

Measures of Personal Responsibility

- Can't get certain data out of claims
 - Eating right?
 - Exercising?
- Can determine certain information about medication usage
 - Adherence
 - Persistence
 - Compliance

Medication Possession Ratio (MPR)

- A way to measure how often the member is refilling their medications.
 - Days with medication/days in the period
 - 0.80 or 80% is considered acceptable
 - This means that 80% of the time, the member has the medication available to take.
 - Plan to begin measuring MPR for maintenance meds used to treat diabetes, cholesterol and high blood pressure.

Pharmacy Lock-In Program

- Result of member not acting responsibly
- If there are signs of “doctor shopping,” member is “locked-in” to a single pharmacy for a minimum of two years.