient?	88.61%	90.06%	.5077
Did you feel you could refuse a specific type of medicine or treatment for your child?	87.06%	87.68%	.7936
As far as you know did anyone your child saw for counseling or treatment share information with others that should have been kept private?	6.67%	2.78%	.0058*
Was the care your child received responsive to those (cultural) needs?	75.00%	76.92%	.8908
Was any of your child's counseling or treatment for problems related to ADHD or other behavior problems?	77.90%	81.73%	.1481
Was any of your child's counseling or treatment for family problems or mental or emotional illness?	66.76%	67.91%	.7146
Was any of your child's counseling or treatment for autism or other developmental problems?	20.00%	22.30%	.4044
Was any of your child's counseling or treatment for help with alcohol use or drug use?	5.16%	4.21%	.4958

^{*} Statistically significant

Discussion

Comparing the SFY 2008 survey and the SFY 2010 survey, results indicated relatively high levels of satisfaction holding steady across an array of 21 quality measures. Although the majority of the differences were not statistically significant, many of the quality measures showed slight improvements. These results continue to reflect a positive upward trend occurring in regards to member satisfaction with the behavioral health services for children.

One measure showed a statistically significant difference between SFY 2008 and SFY 2010. The single-item measure "As far as you know did anyone your child saw for counseling or treatment share information with others that should have been kept private?" reflected a significant decrease in the percent of members who responded "yes" from 6.7% in SFY 2008 to 2.8% in SFY 2010. This may indicate that members perceive providers being more cautious about complying with HIPAA regulations regarding disclosure of personal health information.

The SFY 2010 sampling methodology limited the sample pool to members who had a paid behavioral health claim. This method may have contributed to an increase in the adjusted response rate, which was 22.2% higher than the SFY 2008 rates. APS recommends the OHCA continue to follow this sampling methodology for future surveys.

Appendix A



 Answer all the questions by shading or marking the Like this all, this \(\text{\text{\$\oldsymbol{Z}\$}}\), or this \(\text{\text{\$\oldsymbol{Z}\$}}\) 	ie box v	rith blue or black ink.									
• You are sometimes told to skip over some questions in this survey. When this happens you will see a note that tells you what question to answer next, Like this:											
All information that would let someone identify you or your family will be kept private. The Myers Group will not share your personal information with anyone without your OK. You may choose to answer this survey or not. If you choose not to, this will not affect the benefits you get.											
You may notice a number on the cover of this survey, returned your survey so we don't have to send you re											
If you want to know more about this study, please cal	I 1-877-	901-8432.									
PERSONAL OR EASILY COUNSELING Please answer the questions for the child listed on the envelope. Please do not answer for any other	3.	In the last 12 months, how often did you get the professional counseling your child needed on the phone?									
children.		□, Never □, Sometimes □, Usually									
Children can get counseling, treatment or medicine for many different reasons, such as:		□, Aways									
For problems related to attention deficit hyperactivity disorder (ADHD) or other behavioral problems	4.	In the last 12 months, did your child need counseling or treatment <u>right away</u> ?									
Family problems (like when parents and children have trouble getting along) For mental or emotional illness		□, Yes									
For autism or other developmental conditions Needing help with drug or alcohol use	5.	In the last 12 months, when your child needed counseling or treatment <u>right away</u> , how often									
 In the last 12 months, did your child get counseling, treatment or medicine for any of these reasons? 		did he or she see someone as soon as you wanted? Never Sometimes									
□, Yes		C, Usually Aways									
YOUR CHILD'S COUNSELING AND TREATMENT IN THE LAST 12 MONTHS The next questions ask about your child's counseling	6.	In the last 12 months, not counting times your child needed counseling or treatment right away, did you make any appointments for your child for counseling or treatment?									
or treatment. <u>Do not</u> include counseling or treatment during an overnight stay or from a self-help group.		□, Yes									
2. In the last 12 months, did you <u>call</u> someone to get <u>professional counseling on the phone</u> for your child?											
☐, YesGo to Question 3 ☐, NoGo to Question 4											



Thank You

Please return the completed survey in the postage-paid envelope to:

