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THE VOICE

BY AND FOR THE EMPLOYEES OF THE OSBI

SHANNON DESHEROW

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SHANNON DESHEROW

Shannon Desherow graduated in December of 2016 from the University of Central Oklahoma with a BA in French and a minor in History. She then went on to graduate from the University of Oklahoma College of Law in 2020. Shortly thereafter, Shannon began working for the OSBI in August of 2020. She is an attorney serving as Assistant General Counsel of the bureau, and still does so today. Before working here, Shannon was unaware of just how many services we provide to the citizens of Oklahoma, and has since gained a true appreciation for the breadth of the work we perform.

Shannon enjoys reading, music, and spending time with her daughter and two cats. Shannon considers herself a major bookworm, having read 45 books this year alone. She loves listening to music and can play the guitar! She doesn't think she's the best guitar player, but surely, she's just being modest. She draws influence from her favorite musician, Jim Croce (1943 – 1973), who in her opinion, passed far too soon. If she could interview one person, it would be him, for she's sure he would have many great things to say. The funniest person Shannon knows is her daughter Avery Jane, who will be two years old in January. Between her daughter and her two Devon Rex cats, Link & Theo, Shannon keeps herself quite busy!

A few quirky things about Shannon you probably didn't know is that she is fluent in French, wants to cage dive with sharks one day, and loves pasta in every shape and form (who doesn't!). Her weirdest job was as a resident assistant in college, where a baby was born in a dorm while she was on call! Her biggest pet peeve is being behind someone in the drive through who has no idea what they want. Shannon has places to be and has no time for people who are unprepared!

Shannon's favorite part about working for the OSBI is the ability to give back to our state in a way that feels tangible and real. Her personal philosophy is "at the end of the day, all we are is the way we treat each other." To that end, she represents the OSBI in many capacities. She is on the District Attorneys Council – Justice Assistance Grant Board, the Maternal Mortality Review Committee and the Opioid Overdose Fatality Review Board. She is very passionate about the opioid crisis and encourages all her friends to get their free doses of naloxone and keep it on them, just in case, to help save lives (<https://okimready.org/overdose/>).



EMPLOYEE SPOTLIGHT

By Alli Timmons



"At the end of the day, all we are is the way we treat each other."





Speaking of Health

Habits to Form Now for a Longer Life by Alina Petre, Healthline, December 2023

Eating a nutritious diet and exercising regularly may increase your life expectancy. Other factors, like overeating and drinking more than a moderate level of alcohol, may increase your risk of certain diseases. Many people think that life expectancy is largely determined by genetics. However, genes play a much smaller role than originally believed. It turns out that environmental factors like [diet and lifestyle are key](#). Here are 13 habits linked to a long life.

Avoid overeating

The link between [calorie intake](#) and longevity currently generates a lot of interest. Animal studies suggest that a 10–50% reduction in normal calorie intake may increase maximum lifespan. Studies of human populations renowned for longevity also observe links between low calorie intake, an extended lifespan, and a lower likelihood of disease. What's more, calorie restriction may help reduce excess body weight and [belly fat](#), both of which are associated with shorter lifespans. That said, long-term calorie restriction is often unsustainable and can include negative side effects, such as increased hunger, low body temperature, and a diminished sex drive. Whether calorie restriction slows aging or extends your lifespan is not yet fully understood.

Eat more nuts

Assuming you are not allergic, nuts are nutritional powerhouses. They're rich in protein, fiber, antioxidants, and beneficial plant compounds. What's more, they're a great source of several vitamins and minerals, such as copper, [magnesium](#), potassium, folate, niacin, and vitamins B6 and E. Several studies show that nuts have beneficial effects on heart disease, high blood pressure, inflammation, diabetes, metabolic syndrome, belly fat levels, and even some forms of cancer. One study found that people who consumed at least 3 servings of nuts per week had a 39% lower risk of premature death. Similarly, two recent reviews including over 350,000 people noted that one serving of [nuts](#) per week resulted in 4% and one serving of nuts per day resulted in 27% decreased risk of all-cause mortality and decreased risk of CVD mortality.



Try out turmeric

When it comes to anti-aging strategies, [turmeric](#) is a great option. That's because this spice contains a potent bioactive compound called curcumin. Due to its antioxidant and [anti-inflammatory](#) properties, curcumin is thought to help maintain brain, heart, and lung function, as well as protect against cancers and age-related diseases. Curcumin is linked to an increased lifespan in both insects and mice. In vivo and in vitro studies in humans have confirmed that curcumin may help to prevent cardiovascular diseases, diabetes, inflammatory diseases, neurodegenerative disorders, and other conditions. Nevertheless, turmeric has been consumed for thousands of years in India and is generally considered safe.

Eat plenty of healthy plant foods



Consuming a wide variety of plant foods, such as fruits, vegetables, nuts, seeds, whole grains, and [beans](#), may decrease disease risk and promote longevity. For example, many studies link a plant-rich diet to a lower risk of premature death, as well as a reduced risk of cancer, metabolic syndrome, heart disease, depression, and brain deterioration. These effects are attributed to plant foods' nutrients and antioxidants, which include polyphenols, carotenoids, folate, and vitamin C. Accordingly, several studies link vegetarian and vegan diets, which are naturally higher in plant foods, to a 12–15% lower risk of premature death. The same studies also report a 29–52% lower risk of dying from cancer or heart, kidney, or hormone-related diseases. What's more, some research suggests that the risk of premature death and certain diseases increases with greater meat consumption. However, other studies report either nonexistent or much weaker links — with the negative effects seeming specifically linked to [processed meat](#). Vegetarians and vegans also generally tend to be more health-conscious than meat eaters, which could at least partly explain these findings. Overall, eating plenty of plant foods is likely to benefit health and longevity.

Stay physically active

It should come as no surprise that staying physically active can keep you healthy and add years to your life. As few as 15 minutes of [exercise](#) per day may help you achieve benefits, which could include an additional 3 years of life. Furthermore, your risk of premature death may decrease by 4% for each additional 15 minutes of daily physical activity. A recent review observed a 22% lower risk of early death in individuals over 60 who exercised — even though they worked out less than the recommended 150 minutes per week. People who hit the 150-minute recommendation were 28% less likely to die early. What's more, that number was 35% for those who exercised beyond this guidance. Finally, some research links vigorous activity to a 5% greater reduction in risk compared to low- or moderate-intensity activities.

Don't smoke

Smoking is strongly linked to disease and early death. Overall, people who smoke may lose up to 10 years of life and be 3 times more likely to die prematurely than those who never pick up a cigarette. A recent review states that quitting tobacco before age 40 will prevent almost all increased risks of death from smoking. Keep in mind that it's never too late to quit. One study reports that individuals who quit smoking by age 35 may prolong their lives by up to 8.5 years. Furthermore, quitting smoking in your 60s may add up to 3.7 years to your life. In fact, quitting in your 80s may still provide benefits.



