



Pharmacy Update

Pharmacy Help Desk Phone Numbers (405)522-6205 option 4 or (800)522-0114 option 4
Service Hours: Monday – Friday (8:30a – 7:00p); Saturday (9:00a – 5:00p); Sunday (11:00a – 5:00p)
Email: pharmacy@okhca.org OHCA Website: www.okhca.org
PA Criteria: www.okhca.org/providers/rx/pa PA forms: www.okhca.org/rx-forms

August 6, 2009

Osteoporosis Medications Step Therapy

Step therapy requirements will take effect on August 19, 2009.

- For Pharmacy prior authorization, use form Pharm-4.
- For Outpatient/Physician prior authorization, use form Pharm-18.
- PA forms are available at www.okhca.org/rx-forms. Submit both Pharmacy and Outpatient/Physician PA requests for osteoporosis medications to the OHCA Pharmacy Prior Authorization Department at the OU College of Pharmacy using the fax numbers listed on the forms.

Tier-1*	Tier-2	Tier-3
Alendronate (Fosamax®) Calcium + Vitamin D†	Alendronate + D (Fosamax®+D) Ibandronate (Boniva®) Risedronate (Actonel®)	Zoledronic acid (Reclast®) Teriparatide (Forteo®)

*Branded products will require a brand name override. Calcitonin and raloxifene are not included as Tier-1 trials.

†Must be used at recommended doses in conjunction with Tier-1 bisphosphonate for trial to be accepted unless member has a recent laboratory result showing adequate Vitamin D or member is unable to tolerate calcium. OTC Calcium and Vitamin D are only covered for members with osteoporosis. See www.okhca.org/providers/rx for a list of covered products.

Criteria for Moving to Higher Tiers:

1. Treatment failure with all lower tiered products, or
2. Contraindication to all lower tiered products, or
3. Allergic reaction to all lowered tiered products, or
4. Specific indication not covered by a lower tiered product.
5. No concomitant use of bisphosphonate therapy will be approved. No additional bisphosphonate may be approved for 365 days following zoledronic acid infusion.
6. Clinical Exceptions:
 - Risedronate (Actonel®) may be approved for members with high risk for gastric side effects.
 - Zoledronic acid (Reclast®) may be approved for members with a diagnosis of Paget’s disease or for osteoporosis if secondary diagnosis meets criteria below:
 - i. Severe esophageal disease (e.g., ulcerations, strictures)
 - ii. Inability to take anything by mouth
 - iii. Inability to sit or stand for prolonged periods
 - iv. Inability to take an oral bisphosphonate for other special medical circumstances that justify the method of administration
 - Teriparatide (Forteo®) may be used after a minimum 12 month trial with a bisphosphonate plus adequate calcium and vitamin D (unless contraindicated, intolerant, or allergic) and a BMD (T-score at or below -2.5) test within the last month.

We appreciate the services you provide to Oklahomans insured by SoonerCare.