

# STATE OF OKLAHOMA OKLAHOMA HEALTH CARE AUTHORITY

AD HOC TRIBAL CONSULTATION MEETING
AGENDA
10 AM, April 6, 2016
BOARD ROOM
4345 N. LINCOLN BLVD.
OKLAHOMA CITY, OK 73105

- 1. Welcome Dana Miller, Director of Tribal Government Relations
- 2. Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) Emergency Rule Changes and State Plan Amendments—William Baker, Senior Policy Specialist

#### **ODMHSAS EMERGENCY RULE CHANGES**

- Reduction in limits for psychotherapy provided in Outpatient Behavioral Health Agencies
- Reduction in limits for psychotherapy provided by Independently Contracted Licensed
   Behavioral Health Professionals
- Reduction in limits for reimbursable service plan updates

## **ODMHSAS STATE PLAN AMENDMENTS**

- Reimbursement rate reduction for Licensure Candidates
- Reimbursement rate reduction for Independent Licensed Behavioral Health Professionals
- Reimbursement rate reduction for Independent Psychologists
- Reimbursement rate reduction for Psychiatric Residential Treatment Facilities (PRTF)
- Rate reduction for Freestanding Psychiatric Hospitals (Per Diem)
- 3. OHCA Budget Reductions Effective June 1<sup>st</sup> Dana Miller, Director of Tribal Government Relations
- 4. Other Business
  - 100% FMAP for services through an ITU-update
  - CCBHC planning grant needs assessment- LeAndrea Nez, Tribal Liaison ODMHSAS
- 5. Adjourn—Next Tribal Consultation Scheduled for 11 AM, May 3, 2016.

#### **ODMHSAS EMERGENCY RULE CHANGES**

Reduction in limits for psychotherapy provided in Outpatient Behavioral Health Agencies — Outpatient behavioral health agency rules are amended in order to set daily and weekly limits for the amount of individual, group and family psychotherapy that are reimbursable by SoonerCare. The current daily limits of 6 units of individual, 12 units of group and 12 units of family therapies will be reduced to 4 units, 6 units and 4 units respectively. Additionally, weekly limits will be imposed that limit the total amount of group therapy in a week to 3 hours and Individual and Family therapy will cumulatively be limited to 2 hours per week. These emergency revisions are necessary to reduce the Oklahoma Department of Mental Health and Substance Abuse Services' operations budget for the remainder of SFY 2016 in order to meet the balanced budget requirements as mandated by State law. Without the recommended revisions, the Department is at risk of exhausting its State appropriated dollars required to maintain the State's Medicaid Behavioral Health Program. We are recommending an effective date of May 1, 2016, or upon governor's approval.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$3,031,168 Total; \$1,182,459 State share. Estimated savings to ODMHSAS for SFY 2017 is \$36,374,029 Total; \$14,189,509 State Share.

Reduction in limits for psychotherapy provided by Independently Contracted Licensed Behavioral Health Professionals – Rules for Licensed Behavioral Health Professionals who choose to practice on their own are amended in order to reduce the monthly limits of psychotherapy reimbursable by SoonerCare. The current limit of 8 units/sessions per month will be reduced to 4 units/sessions per month. These emergency revisions are necessary to reduce the Oklahoma Department of Mental Health and Substance Abuse Services' operations budget for the remainder of SFY 2016 in order to meet the balanced budget requirements as mandated by State law. Without the recommended revisions, the Department is at risk of exhausting its State appropriated dollars required to maintain the State's Medicaid Behavioral Health Program. We are recommending an effective date of May 1, 2016, or upon governor's approval.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$305,298 Total; \$119,097 State share. Estimated savings to ODMHSAS for SFY 2017 is \$3,663,583 Total; \$1,429,164 State share.