Moderate your alcohol intake

Heavy [alcohol consumption](#) is linked to liver, heart, and pancreatic disease, as well as an overall increased risk of early death. However, moderate consumption is associated with a reduced likelihood of several diseases, as well as a 17–18% decrease in your risk of premature death. [Wine](#) is considered particularly beneficial due to its high content of polyphenol antioxidants. Results from a 29-year study showed that men who preferred wine were 34% less likely to die early than those who preferred beer or spirits. In addition, one review observed wine to be especially protective against heart disease, diabetes, neurological disorders, and metabolic syndrome. To keep consumption moderate, it is recommended that women aim for 1–2 units or less per day and a maximum of 7 per week. Men should keep their daily intake to less



Speaking of Health

Habits to Form Now for a Longer Life (continued)

than 3 units, with a maximum of 14 per week. It's important to note that no strong research indicates that the benefits of moderate drinking are greater than those of abstaining from alcohol. In other words, there is no need to start drinking if you don't usually consume alcohol.

Prioritize your happiness

[Feeling happy](#) can significantly increase your longevity. In fact, happier individuals had a 3.7% reduction in early death over a 5-year study period. A study of 180 Catholic nuns analyzed their self-reported levels of happiness when they first entered the monastery and later compared these levels to their longevity. Those who felt happiest at 22 years of age were 2.5 times more likely to still be alive six decades later. Finally, a review of 35 studies showed that happy people may live up to 18% longer than their less happy counterparts.



Avoid chronic stress and anxiety

Anxiety and stress may significantly decrease your lifespan. For instance, women suffering from stress or anxiety are reportedly up to two times more likely to die from heart disease, stroke, or lung cancer. Similarly, the risk of premature death is up to three times higher for anxious or stressed men compared to their more relaxed counterparts. If you're [feeling stressed](#), laughter and optimism could be two key components of the solution. Studies show that pessimistic individuals have a 42% higher risk of early death than more optimistic people. However, both laughter and a positive outlook on life can reduce stress, potentially prolonging your life.

Nurture your social circle

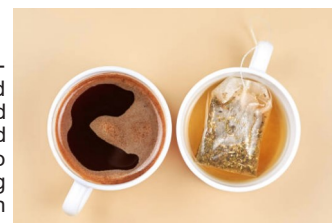
Researchers report that maintaining healthy social networks can help you improve your odds of survival by 50%. In fact, having just 3 social ties may decrease your risk of early death by more than 200%. Studies also link healthy social networks to positive changes in heart, brain, hormonal, and immune function, which may decrease your risk of chronic diseases. A strong social circle might also help you react less negatively to stress, perhaps further explaining the positive effect on lifespan. Finally, one study reports that providing support to others may be more beneficial than receiving it. In addition to accepting care from your friends and family, make sure to return the favor.

Be more conscientious

Conscientiousness refers to a person's ability to be self-disciplined, organized, efficient, and goal-oriented. Based on data from a study that followed 1,500 boys and girls into old age, kids who were considered persistent, organized, and disciplined lived 11% longer than their less conscientious counterparts. Conscientious people may also have lower blood pressure and fewer psychiatric conditions, as well as a lower risk of diabetes and heart or joint problems. This might be partly because conscientious individuals are less likely to take dangerous risks or react negatively to stress — and more likely to lead successful professional lives or be responsible about their health. Conscientiousness can be developed at any stage in life through steps as small as tidying up a desk, sticking to a work plan, or being on time.

Drink coffee or tea

Both coffee and tea are linked to a decreased risk of chronic disease. For instance, the polyphenols and catechins found in [green tea](#) may decrease your risk of cancer, diabetes, and heart disease. Similarly, coffee is linked to a lower risk of type 2 diabetes, heart disease, and certain cancers and brain ailments, such as Alzheimer's and Parkinson's. Additionally, both coffee and tea drinkers benefit from a 20–30% [lower risk of early death](#) compared to non-drinkers. Just remember that too much caffeine can also lead to anxiety and insomnia, so you may want to curb your intake to the recommended limit of 400 mg per day — around 4 cups of coffee. It's also worth noting that it generally takes six hours for caffeine's effects to subside. Therefore, if you have trouble getting enough high-quality sleep, you may want to shift your intake to earlier in the day.



Develop a good sleeping pattern



[Sleep](#) is crucial for regulating cell function and helping your body heal. A recent study reports that longevity is likely linked to regular sleeping patterns, such as going to bed and waking up around the same time each day. Sleep duration also seems to be a factor, with both too little and too much being harmful. For instance, sleeping less than 5–7 hours per night is linked to a 12% greater risk of early death, while sleeping more than 8–9 hours per night could also decrease your lifespan by up to 38%. Too little sleep may also promote inflammation and increase your risk of diabetes, heart disease, and [obesity](#). These are all linked to a shortened lifespan. On the other hand, excessive sleep could be linked to depression, low physical activity, and undiagnosed health conditions, all of which may negatively affect your lifespan.

The Bottom Line

Longevity may seem beyond your control, but many healthy habits may lead you to a ripe, old age. These include eating a diet high in plant based selections, quitting smoking, reducing stress, exercising, and getting enough sleep. Drinking [coffee](#) or tea, practicing conscientiousness, finding joy, and limiting your alcohol intake also benefit your long-term health and well-being. Taken together, these habits can boost your health and put you on the path to a long life.

THE IMPORTANCE OF PETS IN OUR LIVES

—by Katie Reeves, MyPetNeedsThat.com



We've all heard people who say that pets are "just" animals, as though somehow they're not important in our lives. These people have likely never owned a loyal dog or loving cat and their words couldn't be further from the truth. Most pet owners will know how wonderful owning an animal can be; they will understand the companionship and how beautiful bonds can be formed between animal and human.

The benefits to owning a pet are endless.

THEY'RE GOOD FOR YOUR HEALTH

Did you know that it has been [scientifically proven](#) that stroking an animal can greatly reduce your stress levels? If you spend around 15 minutes petting your favorite cat or dog, your body will release the following natural "feel good" hormones: oxytocin, prolactin and serotonin. It also lowers your cortisol, which is the body's natural stress hormone. Not only will this send your body into a relaxed state, but it can also lower your blood pressure by 10% too. If you own a dog, then you will have to walk it at least once or twice a day which means you will be getting vital fresh air and exercise while having the opportunity to connect with nature and bond with your four-legged friend.

THEY GIVE YOU UNCONDITIONAL LOVE

Animals do not ask for much in life, and most just need a warm, safe and sheltered place to live, as well as adequate food, water and exercise. In return they will give you unconditional love, loyalty and companionship. Dogs are a little more well known to offer unconditional love; cats can be a little fickle! But having a furry friend means you will always have a little living being, waiting patiently for you at home and ready to welcome you with a wagging tail or a purr.

THEY OFFER EMOTIONAL SUPPORT

It's incredible just how much support an animal can bring to your life. As [MyPetNeedsThat](#) mentions, if you are particularly vulnerable or have special needs then there are certain dog breeds that are perfect at providing emotional and physical support. A dog or cat can help with loneliness, give you companionship and someone to talk to, and sit with you during the evenings. Pets can be lifesavers when it comes to depression and grief. They can give you a sense of purpose and a reason to get out of bed when you are feeling particularly depressed or anxious. Animals such as cats and dogs can have a deeply calming effect on humans and can often pick up on their owner's moods: snuggling up to you when you are feeling sad or licking your hands if they sense that you have anxiety.

Owning a pet can open up your world. If you have a dog, then you will have to walk it daily, which means that you will have interactions with other dog owners and walkers too. This can help with loneliness in people who find it difficult to make friends.

Playing with a cat or a dog can take your mind away from your problems and place you in the "here and now." This is basic mindfulness and wonderful for mental health.