Ath: Survey Proceeding Department
The Myers Group
2551 harry Clover Boulevard, Suite C
Smillville, GA 30078-3107
Toll-Free: 1-877-901-8432

For Internal Purposes Only: 97407

Please continue inside >>> 🖊

7.	In the last 12 months, not counting times your child needed counseling or treatment right away, how often did your child get an appointment for counseling or treatment as soon as you wanted?	13.	In the last 12 months, how often did the people your child saw for counseling or treatment explain things in a way you could understand? Never Sometimes
	Never Sometimes Usually		Sometimes Usually Aways
	00.70.00.000	14.	In the last 12 months, how often did the people your child saw for counseling or treatment show
8.	In the last 12 months, how many times did your child go to an emergency room or crisis center to get counseling or treatment?		respect for what you had to say? Never Sometimes
	G. None G. 1 time G. 2 times G. 3 or more times		C, Usualy C, Aways
		15.	your child saw for counseling or treatment spend
9.	In the last 12 months (not counting emergency rooms or crisis centers), how many times did your child get counseling, treatment or medicine in your home or at an office, clinic, or other treatment program?		enough time with you? Nover Sometimes Usualy Aways
	□, None	16.	In the last 12 months, did your child take any prescription medicines as part of his or her treatment?
10.	In the last 12 months, how many times did your child get counseling or treatment in your home?		□, Yes
	□, None □, 1 to 10 times □, 11 to 20 times □, 21 or more times	17.	In the last 12 months, were you told what side effects of those medicines to watch for?
11.	In the last 12 months, how often was your child		D, No
11.	seen within 15 minutes of his or her appointment?	18.	In the last 12 months, how often were you involved as much as you wanted in your child's counseling or treatment?
	□, Nover □, Sometimes □, Usually □, Always		Never Sometimes Usually Aways
treat hom as w	next questions are about all the courseling or ment your child got in the last 12 months in your le, during office, clinic, and emergency room visits ell as <u>over the phone</u> . Please do the best you can be the all the difference and your child our for	19.	In the last 12 months, were the goals of your child's counseling or treatment discussed completely with you?
	clude all the different people your child saw for iseling or treatment in your answers.		□, Yes □, No
12.	In the last 12 months, how often did the people your child saw for counseling or treatment <u>listen</u> carefully to you?		(10 0 -000)
	Never Sometimes Usually Absence		

7 Please continue on back >>>

	What is the highest grade or level of school that you have completed?	20.	In the last 12 months, how often did your family get the professional help you wanted for your child?	28.	In the last 12 months, was the care your child received responsive to those needs?
	1, 8 th grade or less 2, Some high school, but did not graduate 3, High school graduate or GED 4, Some college or 2-year degree 4, 4year college degree		□, Never □, Sometimes □. Usually		Yes No
	4-year college degree More than 4-year college degree		C, Always	29.	Using any number from 0 to 10, where 0 is the worst counseling or treatment possible and 10 is the best counseling or treatment possible, what
	w are you related to the child? Mother or Father	21.	In the last 12 months, how often did you feel your child had someone to talk to for counseling or		number would you use to rate all your child's counseling or treatment in the last 12 months'
Grand	dparent or uncle r sibling r relative		treatment when he or she was troubled? Nover Sometimes Usually Aways		Worst counseling or treatment possible treatment possible treatment possible treatment possible of 7 8 9
	ne help you complete this survey?	22.	In the last 12 months, were you given information about different kinds of counseling or treatment that are available for your child?	30.	In the last 12 months, how much was your child helped by the counseling or treatment he or she got?
			□, Yos □, No		Not at all Alittle Somewhat
How did that person help you?		23.	In the last 12 months, were you given as much information as you wanted about what you could do to manage your child's condition?	31.	In general, how would you rate your child's
(Mark all that apply) D. Read the questions to me D. Wrote down the answers I gave D. Answered the questions for me		П	□, Yes □, No		overall mental health now?
☐, Translated the questions into language ☐, Helped in some other way:	my	24.	In the last 12 months, were you given information about your child's rights as a patient?		Good Fair Poor
			□, Yes □, No	32.	Compared to 12 months ago, how would yo rate your child's ability to deal with daily
		25.	In the last 12 months, did you feel you could refuse a specific type of medicine or treatment for your child?		problems now? . Much better . Alittle better
			□, Yes □, No		About the same Alittle worse Much worse
		26.	In the last 12 months, as far as you know did anyone your child saw for counseling or treatment share information with others that should have been kept private?	33.	rate your child's ability to deal with social situations now?
			□, Yes □, No		Much better Allitie better About the same Allitie worse
		27	Door your shill's lenguage sees sellation others		☐ Much worse