Reduction in limits for reimbursable service plan updates — Outpatient behavioral health agency rules are amended in order to reduce the number of SoonerCare compensable service plan updates to one every six months. Outpatient behavioral health agencies will now be reimbursed for one initial comprehensive treatment plan and one update thereto bi-annually. These emergency revisions are necessary to reduce the Oklahoma Department of Mental Health and Substance Abuse Services' operations budget for the remainder of SFY 2016 in order to meet the balanced budget requirements as mandated by State law. Without the recommended revisions, the Department is at risk of exhausting its State appropriated dollars required to maintain the State's Medicaid Behavioral Health Program. We are recommending an effective date of May 1, 2016, or upon governor's approval.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$12,817 Total; \$5,000 State share. Estimated savings to ODMHSAS for SFY2017 is \$205,075; \$80,000 State share.

### **ODMHSAS STATE PLAN AMENDMENTS**

Reimbursement rate reduction for Licensure Candidates – The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) recommends a revision to the current methodology and reimbursement structure for payments to behavioral health practitioners actively and regularly receiving board approved supervision to become licensed by an Oklahoma behavioral health licensing board (Licensure Candidate). The fees currently paid to Licensure Candidates for services rendered would be reduced by 10%. We are recommending an effective date of May 1, 2016.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$1,377,641 Total; \$537,418 State share. Estimated savings to ODMHSAS for SFY2017 is \$8,265,862 Total; \$3,224,513 State share;

Reimbursement rate reduction for Independent Licensed Behavioral Health Professionals - The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) recommends a revision to the current methodology and reimbursement structure for payments to independently contracted Licensed Behavioral Health professionals who choose to practice on their own. The fees currently paid to these providers would be reduced by 30% (15% reduction to account for accreditation & overhead costs not incurred by independent practitioners as compared to an outpatient agency provider and 15% reduction in fee for service rate). We are recommending an effective date of May 1, 2016.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$889,005 Total; \$346,801 State share. Estimated savings to ODMHSAS for SFY2017 is \$5,334,045 Total; \$2,080,811 State share.

Reimbursement rate reduction for Psychologists – The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) recommends a revision to the current methodology and reimbursement structure for payments to Psychologists. The fees currently paid to these providers would be reduced by 10%. We are recommending an effective date of May 1, 2016.

**Budget Impact:** Estimated savings to ODMHSAS for SFY2016 is \$125,608 Total dollars; \$49,000 State share. Estimated savings to ODMHSAS for SFY2017 is \$751,089; \$293,000 State share.

Reimbursement rate reduction for Psychiatric Residential Treatment Facilities (PRTF) - The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) proposes to revise the payment methodology for Private, in-state Psychiatric Residential Treatment Facilities (PRTF), Private Psychiatric Hospitals (Institutions for Mental Disease) and General Hospitals with Psychiatric Units. The proposed rates would be 15% less than the rates currently in effect. Changes are necessary to reduce the Agency's spending to balance the state budget in accordance with Article 10, Section 23 of the Oklahoma Constitution, which prohibits a state agency from spending more money than is allocated. We are recommending an effective date of May 1, 2016. Budget Impact: Estimated savings to ODMHSAS for SFY2016 is \$2,243,014 Total; \$875,000 State share. The estimated savings to ODMHSAS for SFY2017 is \$13,329,915 Total; \$5,200,000 State share.

Rate reduction for Freestanding Psychiatric Hospitals (Per Diem) - The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) proposes to revise the payment methodology for freestanding psychiatric hospitals reimbursed using a fixed capital per diem methodology. The proposed rates would be 3% less than the rates currently in effect. Changes are necessary to reduce the Agency's spending to balance the state budget in accordance with Article 10, Section 23 of the Oklahoma Constitution, which prohibits a state agency from spending more money than is allocated. We are recommending an effective date of May 1, 2016. Budget Impact: Estimated savings to ODMHSAS for SFY2016 is \$57,249 Total; \$22,333 State share. Estimated savings to ODMHSAS for SFY2017 is \$343,501 Total; \$134,000 State share.

#### **OTHER BUSINESS**

CCBHC planning grant needs assessment- LeAndrea Nez, Tribal Liaison ODMHSAS