In summary, owning a pet will change your life and bring you so much joy and love. They help us gain a sense of responsibility, show us unconditional love, and are always there when we need them. Dogs are more high maintenance but bring many different health benefits, whereas cats, rabbits and gerbils are easy to look after, need little exercise and give our lives new meaning and purpose.



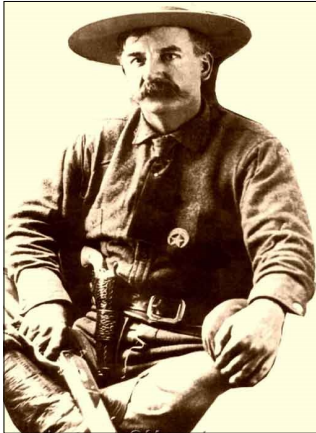
BLAST FROM THE PAST

by Julie Kelly

THE THREE GUARDSMEN

In this and future issues we will try to include images and stories from the past on a subject that may be of interest to everyone. In this issue we'll briefly explore one of The Three Guardsmen, Henry "Heck" Thomas.

HENRY ANDREW "HECK" THOMAS.



Henry Andrew "Heck" Thomas (January 3, 1850 – August 14, 1912) was a lawman on the American frontier, most notably in Indian Territory. He was known for helping bring law and order to the region.

Thomas was among the lawmen who ended the run of the Wild Bunch, also known as the Doolin-Dalton Gang. Emmett Dalton, the surviving member of the gang, said that due to Thomas's relentless pursuit, they attempted two simultaneous robberies in Coffeyville, Kansas, planning to leave the territory with a haul. These failed and four gang members died in a shootout there. In August 1896, Thomas led a posse that tracked down and killed outlaw Bill Doolin.

Thomas was born in 1850 in Oxford, Georgia, the youngest of five children of Martha Ann Fullwood (*née* Bedell) and Lovick Pierce Thomas.



At the beginning of the American Civil War, Thomas was twelve when he accompanied his father and his uncle, Edward Lloyd Thomas, to war as a courier. On September 1, 1862, Union General Philip Kearny was killed at the Battle of Chantilly. Young "Heck" Thomas was entrusted with the general's horse and equipment; Confederate General Robert E. Lee ordered him to take them through the lines to General Kearny's widow. Thomas recounted this in a letter to his brother Lovick Pierce Thomas.

In 1863, Thomas contracted typhoid fever and returned to his family in Athens, Georgia. As a young man, he clerked in Atlanta at his brother Lovick's store. Later he worked as an Atlanta policeman. In 1871, he married Isabel Gray.

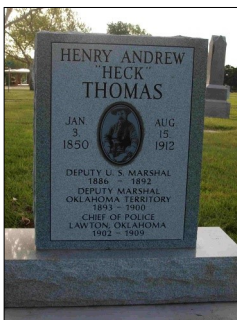
Thomas and his family migrated to Texas in 1875 where he obtained a job as a guard with the railroad. Thomas was promoted to railroad detective and later went to work for the Fort Worth Detective Association. He was appointed a U.S. Deputy Marshal based in Fort Smith, Arkansas, working under U.S. District Judge Isaac C. Parker. Parker's district included Indian Territory.

By 1889, Thomas teamed with two other deputy U.S. marshals, Chris Madsen and Bill Tilghman. They became known as the Three Guardsmen and were credited with bringing law and order to the Indian Territory which later became the state of Oklahoma in 1907.

The Three Guardsmen were credited with capturing more than three hundred outlaws over the next decade, and killing several.

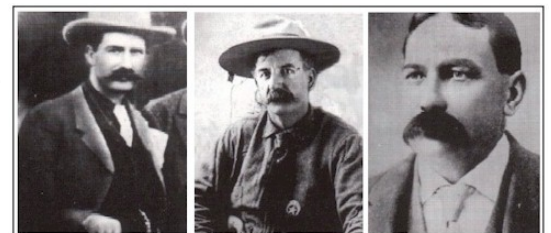
A criminal had to leave a wide swath of carnage and destruction to warrant a pursuit by the premier man-hunter Marshal Heck Thomas. When Heck inevitably found them, he'd offer them the simple choice: death or justice? For those who chose to fight, they often found both death and justice at the hand of the undefeatable Marshal Heck Thomas.

By 1902, there were many European-American settlements in what became Oklahoma. Thomas was sent to Lawton. There he resigned as deputy marshal after being elected as the first police chief in the town. He served for seven years until his health began to fail.



Thomas assembled a posse, and chased and captured bank robbers in the 1908 silent film *The Bank Robbery*. The outlaws were led by Al Jennings. The one-reel movie was directed by his former colleague Bill Tilghman. The film was shot in Cache, Oklahoma, and at the Wichita Mountains Wildlife Refuge. Comanche leader Quanah Parker had a bit part. During the filming, a bystander thought the bank was really being robbed and jumped out a window to run for the police. Heck was also the inspiration for John Wayne's character Rooster Cogburn in the movie "True Grit".

THE THREE GUARDSMEN



Bill Tilghman, Heck Thomas, and Chris Madsen

Thomas died aged 62 in Lawton, Oklahoma, on August 15, 1912, of Bright's disease. He is buried at Highland Cemetery in Lawton.



Cybersecurity awareness is the combination of both knowing and doing something to protect a business's information assets. When employees are cybersecurity aware, it means they understand what the threats are, and the potential impact cyber-attacks can have on a business. It takes everyone involved to combat cyber-attacks. Our IT personnel are ever vigilant in making sure we all understand the risks and are able to identify a potential attack.

FOUR THINGS YOU CAN DO TO KEEP YOURSELF CYBER SAFE

Cyber scams are nothing new. Every day, con artists are looking for the best "marks."

Think you're not worth being the target of online predators? Think again!

Hackers don't need to know how much is in your bank account to want to get into it. Your identity, your financial data, what's in your email..... it's all valuable. And cyber criminals will cast as wide a net as possible to get to anyone they can. They're counting on you thinking you're not a target.

So how can you reduce the chances of falling for the scams? Learn the signs!

Let's start with the basics of "cyber hygiene," easy and common-sense ways to protect yourself online.

1. Let's start with turning on Multifactor Authentication

It goes by many names: Two Factor Authentication. Multifactor Authentication. Two Step Factor Authentication. MFA. 2FA. They all mean the same thing: opting into an extra step when trusted websites and applications ask you to confirm you're really who you say you are.

Your bank, your social media network, your school, your workplace, they want to make sure you're the one accessing your information.

So, industry is taking a step to double check, instead of asking you for a password – which can be reused, more easily cracked, or stolen.

They can verify it's you by asking for two forms of information:

That second step is a lot harder for a hacker to fake. So, prove it's you with two ... two steps, that is.

Now that you know what it is, you'll see prompts for multifactor authentication all over. So opt-in. Start with your email account, then financial services, then social media accounts, then online stores, and don't forget your gaming and streaming entertainment services!

2. Update your software. In fact, turn on automatic software updates if they're available.

Bad actors will exploit flaws in the system. Network defenders are working hard to fix them as soon as they can, but their work relies on all of us updating our software with their latest fixes.

Update the operating system on your mobile phones, tablets, and laptops. And update your applications – especially the web browsers – on all your devices too. Leverage automatic updates for all devices, applications, and operating systems.