34.	Compared to 12 months ago, how would you rate your child's ability to accomplish the things he or she wants to do now?	41.	time since then, did your child get someone <u>new</u> for counseling or treatment?	49.	In the last 12 months, how much of a problem, if any, was it to get the help you needed for your <u>child</u> when you called the health plan's customer service?	56.	counseling or treatment for help with <u>alcohol use</u> or <u>drug use</u> ?
	Much better A title better About the same About the same		☐, Yes		A big problem A small problem Not a problem		L, Yes
35.	Compared to 12 months are, how would you	42.	Since your child joined this health plan, how much of a problem, if any, was it to get someone for your child you are happy with?	50.	In the last 12 months, did you have to fill out any	57.	ABOUT YOU AND YOUR CHILD In general, how would you rate your child's overall health now?
.30.	rate your child's problems or symptoms now?		□ A big problem □ A small problem □ Not a problem		paperwork about counseling or treatment for your child's health plan? Yes Go to Question 51		□ E-milland
	Much better A title better About the same A title worse				□, Yes		G. Poor
	Much worse	43.	In the last 12 months, did you need approval from your child's health plan for any counseling or treatment?	51.	In the last 12 months, how much of a problem, if any, did you have with paperwork for your child's	58.	What is your child's age now?
9.	YOUR CHILD'S HEALTH PLAN FOR COUNSELING OR TREATMENT		□, Yes		health plan?		Less than 1 year old
The	next questions ask about your experience with your I's health plan for counseling or treatment.	44	In the last 12 months, how much of a problem, if		A small problem Not a problem		Years old (Write in)
	Our records show that your child is now in		any, were delays in counseling or treatment while	52.	Using any number from 0 to 10, where 0 is the	59.	Is your child male or female?
	nerCare Choice. Is that right?		you waited for approval from your child's health plan?	34.	worst health plan possible and 10 is the best health plan possible, what number would you use	N. S. S. S.	, Male
	□, Yes		A big problem A small problem Not a problem		to rate your child's health plan for counseling or treatment?	60.	Is your child of Hispanic or Latino origin or
37.	What is the name of your child's health plan?				Worst health plan Best health plan possible possible		descent?
	(Please print)	45.	In the last 12 months, how much of a problem, if any, was it to get the counseling or treatment you thought your child needed?		0 1 2 3 4 5 6 7 8 9 10		□, Yes, Hispanic or Latino □, No, not Hispanic or Latino
38.	How many months or years in a row has your child been in this health plan?		A big problem A small problem Not a problem		REASONS FOR COUNSELING OR	61.	(Please mark one or more)
	L Less than 1 year At least 1 year but less than 2 years At least 2 years but less than 5 years	46.	In the last 12 months, did you look for any	53.	In the last 12 months, was any of your child's counseling or treatment for problems related to		□, White □, Black or African American □, Asian
	L, Actions 2 years outless than 5 years L, 5 ormore years		information about counseling or treatment from your child's health plan in written materials or on the Internet?		ADHD or other behavior problems?		Black or African American Asian Native Hawaiian or other Pacific Islander American Indian or Alaska Native Other
39.	How much of the counseling or treatment your child got in the last 12 months was paid for by		□, Yes		□, No	62.	
	his or her health plan?			54.	In the last 12 months, was any of your child's counseling or treatment for family problems or		□, 18 to 24 □, 25 to 34
	All of it was paid for Mast of it was paid for Some of it was paid for None of it was paid for	47.	In the last 12 months, how much of a problem, if any, was it to find or understand this information? A big problem A small problem Not a problem		mental or emotional illness? Yes , No		
40.	Were you told about other ways to get		Light of problem	55.	In the last 12 months, was any of your child's		
	counseling, treatment, or medicine for your child? —, Yes	48.	In the last 12 months, did you call the health		counseling or treatment for <u>au tism or other</u> developmental problems?	63.	Are you male or female?
	□, Yes □, No		plan's <u>customer service</u> to get information or help about counseling or treatment for your child?		, Yes		□ Male □ Female
			□, Yes		_,		