3. Think before you click

Have you ever seen a link that looks a little off? It looks like something you've seen before, but it says you need to change or enter a password. Or maybe it asks you to verify personal information. It could be a text message or even a phone call. They may pretend to be your email service, your boss, your bank, a friend... The message may claim it needs your information because you've been a victim of cybercrime.

It's likely a phishing scheme: a link or webpage that looks illegitimate, but it's a trick designed by bad actors to have you reveal your passwords, social security number, credit card numbers, or other sensitive information. Once they have that information, they can use it on legitimate sites. And they may try to get you to run malicious software, also known as malware. Sadly, we are more likely to fall for phishing than we think.

If it's a link you don't recognize, trust your instincts and think before you click. We all need to Phight the Phish!

4. Use strong passwords

Did you know the most common password is "password"? Followed by "123456"? Using your child's name with their birthday isn't much better.

Picking a password that is easy is like locking your door but hanging the key on the doorknob. Anyone can get in.

Here are some tips for creating a stronger password. Make sure it's:

- long – at least 15 characters,
- unique – never used anywhere else,
- and randomly generated – usually by a computer or password manager. They're better than humans at being random.

Make sure you're not recycling the same password across all your apps and websites. You can use a password manager to store all of your passwords. That way you don't have to remember them all! If you go this route, make sure your master password is strong and memorable, and secure your password manager account with MFA!

Being cybersmart is contagious.

Our world is increasingly digital and increasingly interconnected. So, while we must protect ourselves, it's going to take all of us to really protect the systems we all rely on. Being cyber smart is contagious. Take the four basic steps outlined above and help two friends do the same.

<https://www.cisa.gov/news-events/news/4-things-you-can-do-keep-yourself-cyber-safe>

MS Word Tips

1. Alt + Q to quickly access the search bar.
2. Press Ctrl + A and then Ctrl + 6 to remove all hyperlinks in a document.
3. Pressing F8 turns on a selection feature in Word (80's throwback which still works!) Place your cursor where you want to start the selection and then press F8 twice which will select the word. Press again to select the entire sentence and once more to select entire paragraph. Once more selects the entire document (same as Ctrl+A). You can hit esc a couple of times to exit the feature then click anywhere to remove highlighting.
4. Say you recently made an edit somewhere in your document and you want to get back to it, press shift-F5 once. Press it again to jump to the edit before that, and once more to take you back to where you began.
5. Change capitalization the easy way. Select the text you wish to change and press shift-F3 repeatedly until the text looks the way you want.



Happy Birthday to all of You From all of Us!

JANUARY	FEBRUARY	MARCH
Employee	Employee	Employee
Ryan Beck	Zachary Stults	Anthony Birchfield
Candace Brown	Denise Tanner	Cooper Knight
Stephanie Burton	Addison Wormington	Elizabeth Snoddy
Jessica Cocciolone	Andrew Moreland	Eric Ward
Melissa Derakhshan	Zachary Brown	Benjamin Weiss
Jennifer Gouge	Samantha Campenni-Hunt	Bill Hedrick
Brad Green	Vince Dao	Zachary Carter
Stephanie Hampton	Rachell Savory	Jenny Virden
Chantz Jackson	Justin Deckard	Amanda Gilson
Brandon Lane	Derek Still	Molly Mangelsdorf
Kara Miller	Kayron White	Sylvia McConnell
Carlos Moreno	Joshua Branch	Leticia Deusedito
Sandra Murphy	Jim Landis	Hollylynn Kelly
Randall Peters	Kate Millar	Tonya Williams
Donald Rains	Michael Francis	Pam Flanders
Ian Richey	Miles Keene	Elena Sales
Amber Simmons	Betty Stickley	Julee Womack
Travis Smiddy	Kali Leon	Juliette Smith
Keith Swenson	Jason Lawless	Angela Thompson
Shondrea Toomey	Jaden McIntosh	Abigail Bailey
Matthew Wallace	Chad VanHoesen	Ryan Woolley
Barbara Wells	Andrea Fielding	Jennifer Treadwell
Adam Whitney	Joseph Orcutt	Trevor Ridgeway
Shana Wilson	Jonathan Santiago	Jennifer Foster
Kevin Woodward		Jeremy Yerton
		Brenna Alvarez
		Randee McBride
		Jeremy Engel
		Kourtney Heard
		Jim Skelton
		Lori Bilodeau
		Katie Brown
		Debbie Wilcox
		Joseph Gravelle
		Daniel Perkins



May all life's blessings be yours, on your birthday and always!



Happy Anniversary to Employees who joined the OSBI in January, February, or March*
Wishing you another year filled with success!




JANUARY		FEBRUARY		MARCH	
Employee	Years of Service	Employee	Years of Service	Employee	Years of Service
Lindsey Adamson	4	Justin Aldridge	1	Maurice Belding	2
Chad Barnett	4	Brenna Alvarez	10	Anthony Birchfield	18
Priscilla Brents	9	Torrance Anderson	15	James Bogle	21
Candace Brown	11	Tammy Blakley	21	Melissa Brous	10
Richard Brown	17	Justin Brown	10	Arden Cavitt	4
Zachary Brown	4	Ginger Casler	21	Ashley Chael	5
Mistie Burris	22	Daryl Charlton	27	Jo Cobb	5
Stephanie Burton	25	Lesley Chu	8	Matthew Coffman	1
Samantha Campenni-Hunt	9	Joshua Dean	11	Marc Collins	3
Andrew Cisper	4	Scott Devera	9	Brennah Davis	4
Jacquelyn Cruise	11	Justin Dowell	1	Justin Deckard	3
Fernando Diaz	4	Annie Gilbreath	8	Stan Florence	21
Mark Drummond	4	Kevyn Gray	1	Amanda Gilson	12
Heather Eronini	1	Monica Holata	5	Kaitlyn Hickey	1
Julie Garrett	35	Chantz Jackson	11	Miles Keene	9
Philip Havins	2	Kevin Lanham	10	Hollylynn Kelly	28
Kyndal Kleman	3	Kali Leon	3+	Bradley Knight	23
Molly Mangelsdorf	3	Casey McCarty	12	Kevin Kramer	29
Kate Millar	10	Samantha Meisinger	9	Constance Lansdale	3
Matthew Miller	4	Carlos Moreno	4	Todd Lindsey	18
Doug Perkins	42	Troy Morris	10	Jaden McIntosh	1
Sarah Ranabhat	5	Donald Rains	20	Melissa McKee	19
Cindy Rodriguez-Corral	3	Chris Ray	10	Lisa Merka	22
Jonathan Santiago	4	Trevor Ridgeway	10	Karen Oyerly	14
Heather Schafstall	22	Travis Smiddy	13	Anup Phutane	5
Juliette Smith	4	Tanner Snow	1	Emily Proc	2
Danyle Smith	2	Aungela Spurlock	22	Rachell Savory	11
Raegan Thaxton	1	Betty Stickley	4	Antje Stambaugh	18
Zachary Thompson	2	Kimberly Stiles	6	Megan Terrell	8
Collin Woodruff	3	Ben Weiss	23	Shondreya Toomey	2
Adam York	4	Derek White	10	Roy Williams	1
		Ryan Woolley	10	Dave Wood	11

If you do not wish your birthday or anniversary date to be published in future issues, please email me [here](#).

*Some years of service may be different due to an employee leaving the OSBI and then returning. We have tried to catch those and put your original EOD but if we missed it, please let us know!

CALENDAR OF EVENTS

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 1	2	3	4	5	6
7	8	9	10	11	12	13
14	 15	16	17	18	19	20
21	22	23	 24	25	26	27
28	29	30	31			







State Holiday's
 1st - New Year's Day
 15th - MLK, Jr. Day



Holiday's / Events
 24th - Belly Laugh Day

FEBRUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	 2	3
4	5	6	7	8	9	10
11	12	 13	 14	15	16	17
18	 19	20	21	22	23	24
25	26	27	28	29		







State Holiday's
 19th - Presidents' Day



Holiday's / Events
 2nd - Groundhog Day
 13th - Mardi Gras Carnival
 14th - Valentine's Day

MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
 10	11	12	13	14	15	16
 17	18	19	20	21	22	23
24	25	26	27	28	 29	30
 31						



State Holiday's
 None



Holiday's / Events
 10th - Daylight Savings Starts
 17th - St. Patrick's Day
 29th - Good Friday
 31st - Easter

BEHIND *the Scenes*

by Alli Timmons

SIU

UNIT



Left to Right: Marty Wilson, Mark Drummond, Janice Jolly, Danny Flores, Miles Keene, Adam York, John Jones

The OSBI Special Investigations Unit (SIU) works cases involving auto theft, oil field theft, corruption, white collar crime and threats against public officials. They have agents assigned to various task forces and handle a wide range of focused investigations. Their agents have advanced training and often focus on multi-jurisdictional criminal enterprise investigations. They are not so different from their regional investigative teammates, however, in that they work their cases and run out leads, but are often required to take immediate action, and plans may change from day to day. They respond to needs for specialized equipment, as well as sensitive investigations needing to be handled quickly and tactfully. SIU agents operate statewide whenever a need arises.

SIU assignments cover a broad range of covert operations, including counter-terrorism and undercover investigations, that involve many types of specialized equipment. They have an agent assigned to the Oklahoma Joint Terrorism task force (JTTF) who represents the OSBI amongst members of the secret service, FBI, IRS, ATF, OHP, OCPD, and the US Marshals. The SIU offers countermeasures including bug sweeps, and serve as the repository for numerous covert recording and tracking devices. Pole cameras are one of the many pieces of equipment for which the SIU is responsible. These specialized cameras are a type of outdoor video surveillance equipment developed specifically for law enforcement, allowing investigators to target hot-spots for criminal and nuisance activity¹, as needed. The SIU also has an agent assigned to the Mobile Analysis Center (MAC) unit. The MAC is a self-contained vehicle equipped with secure computer hardware and software, and communication systems allowing analysts to receive, analyze, and disseminate intelligence at or near the location where a serious crime has occurred².

The SIU routinely work long-term, large-scale investigations. They are challenging, often having a political angle, or involve persons of perceived or actual influence. Two such cases of which they are immensely proud are the Epic Charter Schools investigation and the Oklahoma Tourism and Recreation Department/Swadley's Bar-B-Q case. They anticipate having a forensic financial auditor on board soon to assist with their complex white-collar investigations. They consider themselves a small group that does big work. All members of SIU have a passion for these types of investigations, and relish the privilege of serving the OSBI and the citizens of Oklahoma in this capacity.

¹<https://www.crimepoint.net/pole-cameras/>

²https://osbi.ok.gov/sites/g/files/gmc476/f/documents/Summer_Source_2011.pdf

INVESTIGATIVE

SERVICES DIVISION



by Steven Carter



Welcome

to the Investigative Division

Hunter McKee

OSBI Public Information Manager

Hunter McKee is a native of Oklahoma. Born and raised in Norman, Hunter attended Mount St. Mary's Catholic High School in Oklahoma City. He then began college at the University of Oklahoma, where he studied Broadcast Journalism. Hunter pursued these studies with the goal of becoming a television news reporter covering both local news and sports.

During his time at OU, Hunter worked for the student newscast, OU Nightly, and interned at News 9 in Oklahoma City. Upon graduation, Hunter began working as a reporter for the Fox News Affiliate in Champaign, Illinois. After covering local stories for over a year, he came back to Oklahoma, where he became a full-time reporter for News 9.

After covering a variety of stories around Central Oklahoma, Hunter decided to try a new communications role

in law enforcement. He became the Public Information Officer for the Cleveland County Sheriff's Office, conducting interviews with news outlets and posting various stories to their social media pages.

In June of 2023, Hunter began his current role as the Public Information Manager for the OSBI. He continues his work traveling to different crime scenes across the state and relaying information to the public and media.

Hunter also shares the great work the OSBI conducts by posting on our social media platforms, and will also work as our legislative liaison at the Oklahoma State Capitol. Hunter is excited to continue to work alongside all OSBI partners moving forward.



Criminalistics Services Division

by Alli Timmons

OCTOBER - DECEMBER 2023

EMPLOYEE	NEWS	EMPLOYEE	NEWS
Melissa Brous	New Agency Safety Coordinator starting Oct. 1st	Lili Scifo	Completed training, released for Toxicology Casework
Jarod Murphey	Released to work NIBIN guns	Beth Snoddy	Vacationed in Smokey Mountains Nat'l Park, TN (Nov. 10-14)
Lili Scifo	Passed Blood Alcohol Mock Trial	Jeff Hickerson	Family vacation to Disney World in Orlando, FL (Nov. 10-17)
Kaitlyn Hickey	Promoted to Criminalist I in Toxicology starting Nov. 1st	Alli Timmons	Co-organized/moderated an all-day illicit fentanyl symposium & presented Fentalog Validation at the 2023 Southwestern Regional Meeting of the American Chemical Society (Nov. 15-16)
Kevin Kramer	Contributing Author of the Journal of Forensic Sciences Article "An interlaboratory study to evaluate the utility of gas chromatography-mass spectrometry and gas-chromatography-infrared spectroscopy spectral libraries in the forensic analysis of fentanyl-related substances"	Alli Timmons	Appeared on an episode of "The Verdict" discussing the current fentanyl crisis on OKC/Tulsa Channel 3 on 11/26
Kait Hickey	Got a new dog "Thor", a 4 year old Australian Shepherd	Matt Stillwell and Shana Wilson	taught "Basic Police Officer Certification" at Canadian Valley Tech Center on October 4th and received excellent feedback.
Connie Lansdale	Passed DNA Mock trial	Amanda Gilson and Jennifer Dao attended, and Kate Millar and Lesley Perry presented	at the Major Crimes Conference on October 10th – 12th -Kate Millar's presentation "Firearms, Toolmarks & NIBIN. Oh my!" gave an overview of what the Firearms Unit is able to do, and introduced the FastTRAX program they are developing. -Lesley Perry's presentation: "Introduction to Investigative Genetic Genealogy: Theory and Practice" (self-explanatory)
Connie Lansdale	Buying new home in Edmond - Closing 11/22/23	Samantha Campenni-Hunt & Alli Timmons	hosted SSR Academy, a small science-based homeschool co-op from Meeker, on a tour of FSC on 12/06/23.
Beth Snoddy	Attended the Society of Forensic Toxicologists' 2023 Annual Conference in Denver, CO (10/29 - 11/03)	Barbara Wells	hosted Lab Outreach at FSC on 12/13/23.
Danielle Ross-Carr	Attended the Society of Forensic Toxicologists' 2023 Annual Conference in Denver, CO (10/29 - 11/03)	Melissa Cavazos & Michella Carter	taught an officer training course about toxicology & drugs on 12/14/23.
Misti Hix	Released for casework in Toxicology	JANUARY - MARCH 2024	
Elizabeth Smith	Sand Volleyball Team won League Championship		
Connie Lansdale	Fully qualified & officially released for DNA casework	Barbara Wells	will be hosting Physical Evidence training at FSC on 02/07/24.
Joseph Alsdurf	Hired as the 4th Criminalist in the Firearms Unit - Starts 01/01/24	Retired OSBI employee Steve Brookman and Alli Timmons	will be hosting 25 high school students for a tour of FSC on 02/08/24.
Joseph Alsdurf	Passed Thesis Defense on 12/5/23, and now has a Master's Degree	Barbara Wells	will be hosting Lab Outreach at FSC on 03/06/24.