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5 Please continue on next page >>>>

Appendix B

Below are the responses by survey question. There were 633 total respondents with completed surveys. Frequencies in the tables reflect the number of people responding to each item; percentages in the tables reflect the number of respondents to the particular question.

Q1 In the last 12 months, did your child get counseling, treatment or medicine for any of these reasons?						
Q1	Q1 Frequency Po					
Yes	633	100.00				

Q2 In the last 12 months, did you call someone to get professional counseling on the phone for your child?							
Q2 Frequency Percen							
Yes	222	35.86					
No	397	64.14					
Total	619	100.00					

Q3 In the last 12 months, how often did you get the professional counseling your child needed on the phone?		
Q3	Frequency	Percent
Never	47	22.38
Sometimes	80	38.10
Usually	28	13.33
Always	55	26.19
Total	210	100.00

Q4 In the last 12 months, did your child need counseling or treatment right away?		
Q4	Frequency	Percent
Yes	254	40.25
No	377	59.75
Total	631	100.00

Q5 In the last 12 months, when your child needed counseling or treatment right away, how often did he or she see someone as soon as you wanted?		
Q5	Frequency	Percent
Never	20	7.97
Sometimes	33	13.15
Usually	70	27.89
Always	128	51.00
Total	251	100.00

Q6 In the last 12 months, not counting times your child needed counseling or treatment right away, did you make any appointments for your child for counseling or treatment?		
Q6	Frequency	Percent
Yes	510	81.21
No	118	18.79
Total	628	100.00

Q7 In the last 12 months, not counting times your child needed counseling or treatment right away, how often did your child get an appointment for counseling or treatment as soon as you wanted?

Q7	Frequency	Percent
Never	13	2.59
Sometimes	70	13.94
Usually	147	29.28
Always	272	54.18
Total	502	100.00

Q8 In the last 12 months, how many times did your child go to an emergency room or crisis center to get counseling or treatment?

V2 04004400		
Q8	Frequency	Percent
None	521	82.70
1 time	59	9.37
2 times	34	5.40
3 or more times	16	2.54
Total	630	100.00

Q9 In the last 12 months (not counting emergency rooms or crisis centers), how many times did your child get counseling, treatment or medicine in your home or at an office, clinic, or other treatment program?

Q9	Frequency	Percent
None	0	0.00
1 to 10 times	278	43.92
11 to 20 times	171	27.01
21 or more times	184	29.07
Total	633	100.00

Q10 In the last 12 months, how many times did your child get counseling or treatment in your home?		
Q10	Frequency	Percent
None	478	75.87
1 to 10 times	74	11.75
11 to 20 times	37	5.87
21 or more times	41	6.51
Total	630	100.00

Q11 In the last 12 months, how often was your child seen within 15 minutes of his or her appointment?		
Q11	Frequency	Percent
Never	62	10.00
Sometimes	98	15.81
Usually	184	29.68
Always	276	44.52
Total	620	100.00

Q12 In the last 12 months, how often did the people your child saw for counseling or treatment listen carefully to you?		
Q12	Frequency	Percent
Never	17	2.71
Sometimes	56	8.93
Usually	140	22.33
Always	414	66.03
Total	627	100.00

Q13 In the last 12 months, how often did the people your child saw for counseling or treatment explain things in a way you could understand?		
Q13	Frequency	Percent
Never	14	2.23

Sometimes

Usually

Always

Total

40

143

432

629

6.36

22.73

68.68

100.00

Q14 In the last 12 months, how often did the people your child saw for counseling or treatment show respect for what you had to say?		
Q14	Frequency	Percent
Never	16	2.55
Sometimes	45	7.18
Usually	124	19.78
Always	442	70.49
Total	627	100.00

Q15 In the last 12 months, how often did the people your child saw for counseling or treatment spend enough time with you?		
Q15	Frequency	Percent
Never	24	3.83
Sometimes	79	12.62
Usually	151	24.12
Always	372	59.42
Total	626	100.00

Q16 In the last 12 months, did your child take any prescription medicines as part of his or her treatment?		
Q16	Frequency	Percent
Yes	457	72.42
No	174	27.58
Total	631	100.00

Q17 In the last 12 months, were you told what side effects of those medicines to watch for?		
Q17	Frequency	Percent
Yes	365	80.57
No	88	19.43
Total	453	100.00

Q18 In the last 12 months, how often were you involved as much as you wanted in your child's counseling or treatment?		
Q18	Frequency	Percent
Never	18	2.86
Sometimes	53	8.43
Usually	102	16.22
Always	456	72.50
Total	629	100.00

Q19 In the last 12 months, were the goals of your child's counseling or treatment discussed completely with you?		
Q19	Frequency	Percent
Yes	554	88.22
No	74	11.78
Total	628	100.00

Q20 In the last 12 months, how often did your family get the professional help you wanted for your child?		
Q20	Frequency	Percent
Never	32	5.16
Sometimes	63	10.16
Usually	151	24.35
Always	374	60.32
Total	620	100.00

Q21 In the last 12 months, how often did you feel your child had someone to talk to for counseling or treatment when he or she was troubled?		
Q21	Frequency	Percent
Never	36	5.83
Sometimes	80	12.97
Usually	154	24.96
Always	347	56.24
Total	617	100.00

Q22 In the last 12 months, were you given information about different kinds of counseling or treatment that are available for your child?		
Q22	Frequency	Percent
Yes	399	64.25
No	222	35.75
Total	621	100.00

Q23 In the last 12 months, were you given as much information as you wanted about what you could do to manage your child's condition?		
Q23	Frequency	Percent
Yes	459	74.15
No	160	25.85
Total	619	100.00

Q24 In the last 12 months, were you given information about your child's rights as a patient?		
Q24	Frequency	Percent
Yes	562	90.06
No	62	9.94
Total	624	100.00

Q25 In the last 12 months, did you feel you could refuse a specific type of medicine or treatment for your child?		
Q25	Frequency	Percent
Yes	541	87.68
No	76	12.32
Total	617	100.00

Q26 In the last 12 months, as far as you know did anyone your child saw for counseling or treatment share information with others that should have been kept private?		
Q26	Frequency	Percent
Yes	17	2.78
No	594	97.22
Total	611	100.00

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Q27 Does your child's language, race, religion, ethnic background or culture make any difference in the kind of counseling or treatment he or she needs?			
Q27	Frequency	Percent	
Yes	40	6.53	
No	573	93.47	
Total	613	100.00	

Q28 In the last 12 months, was the care your child received responsive to those needs?			
Q28	Frequency	Percent	
Yes	30	76.92	
No	9	23.08	
Total	39	100.00	

Q29 Using any number from 0 to 10, what number would you use to rate all your child's counseling or treatment in the last 12 months?			
Q29	Frequency	Percent	
0 Worst	6	0.97	
1	6	0.97	
2	8	1.29	
3	22	3.55	
4	19	3.06	
5	38	6.13	
6	36	5.81	
7	71	11.45	
8	130	20.97	
9	87	14.03	
10 Best	197	31.77	
Total	620	100.00	

Q30 In the last 12 months, how much was your child helped by the counseling or treatment he or she got?		
Q30	Frequency	Percent
Not at all	32	5.14
A little	85	13.67
Somewhat	200	32.15
A lot	305	49.04
Total	622	100.00

Q31 In general, how would you rate your child's overall mental health now?		
Q31	Frequency	Percent
Excellent	54	8.68
Very Good	133	21.38
Good	255	41.00
Fair	147	23.63
Poor	33	5.31
Total	622	100.00

Q32 Compared to 12 months ago, how would you rate your child's ability to deal with daily problems now?		
Q32	Frequency	Percent
Much better	226	36.16
A little better	236	37.76
About the same	125	20.00
A little worse	22	3.52
Much worse	16	2.56
Total	625	100.00