Criminalistics Services Division

A YEAR TO REMEMBER - CSD



Elizabeth Smith



All Timmons, Dr. Donna Nelson, Former Mayor Mick Cornett, and Professor Kent Myers



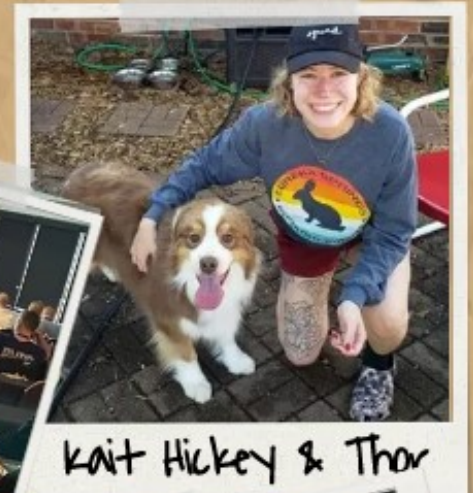
The Lansdales - Homeowners



Kate Miller
Major Crimes



Lesley Perry
Major Crimes 2023



Kait Hickey & Thor



Joseph Alsdurf



Halloween 2023 - FSC

OSBI Legal Brief

by Steven Carter

OSBI Welcomes New Chief Counsel

Jana Wallace grew up in Southeastern Oklahoma. After graduating from Antlers High School, she attended college at Southeastern Oklahoma State University where she obtained her Bachelor of Science degree, majoring in accounting and minoring in computer science with a Summa Cum Laude distinction. After college, she sat for and passed her CPA exam. Jana went to work for the Oklahoma State Auditor Office where she worked her way through the ranks to Manager of the Tulsa District of Northeastern Oklahoma. She attended Oklahoma University College of Law and then went into practice in Antlers, Oklahoma, with Robert S. Settles law firm for a couple of years prior to being appointed by Governor Brad Henry as Associate District Judge of Pushmataha County, sitting in District 17 where she served as Judge unopposed for 14 years.

Jana is married to her high school sweetheart; for the past 43 years, they have laughed, loved and raised their family together. Mike Wallace owns a construction company, Wallace Land and Dozer. They have two children. Their daughter, Courtney Ranallo, is a critical care physician at Children's Hospital here in Oklahoma City. She and her husband Joe have three sons: Joseph is currently an OU student, Justice is attending Bishop McGuiness, and Ryan is attending Rosary grade school. Jana and Mike's son, Colten Wallace, is a proud disabled veteran. He trains horses and loves his cows and his wife Beth. They have one child together: Boots, who is 6 months old; and Beth has two daughters, Gabby and Lily, who both attend Latta schools; and Colten has a son, Cooper, who is in St. Louis.

Family is everything and Jana is grateful for her biological family and now

her OSBI extended family.

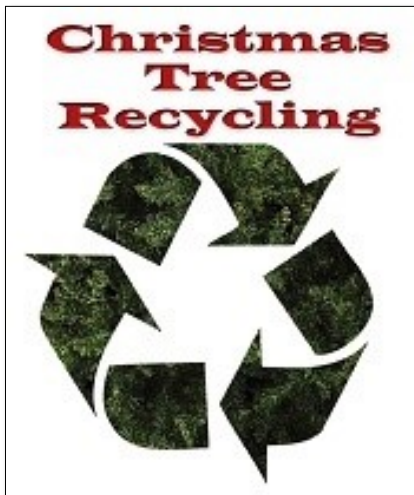
MEET JANA WALLACE





Help Reduce Landfill Waste

By Julie Kelly



Don't throw your Christmas tree away – turn it into free mulch with help from the [City of Oklahoma City](#).

OKC residents can drop off natural Christmas trees for OKC Parks to mulch from Dec. 26 through Jan. 15. Trees must be free of lights, ornaments, nails and stands. They can be dropped off, and mulch can be picked up from dawn until dusk in designated areas at the following parks:

- Will Rogers Park, 3600 Pat Murphy Dr.
- Wheeler Park, 1120 S Western Ave.

Mulch will be available until Jan. 15, 2024. Residents must bring their own shovels and containers.

Mulching your tree keeps it from becoming landfill waste and provides benefits to your garden by helping maintain soil moisture, keeping tree and plant roots warmer during the winter months and conserving water.

The mulching program is open to all Oklahoma City residents. Here is information for other cities in Oklahoma.

OKLAHOMA: WHERE AND HOW TO RECYCLE YOUR CHRISTMAS TREE AFTER THE HOLIDAYS - JANUARY 2023

What happens to the trees? In most cases, the trees are chipped and made into a mulch which is usually made available free to city or county residents. *Important: Never burn your Christmas tree in a fireplace or wood stove. Burning the tree may contribute to creosote buildup and could cause a chimney fire.*

Tips: Always check the city or county websites for updated information, as these agencies often wait until the last minute to change dates or update their information. If your area is not specifically mentioned below, contact your trash collection agency and inquire!

- ▶▶ **Blanchard, OK** - See their website or call them for this year's information. Phone: (405) 485-9392. There was no update on their website for this year. Last year, they said: The City will accept trees with trunk diameter that are 4-inches or less at the Citizens Collection Center. The Center's hours of operations are from 4:00 p.m. to 6 p.m., Monday thru Friday and until noon on Saturdays.
- ▶▶ **Choctaw, OK** - Call 405-390-8276.
- ▶▶ **Del City** - Call (405) 671-2873 or (405) 671-2820 to schedule individual pickup, at an additional charge.
- ▶▶ **Edmond, Oklahoma** - Christmas trees can be recycled this year by dropping them off at either Hafer Park or Mitch Park by the last Friday in January. Trees are chipped, and free mulch is available for

residents to pick up at Mitch Park after January 29. Drop off your Christmas tree at: Hafer Park - upper-level parking lot adjacent to Bryant Avenue. Mitch Park - On the South end of the West parking lot adjacent to Marilyn Williams (directly across from the MAC). The trees will be chipped, so please remove all tree stands, nails and ornaments. Commercial accounts, Christmas tree lots and other businesses will need to dispose of their trees by dropping them off at one of the two drop-off locations. Schedule Tree Collection - If you can't drop off your tree, residential customers can schedule a special, free collection the first full week in January. Call the tree-cycling hotline at (405) 359-4701 during the first full week in January after New Year's Day to be placed on the schedule. Collection will be provided during the week starting the 2nd Monday in January and ending Friday in mid-January. If You Miss the Special Collection: cut your tree into smaller pieces and place it in your cart for regular collection. Ensure that no debris is sticking out of the closed container. Schedule a monthly, bulk collection for January by calling Utility Customer Services at (405) 359-4541 beginning January the first Monday in January after New Year's Day. The bulk collection fee is





By Julie Kelly



\$10 per cubic yard for the first two cubic yards and \$5 for each additional cubic yard. Take your tree to the Transfer Station located at I-35 and Covell Road for disposal. The charge for disposal of a Christmas tree is \$5.