Q33 Compared to 12 months ago, how would you rate your child's ability to deal with social situations now?		
Q33	Frequency	Percent
Much better	192	30.77
A little better	233	37.34
About the same	156	25.00
A little worse	29	4.65
Much worse	14	2.24
Total	624	100.00

Q34 Compared to 12 months ago, how would you rate your child's ability to accomplish the things he or she wants to do now?		
Q34	Frequency	Percent
Much better	207	33.33
A little better	236	38.00
About the same	151	24.32
A little worse	21	3.38
Much worse	6	0.97
Total	621	100.00

Q35 Compared to 12 months ago, how would you rate your child's problems or symptoms now?		
Q35	Frequency	Percent
Much better	193	30.98
A little better	251	40.29
About the same	127	20.39
A little worse	41	6.58
Much worse	11	1.77
Total	623	100.00

Q36 Our records show that your child is now in SoonerCare Choice. Is that right?		
Q36	Frequency	Percent
Yes	618	99.36
No	4	0.64
Total	622	100.00

Q38 How many months or years in a row has your child been in this health plan?		
Q38	Frequency	Percent
Less than 1 year	22	3.62
1-2 years	48	7.91
2-5 years	155	25.54
5 or more years	382	62.93
Total	607	100.00

Q39 How much of the counseling or treatment your child got in the last 12 months was paid for by his or her health plan?		
Q39	Frequency	Percent
All of it	565	91.57
Most of it	26	4.21
Some of it	16	2.59
None of it	10	1.62
Total	617	100.00

Q40 Were you told about other ways to get counseling, treatment, or medicine for your child?		
Q40	Frequency	Percent
Yes	205	33.39
No	409	66.61
Total	614	100.00

Q41 When your child joined this health plan or at any time since then, did your child get someone new for counseling or treatment?		
Q41	Frequency	Percent
Yes	294	48.04
No	318	51.96
Total	612	100.00

Q42 Since your child joined this health plan, how much of a problem, if any, was it to get someone for your child you are happy with?		
Q42	Frequency	Percent
A big problem	44	15.22
A small problem	80	27.68
Not a problem	165	57.09
Total	289	100.00

Q43 In the last 12 months, did you need approval from your child's health plan for any counseling or treatment?		
Q43	Frequency	Percent
Yes	238	39.21
No	369	60.79
Total	607	100.00

Q44 In the last 12 months, how much of a problem, if any,
were delays in counseling or treatment while you waited for
approval from your child's health plan?

Q44	Frequency	Percent
A big problem	24	10.30
A small problem	65	27.90
Not a problem	144	61.80
Total	233	100.00

Q45 In the last 12 months, how much of a problem, if any, was it to get the counseling or treatment you thought your child needed?

Q45	Frequency	Percent
A big problem	48	7.87
A small problem	97	15.90
Not a problem	465	76.23
Total	610	100.00

Q46 In the last 12 months, did you look for any information about counseling or treatment from your child's health plan in written materials or on the Internet?

Q46	Frequency	Percent
Yes	192	31.22
No	423	68.78
Total	615	100.00

Q47 In the last 12 months, how much of a problem, if any, was it to find or understand this information?

Q47	Frequency	Percent
A big problem	23	12.04
A small problem	55	28.80
Not a problem	113	59.16
Total	191	100.00

Q48 In the last 12 months, did you call the health plans customer service to get information or help about counseling or treatment for your child?		
Q48	Frequency	Percent
Yes	80	13.09
No	531	86.91
Total	611	100.00

Q49 In the last 12 months, how much of a problem, if any, was it to get the help you needed for your child when you called the health plans customer service?		
Q49	Frequency	Percent
A big problem	9	11.54
A small problem	22	28.21
Not a problem	47	60.26
Total	78	100.00

Q50 In the last 12 months, did you have to fill out any paperwork about counseling or treatment for your child's health plan?		
Q50	Frequency	Percent
Yes	298	49.09
No	309	50.91
Total	607	100.00