- ▶▶ **Midwest City, OK** - During the month of January, you can drop off your live Christmas tree at our Christmas Tree Drop Off on Jim White Drive. The designated drop off area is just east of Fire Station No. 6 which is at 8750 SE 15th. The live trees are chipped for compost material so it is very important that you remove all lights, decorations, ornaments and ornament hangers. For questions or to schedule a special pickup (\$55 per half hour) call (405)739-1370.
- ▶▶ **Moore, OK** - Christmas Tree Pick-Up: Live Christmas trees will be picked up from Wednesday, December 26th through the first Friday after New Year's Day. Trees need to be cut in 3 foot lengths and placed beside your household trash on your normal trash day before 7 am Call the Moore Public Works Department at 793-5070 if you need additional information about the Christmas tree disposal program.
- ▶▶ **Newcastle, OK** - See their website or call (405)387-4427.
- ▶▶ **Norman, OK** - Norman will pick up on regular compost collection dates (cut into half or thirds if its huge!!)
- ▶▶ **Oklahoma City, OK** - Residents can place their Christmas tree, stripped of ornaments, on the curb to be collected during Bulky Waste pick up for their neighborhood. The dates will be listed on your water bill or can look up their Bulky Waste Pick Up dates on the OKC.gov website.
- ▶▶ **Piedmont, OK** - Call 405-373-2000, there is nothing on their website this year, or phone: (405) 373-2621.
- ▶▶ **Stillwater, OK** - Christmas Tree Removal - The City of Stillwater offers two options for families who enjoy live Christmas trees. Regardless of which method you choose, trees must be stripped of all decorations - tinsel, lights and ornaments. One option is to prepare the tree for City of Stillwater yard waste collection. Bundles must be shorter than four feet long and less than 18 inches across. Bundles must weigh less than 35 pounds. Leave it curbside as yard waste, which is collected weekly on your pickup day except for the first one of the month. The other option is to drop the tree off at the Convenience Collection Center. There is no charge to drop off Christmas trees. For live Christmas tree removal, customers can drop of their tree at the Convenience Collection Center (bring a recent city utility bill). Residential waste management customers receive trash, single-stream and glass recycling collection on city-observed holidays, but not yard waste collection. Commercial routes run as usual on city-observed holidays. Here is a list of recyclables accepted in your single-stream recycle cart:

cardboard boxes (flattened), rigid plastics labeled No. 1, 2, and 5 only, metal cans and containers (including empty Christmas tins that contained popcorn, cookies or candy), aluminum cans.

- ▶▶ **Tulsa, OK** - In December and January, residents may put trees at the curb on their primary collection day. Trees need to be cut into 4-foot sections to fit into the hopper of the refuse trucks. Residents throwing away artificial trees need to put them in the gray trash cart. Tulsa residents also may bring their live Christmas trees to be ground into mulch at the City's Mulch Site, 2100 N. 145th East Ave. Trees brought to the site must have all decorations removed. The mulch site will be closed December. 24, 25, and 26, and January 1st. On January 2, it will resume its usual schedule of 7:30 am to 5 pm. seven days a week, excluding City holidays. The City of Tulsa created a video about the City's recycling system and process - <https://youtu.be/XSsCvaSoB9U>
- ▶▶ **The Village** - Residents can put the tree curbside, during their regular trash pickup day in January.
- ▶▶ **Yukon, Oklahoma** - Yukon utility customers may dispose of their used live Christmas tree's curbside during a three-week period, according to the City of Yukon's Sanitation Services Department. From December 28th through mid-January, Sanitation Services will pick up used Christmas trees placed at the curb for free. The service is for live trees only. No artificial trees are accepted. Live trees must be prepared by removing all decorations, lights, and any metal, such as tree stands and ornaments. They should not be placed inside a plastic bag. These actions will assist Sanitation personnel, who will use a chipper to dispose of the trees. During the designated dates, residents may place their live tree at the curb during their neighborhood's routine trash collection day. Residents are asked to observe the designated three-foot minimum distance around their polycart when placing the trees at the curb so that it does not interfere with the automated trash truck that empties carts. A different truck and crew will go through the neighborhoods to collect the live trees. For more information or questions, please contact us at sanitationservices@yukonok.gov or 354-4317.



On behalf of the entire agency, please welcome the newest members to the OSBI Team!

Welcome Aboard!



Riley Morris

*Procurement & Facilities
Materiel Mgmt
Officer*



Stevi Hampton

*Accounting & Budget
Accountant*



Melissa Derakhshan

*Information Services
ID Unit
Fingerprint Specialist*



Chelsey Powers

*Criminalistics
Physical Evidence, Lawton
Physical Evidence
Technician*



Aaron Kratz

*Information Services
NCIC/Communications
LE Communications
Specialist*



Megan Lemieux

*Criminalistics
Physical Evidence,
Woodward
Physical Evidence
Technician*



Jana Wallace

*Legal
Chief Counsel*



Jenna Redman

*Accounting & Budget
APO Grant
Administrator*



Emma Search

*Accounting & Budget
Accounting
Technician*



Trevour Story

*Investigations
Crime Scene Unit
LE Special Agent*

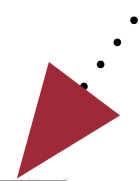


Seth Gillenwater

*Legal
General Counsel*



Sharp Brains - Cognitive Skills



Across

- 1. Stroll
- 5. Defeat soundly
- 9. Medical plan chip-in
- 14. Shakespearean "shortly"
- 15. "The Texan" star Calhoun
- 16. Legend automaker
- 17. Ump's call
- 19. Michael of "A Fish Called Wanda"
- 20. Layered ice cream desserts
- 21. Red-eye complaint
- 22. Icy forecast
- 23. Ballpoint brand
- 24. Part of a romantic evening
- 32. "That's show ___"
- 35. Jules's school
- 36. Sag
- 37. Responsibility
- 39. Wickerwork willow
- 41. Boot attachment
- 42. Improvise on stage
- 44. Start of a spell
- 46. Wild blue yonder
- 47. What mom might as part of an ultimatum
- 50. "I'm impressed!"
- 51. Linguini, for one
- 55. Whirling mass
- 59. King's rule
- 62. Tottering
- 63. NCAA elite group
- 64. Rockefeller Plaza ntwk.
- 65. Weapons
- 66. Seriously recommend
- 67. Lauder of lipstick
- 68. Borscht vegetable
- 69. Not so much

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17				18						19				
20								21						
22							23							
			24		25	26	27			28	29	30	31	
32	33	34		35						36				
37			38		39				40		41			
42				43		44				45		46		
47					48					49				
				50					51		52	53	54	
55	56	57	58					59	60	61				
62								63						
64							65				66			
67							68					69		

Down

- 1. Stinging fliers
- 2. Budapest-born conductor ___ Doráti
- 3. Peter who played Mr. Moto
- 4. Dived neatly (into)
- 5. Eins, zwei, ___
- 6. Cheer (for)
- 7. Coffee hour vessels
- 8. "See ya"
- 9. Massachusetts resort area
- 10. One ___; kids' ball game
- 11. Tug
- 12. Met melody
- 13. Yin's opposite
- 18. Couric of "Today"
- 21. Skippy competitor
- 23. Buttocks
- 25. Sgt. or cpl.
- 26. Absentee ticket holder
- 27. T.S. or George
- 28. Commuter lines on tracks: Abbr.
- 29. Pajama halves
- 30. "The Caine Mutiny" author
- 31. Grand Ole ___
- 32. Old U.K. carrier
- 33. Prefix with China
- 34. South African tribesman
- 38. Do wrong
- 40. Karel Capek play
- 43. Vitamin needed for cell division
- 45. Part of a flower
- 48. ___ screen: health care test for poisons, drugs, etc.
- 49. Sharp scolding
- 52. 20, in the Gettysburg Address
- 53. Ruffians
- 54. Actor Lew
- 55. Wind indicator
- 56. Planets
- 57. Four-sided fig.
- 58. Henri's head
- 59. Swamp
- 60. "I'll treat!"
- 61. Condé ___ Publications
- 63. Beatles adjective



Please join us in congratulating everyone on their achievements!



Randi Wild

Promoted to Human Resources Supervisor

Kaitlyn Hickey

Promoted to Criminalist – Toxicology Unit

Kevin Kramer

Contributing author in the Journal of Forensic Sciences

Joseph Alsdurf

**Promoted to Criminalist – Firearms Unit
Passed thesis defense and now has a Master’s Degree**

Alli Timmons

Appeared on an episode of “The Verdict”

Lisa Merka

Promoted to Communications Center Director



Justin Aldridge
Angela Avila
Courtney Barnett
Ryan Beck
Rock Bilodeau
James Bogle
Amber Bowen
Brendan Burke
Rachel Collins
Lauren Culver
Justin Dowell
Demeka Driver

Lillian Dufner
Jeremy Engel
Brian Exinia
Danny Flores
Christian Goode
Kevyn Gray
Leticia Hameury
Andi Hamilton
Janice Joslin
Kevin Kramer
JD Lindstrom
Amanda Mathews

Jessica Moseley
Josh Patzkowski
Doug Perkins
Emily Proc
Trevor Ridgeway
Braye Riseley
Tatiana Scott
Juliette Smith
Tanner Snow
Jerry Tate
Aubry Thompson
Jeremy Yerton

Please join us in congratulating all of our Red Feather Award recipients! Great job everyone!

[Link to Back Issues](#)

Happenings

November 3, 2023 - A graduation ceremony was held for the Institute for Law Enforcement Administration Civilian Leadership Program (ILEA). There were 22 graduates from the OSBI, Moore Police Department, Norman Police Department, Fayetteville Arkansas Police Department, Cobb County Sheriff's Office in Georgia, and the United States Supreme Court Police Department. Join us in congratulating these graduates!



November 3, 2023 - OSBI Director Aungela Spurlock spoke at the Duncan Chamber of Commerce Women's Forum "SHE: See Her Empowered". This was a great opportunity to hear from a variety of tremendous leaders throughout Oklahoma. We are grateful for the invitation to this special event.



December 4, 2023 - OSBI Criminalist Carrie Farris and Special Agent Mark Drummond spoke to students at Oklahoma Baptist University for their Drugs and Crime course. They each discussed their roles at the OSBI and the opportunities this agency provides throughout the state. We want to thank the university and students for allowing us to attend their class.



December 12, 2023 - The OSBI was honored to participate in a blood drive this afternoon. We appreciate [Our Blood Institute in Oklahoma City Metro](#) for allowing us to contribute to another great cause.



December 21, 2023 - The OSBI was pleased to host the annual Southeast Region Shrimp Boil today. This event is to show appreciation for all our law enforcement partners throughout the area. We want to thank [Kevin Cory- State Farm Agent](#) and [Terry Burch with Serenity Funeral Service, Crematory and Monuments](#) for sponsoring this tremendous event.



#lifeline

WELCOME STEVIE JO WILSON!

HELLO
WORLD



STEVIE JO WILSON

BORN ON NOVEMBER 11, 2023

Parents are Tyler and Sarah Wilson

First grandbaby of Marty Wilson
Who says she is a perfect little angel!

Congratulations to the Wilson Family on their new addition!

#lifefor

Welcome Josiah Dean Gray!

HELLO WORLD



Josiah Dean Gray

Born October 2nd, 2023

Parents are Molly and Ethan Gray



First Grandson of Special Agent Marc Collins

Congratulations to the Gray Family and Proud Grandpa Marc Collins on their new addition!

#lifefor

HELLO WORLD!

Asher Ryan Brown

OCTOBER 16, 2023 | TIME: 1:37 AM
7 lbs, 5 oz
19" long

Proud Dad is Special
Agent Zachary Brown

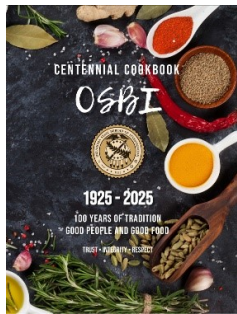


**Congratulations to the Brown Family on
their new addition!**



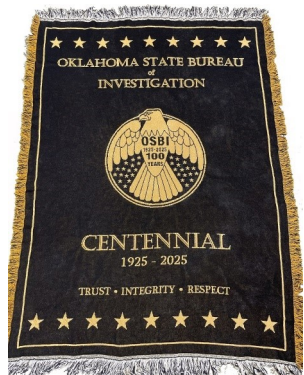
Celebration Plans Underway - Update

In preparation for OSBI’s 100th Anniversary, OSBI Director Aungela Spurlock commissioned a Centennial Committee tasked with the goal of planning a gala to celebrate the OSBI’s milestone that was 100 years in the making. The centennial committee, comprised of sixteen OSBI employee representatives from various divisions and units, is determined to make this anniversary one for the books. As plans are being made, it is clear that the committee representatives are a diverse and talented group, with each member bringing their own unique perspective to the table. With their combined talents and dedication, it is assured that they will be able to pull off a gala that will showcase the last 100 years as well as making the next 100 years just as memorable.



There are several Centennial Commemorative items that you can purchase (used for fundraising for the Centennial Gala). There is a two-sided coin, and a commemorative badge both designed by our own Harvey Pratt, a 100 % cotton blanket, made in the U.S.A. that is absolutely stunning, and a OSBI Family Cookbook with 331 recipes submitted by OSBI employees where you are sure to find something delicious to make! If you’d like to purchase one of the items, please contact any member of the Centennial Committee.

Actual Centennial Gala plans are still underway. The date has been set for March 29th, 2025, but at the time of publication, no decisions have been made as to a venue or more detailed plans. The committee will announce future plans as soon as they are finalized.



Centennial Committee Members

- Julie Kelly, Chair
- Randi Wild, Co-chair, Treasurer
- Steven Carter, Division Director Investigations
- Director Aungela Spurlock
- Deputy Director Andrea Fielding
- Debbie Wilcox
- Elizabeth Smith
- Ginger Casler
- Hunter McKee
- Julie Garrett
- Kelli Fleener, Co-treasurer
- Mark Drummond
- Shannon Desherow
- Seth Gillenwater
- Stan Florence
- Denise Tanner