Q51 In the last 12 months, how much of a problem, if any, did you have with paperwork for your child's health plan?		
Q51	Frequency	Percent
A big problem	11	3.72
A small problem	44	14.86
Not a problem	241	81.42
Total	296	100.00

Q52 Using any number from 0 to 10, what number would you use to rate your child's health plan for counseling or treatment?		
Q52	Frequency	Percent
0 Worst	7	1.14
1	6	0.97
2	1	0.16
3	14	2.27
4	11	1.79
5	37	6.01
6	24	3.90
7	62	10.06
8	117	18.99
9	114	18.51
10 Best	223	36.20
Total	616	100.00

Q53 In the last 12 months, was any of your child's counseling or treatment for problems related to ADHD or other behavior problems?		
Q53	Frequency	Percent
Yes	510	81.73
No	114	18.27
Total	624	100.00

Q54 In the last 12 months, was any of your child's counseling or treatment for family problems or mental or emotional illness?		
Q54	Frequency	Percent
Yes	419	67.91
No	198	32.09
Total	617	100.00

Q55 In the last 12 months, was any of your child's counseling or treatment for autism or other developmental problems?		
Q55	Frequency	Percent
Yes	136	22.30
No	474	77.70
Total	610	100.00

Q56 In the last 12 months, was any of your child's counseling or treatment for help with alcohol use or drug use?		
Q56	Frequency	Percent
Yes	26	4.21
No	592	95.79
Total	618	100.00

Q57 In general, how would you rate your child's overall health now?		
Q57	Frequency	Percent
Excellent	105	16.88
Very Good	213	34.24
Good	219	35.21
Fair	74	11.90
Poor	11	1.77
Total	622	100.00

Q58 What is your child's age now?		
Q58	Frequency	Percent
0	3	0.48
1	2	0.32
2	0	0.00
3	4	0.64
4	7	1.12
5	35	5.59
6	35	5.59
7	36	5.75
8	57	9.11
9	62	9.90
10	62	9.90
11	53	8.47
12	58	9.27
13	52	8.31
14	42	6.71
15	62	9.90
16	40	6.39
17	16	2.56
Total	626	100.00

Q59 Is your child male or female?		
Q59	Frequency	Percent
Male	387	62.22
Female	235	37.78
Total	622	100.00

Q60 Is your child of Hispanic or Latino origin or descent?		
Q60	Frequency	Percent
Yes, Hispanic or Latino	61	9.85
No, not Hispanic or Latino	558	90.15
Total	619	100.00

Q61 What is your child's race?		
Q61	Frequency	Percent
White	379	61.33
American Indian	64	10.36
Black or African American	63	10.19
Asian	1	0.16
Multiple or Other*	111	17.96
Total	618	100.00

^{*} Respondents who selected more than one race were grouped in the multiracial / other category.

Q62 What is your age now?		
Q62	Frequency	Percent
18-24	10	1.62
25-34	226	36.69
35-44	206	33.44
45-54	108	17.53
55-64	42	6.82
65-74	22	3.57
75 or older	2	0.32
Total	616	100.00

Q63 Are you male or female?		
Q63	Frequency	Percent
Male	49	7.87
Female	574	92.13
Total	623	100.00

Q64 What is the highest grade or level of school that you have completed?		
Q64	Frequency	Percent
8th grade or less	14	2.30
Some high school	79	12.97
HS grad or GED	229	37.60
Some college	233	38.26
College grad	37	6.08
More than 4yr college	17	2.79
Total	609	100.00

Q65 How are you related to the child?		
Q65	Frequency	Percent
Mother or Father	496	79.87
Grandparent	75	12.08
Aunt or Uncle	11	1.77
Other relative	4	0.64
Legal Guardian	35	5.64
Total	621	100.00

Q66 Did someone help you complete this survey?		
Q66	Frequency	Percent
Yes	15	2.94
No	496	97.06
Total	511	100.00

Q67 How did that person help you?	
(Mark all that apply)	Frequency
Read the questions to me	7
Wrote down the answers I gave	6
Answered the questions for me	3
Translated the questions into my language	1
Helped in some other way	5
Total *	15

^{*} Respondents could have selected more than one response. Respondents must have answered "Yes" to Q66 to respond on Q67.